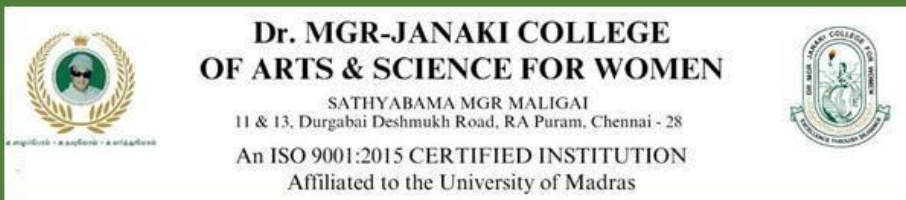


## CRITERION 3

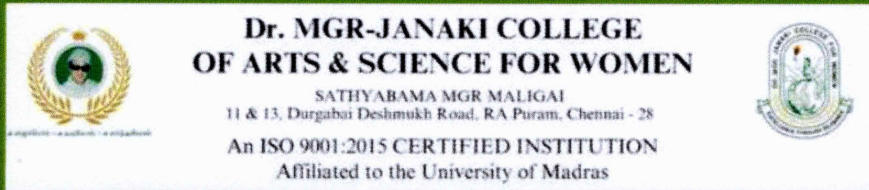


## 3.4 EXTENSION ACTIVITIES



## CRITERION 3

### 3.4.3 EXTENSION & OUTREACH PROGRAMMES



## Verified and Certified Documents

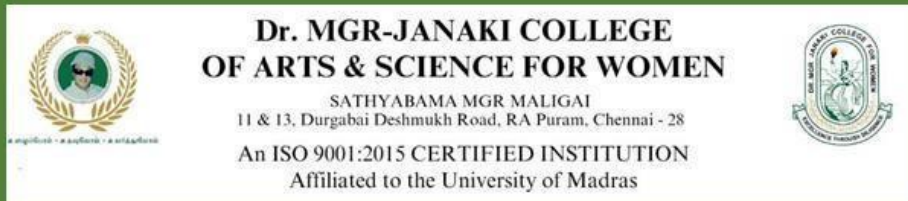
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Page No 7 to 288

*Janakiel*  
Principal

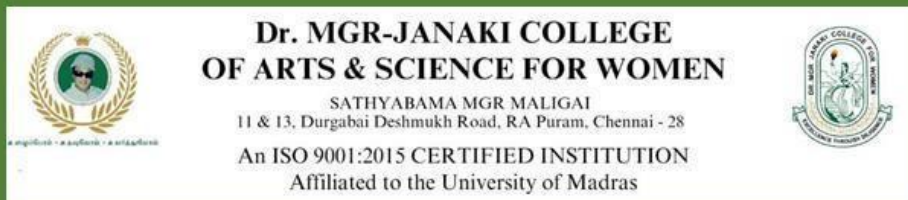


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ARTS & SCIENCE FOR WOMEN  
CHENNAI - 600 028.



# Academic Year 2018-2019





## TABLE OF CONTENTS

<u>S.NO</u>	Title of the Activities	Organizing unit/agency/ Collaborating agency
1	Workshop - Personality development & team Work	Ms. Swetha Gunasekaran
2	Rally against Drug abuse- International day against drug abuse & illicit trafficking	Indian Red Cross Society and NIB
3	Inauguration of NSS Store	Dr.R Manimekalai, Principal
4	Guest Lecture on Waste Management	Mr. Appavu from Exnora
5	Eye Camp	Eyedox Eye Hospital
6	Adyar River Clean up	Reciprocity Foundation
7	Lecture on Communicable Diseases & Campus Cleaning	Dr. K. Gopal Rathinam and Mr. G. LogaNathan , Public Health and Preventive Medicine-Chennai
8	MGR Centenary celebration	-
9	Breast Cancer awareness (Pink October)	Can Stop – Cancer Support Therapy
10	NSS Special Camp	College NSS
11	RD Camp - Ms Sangeetha Priya	Selected in University level RD Parade conducted at University of Madras.
12	National Integration Camp- Ms Pretheshya.S	Pravasi Bhartiya Divas National Integration Camp at Banarasi
13	Orientation Programme	Dr. MGR Janaki College Of Arts And Science For Women
14	Installation Ceremony	MGR Arangam
15	Event-Post Box	Adyar Signal
16	Warm Hearts	Kapaleeshwar Temple
17	Gadgets and Gizmos	Government School Palavakkam
18	Magudam	Chettinad Vidyashram
19	Birthday Celebration	Besant Nagar Beach
20	Friendship Day	Montfort Sirahuhall



**Dr. MGR-JANAKI COLLEGE  
OF ARTS & SCIENCE FOR WOMEN**

SATHYABAMA MGR MALIGAI  
11 & 13, Durgabai Deshmukh Road, RA Puram, Chennai - 28

An ISO 9001:2015 CERTIFIED INSTITUTION  
Affiliated to the University of Madras



21	Say No To Plastic	Avvai Home Besant Nagar
22	Historical Day	Luz Church Mylapore
23	Breastfeeding Awareness	Besant Nagar Beach
24	Breastfeeding Awareness 2	Besant Nagar Beach
25	Blast	Santhome Higher Secondary School
26	Chithiram Phase 1	Montfort Sirahuhall
27	Chithiram Phase 2	Montfort Sirahuhall
28	Celebrate Yoga - skill development programme	CIA Youth wing
29	Rally on Drug Addiction	Indian Red Cross Society
30	YRC Competition	Indian Red Cross Society
31	Special Camp	Manganyam Village
32	CPR Training	VHS Multi Speciality Hospital
33	Competition (Healthy Eating )	YRC Club
34	Orientation on leadership qualities	NSS
35	RRC installation and orientation	Dr .MGR Janaki College
36	Orientation on How to Develop leadership quality	Dr .MGR Janaki College
37	Awareness on "Cleanliness Environment"	Government School,Kanchipuram
38	Deworming Tablet Distribution.	Dr .MGR Janaki College
39	Women Health Awareness	DR .MGR Janaki College
40	Program on Cardiopulmonary Resuscitation	DR .MGR Janaki College

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence"		 <b>NATIONAL SERVICE SCHEME</b>	
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<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>08.06.18</b>

### Personality Development and Teamwork

The National Service Scheme Unit I and II of Dr. MGR Janaki College of Arts and Science for Women is organizing Workshop on "**Personality Development and Team work**" on 9<sup>th</sup> June 2018 from 10.00am onwards at College Auditorium. Trainer Ms. Swetha Gunasekaran, from Flow Trance Foundation will address the gathering All the NSS leaders are requested to participate.

S. No	Department	Signature	
		Shift I	Shift II
1	B. Sc Biochemistry	M. K. J.	-
2	B. Sc Microbiology	P. S. S.	M. K. J.
3	B. Sc Mathematics	P. S. S.	-
4	B. Sc Psychology	M. K. J.	-
5	B. Sc Computer Science	P. S. S.	S. K. J.
6	B. Sc Visual Communication	R. V. Indhumathi	-
7	BCA	N. S. S.	-
8	BBA	M. K. J.	For S. S. S.
9	B. Com (General)	for S. S. S.	For S. S. S. S. S. S.
10	B. Com (CS)	-	for S. S. S.
11	B. Com (A&F)	for S. S. S.	for S. S. S.
12	B. Com (BM)	-	R. S. S.
13	B.A English	-	S. S. S.
14	B.A Natya	(For) M. K. J.	-



NSS CO-ORDINATOR

[C. Banu Rekha]

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3. All the Departments

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<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>08.06.18</b>



**DR.MGR JANAKI COLLEGE OF ARTS AND SCIENCE  
FOR WOMEN**

**NATIONAL SERVICE SCHEME  
ORGANISES**

**WORKSHOP ON PERSONALITY  
DEVELOPMENT AND TEAM WORK  
BY**

**Ms. Swetha**

**DATE: 09.06.2018**




**TIME: 10.00am**

**VENUE: Auditorium**

**Dr. Kumar Rajendran**  
chairman

**Dr. R. Manimekalai**  
Principal

**Dr. Latha Rajendran**  
Correspondent



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>NATIONAL SERVICE SCHEME</b> 	
<b>Document ID:</b>	<b>MJC/NSS/2018-2019/01</b>	<b>Document Name:</b>	<b>Profile of Speakers</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>08.06.18</b>

### Swetha Gunasekaran

She is from Flow Trance Foundation is a Platform that offers Emotional Support, Mental Health Awareness, and Mindful Living. The World needs some big problems to be addressed "Today." One of them is our Mental & Emotional Wellbeing. We Envision a World where People Live m\Meaningfully & Mindfully. Our Mission is to give back to society by all means we can. Hence we are also creating "Creators"&"Problem Solvers." We are inspired by challenges and look at them with an approach "If something good could be done, it should be done." Trance Foundation is a platform where Leaders create tomorrow's Leaders. All working for People's wellbeing & a better tomorrow.




She is working for Centre for Training and Professional Development (CTPD) - the training wing of Asian College of Teachers (ACT), drive continuous learning through effective Learning and Development programs and prepare aspirants for leadership functions requiring a strategic understanding of varied training designs and delivery. We understand the needs of today's organizations and provide the expertise to fuel Learning and Development initiatives for individuals and organizations and set the ball rolling for you to reach your full potential. Our programs are especially beneficial for those looking to gain new training, skills and practices. When employees are engaged in learning and development, organizations benefit from the enhanced skill and knowledge of their employees.



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<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>08.06.18</b>

<b>S.NO</b>	<b>VOLUNTEER NAME</b>	<b>UNIT</b>
1	Abinaya.S	I
2	Abirami.P	I
3	Agasthiya.A	I
4	Amithavaahini.P	I
5	Anupriya.P	I
6	Haritha V	II
7	Bhagia Lakshmi A	II
8	Aishwarya A	II
9	Aitchya A	II
10	Amrutha R	II



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<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>08.06.18</b>

Good morning to one and all present here, On behalf of the National Service Scheme. I, Ms. C. Banu Rekha, Program officer, have immense pleasure in welcoming you all to the workshop on “Personality development and Teamwork”.

#### Welcome Address



It is my pleasure to introduce our guest Ms. Swetha Gunasekaran she is from Flow Trance Foundation Now, I request Swetha Gunasekarantake over the training session. The platform is over to you ma’am.

Thank you ma’am for an incredible session.

#### Vote of thanks

I deem it a great honour & privilege to propose the vote of thanks on this memorable occasion. Let me first of all start by giving glory to the almighty God for making today's occasion, a resounding Success. I wholeheartedly thank our resource person Swetha Gunasekaran Chennai. The session was useful for the leaders to build their leadership quality and teamwork. I am sure that this session will make a path for the students to explore a new activity and the entire Session is more refreshing and relaxing. Thank You ma’am.

I would like to thank our correspondent Dr. Latha Rajendren, Chairman Dr. Kumar Rajendren. Principal Dr. R Manimekalai, Vice principal Dr. Lakshmi Balaji, Dean of academics Dr. Shanthi Lakshmi, Dean of Students Dr. Abitha Sababathy , Programme officers and faculties of our college who have Provided us with valuable support to conduct this session. Last but not the least, I thank our beloved Volunteers for making this Session as a grand success. Once again, I thank you all.

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence"		<b>NATIONAL SERVICE SCHEME</b> 	
<b>Document ID:</b>	<b>MJC/NSS/2018-2019/01</b>	<b>Document Name:</b>	<b>Report</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>08.06.18</b>

Event : Personality development and Teamwork

Organiser : National Service Scheme, MJC

Name of the Activity : Workshop

Resource Person : Ms. Swetha

Date : 09.06.2023

Time : 10.00 a.m to 1.30 p.m

Venue : Auditorium



Mode : Offline

Beneficiaries : NSS Leaders



Number of Volunteers : 10

Summary :

One day workshop on "Personality development and Team work" was organized for the NSS leaders on 9<sup>th</sup> June 2018. More than 30 students from various extension activities actively participated. The lecture enlightened the volunteers to enhance their skills and various activities were conducted to build the team work. The session was conducted by Ms Swetha Gunasekaran.

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<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>08.06.18</b>



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<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>25.06.18</b>

### Rally against Drug Addiction


The National Service Scheme Unit I and II of Dr. MGR Janaki College of Arts and Science for Women is organizing a rally along with the NSS unit of University of Madras for **"International day against drug abuse and illicit trafficking"** on 26<sup>th</sup> June 2018 at OMR.

S. No	Department	Signature	
		Shift I	Shift II
1	B. Sc Biochemistry	M. K. K.	-
2	B. Sc Microbiology	P. S. S.	Mahe D
3	B. Sc Mathematics	D. K. C.	D.
4	B. Sc Psychology	for N. S. S.	-
5	B. Sc Computer Science	for N. S. S.	for N. S. S.
6	B. Sc Visual Communication	R. V. S. S.	for N. S. S.
7	BCA	for N. S. S.	for N. S. S.
8	BBA	for N. S. S.	for N. S. S.
9	B. Com (General)	for N. S. S.	for N. S. S.
10	B. Com (CS)	for N. S. S.	for N. S. S.
11	B. Com (A&F)	for N. S. S.	for N. S. S.
12	B. Com (BM)	for N. S. S.	for N. S. S.
13	B.A English	for N. S. S.	for N. S. S.
14	B.A Natya	for N. S. S.	for N. S. S.

NSS CO-ORDINATOR  
 [C. Banu Rekha]  
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<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>25.06.18</b>





**DR.MGR JANAKI COLLEGE OF ARTS AND SCIENCE  
 FOR WOMEN  
 NATIONAL SERVICE SCHEME  
 ORGANISES  
 RALLY ON  
 INTERNATIONAL DAY AGAINST DRUG  
 ABUSE**

**DATE: 26.06.2018    TIME: 10.00am-  
 12.00pm**

**VENUE: OMR**





Dr. Kumar Rajendran  
chairman

Dr. R. Manimekalai  
Principal



Dr. Latha Rajendran  
Correspondent






 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence"		<b>NATIONAL SERVICE SCHEME</b> 	
<b>Document ID:</b>	<b>MJC/NSS/2018-2019/02</b>	<b>Document Name:</b>	<b>List of Participants</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>25.06.18</b>

<b>S. NO.</b>	<b>VOLUNTEER NAME</b>	<b>UNIT</b>
1	S. Devadarshini	I
2	Sangeetha	I
3	Ramya	I
4	Ramya	I
5	Prethyusha	I
6	G. Swathi	I
7	Sivsankari	I
8	Nithya Eswari	I
9	Sangeetha	I
10	D. Saranya	I
11	Divya	I
12	Karunya	I
13	Yuvashree	I
14	Rajeshwari	I
15	S. Reshma	I
16	E. Sneha	I
17	E. SakthiSaine	I
18	Yasmin Banu	I
19	Vaishnavi	I
20	SaibaYunus	I
21	Nandhini	I
22	Subhashini	I
23	G. Pavithra	I
24	P. Rajeshwari	I
25	Lakshmi Priya	I
26	Eshwari	I
27	Santhana Lakshmi	II
28	Anitha	II
29	K. Revathy	II
30	M. Ramya	II
31	U. Suba Shree	II
32	Lakshmi Priya	II





33	Sathyavani	II
34	Shreemathi	II
35	Beena	II
36	Pavithra	II
37	G. Ramya	II
38	Harishma	II
39	Varalakshmi	II
40	Abinaya	II
41	Bavatharini	II
42	Allin	II
43	A.Manju	II
44	Priyanka	II
45	V. Aishwarya	II
46	A.Dhanalakshmi	II
47	B.Mahalakshmi	II
48	Swetha	II
49	Selvarani	II
50	A.KajalKumari	II
51	C.Swetha	II
52	Nandhini	II


 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence" 		<b>NATIONAL SERVICE SCHEME</b> 	
<b>Document ID:</b>	<b>MJC/NSS/2018-2019/02</b>	<b>Document Name:</b>	<b>Report</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>25.06.2018</b>

Event : International day against drug abuse and illicit trafficking  
Organiser : National Service Scheme, MJC  
Name of the Activity : Rally  
Date : 26.06.2018  
Time : 10.00 a.m to 12.30 p.m  
Venue : OMR  
Mode : Offline  
Beneficiaries : General public  
Number of Volunteers : 52  
Summary :

A drug addiction rally was organized by Indian Red Cross Society and Narcotics Intelligence Bureau in OMR on June 26, 2018, the International Day against Drug Abuse and Illicit Trafficking we organised, more than 50 NSS Volunteers from Dr. MGR-Janaki College of Arts & Science for Women participated in the rally. Many students from various Colleges and Schools were also a part of it. Drug addiction is a complex neurological disease that requires integrated treatment of mind, body, and spirit. It is considered as a brain disease. Addiction is chronic, it is progressive and if left untreated, it can be fatal. The rally started at 10 a.m. and the students had posters about the ill effects of Drug Addiction in both English and Tamil. The students also gave the pamphlets to the public to create awareness about Drug Addiction. The rally ended by 12:30 p.m. at Thoraiakkam.

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<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>25.06.2018</b>

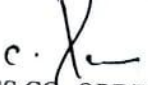


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<b>Document ID:</b>	<b>MJC/NSS/2018-2019/03</b>	<b>Document Name:</b>	<b>Circular</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>28.06.18</b>

### Inauguration of NSS Store


The National Service Scheme Unit I and II of Dr. MGR Janaki College of Arts and Science for Women is inaugurating "NSS Store" on 29<sup>th</sup> June 2018, in our college premises. All the stationary items are available for the sale for the benefit of our students.

S. No	Department	Signature	
		Shift I	Shift II
1	B. Sc Biochemistry	M. A. H.	-
2	B. Sc Microbiology	P. S. M.	Mahesh
3	B. Sc Mathematics	D. L. S.	S.
4	B. Sc Psychology	for NSS	-
5	B. Sc Computer Science	S. S. S.	S. S. S.
6	B. Sc Visual Communication	R. O. Indhumathi	-
7	BCA	N. S. S.	-
8	BBA	S. S. S.	for S. S. S.
9	B. Com (General)	for S. S. S.	for S. S. S.
10	B. Com (CS)	S. S. S.	for S. S. S.
11	B. Com (A&F)	for S. S. S.	for S. S. S.
12	B. Com (BM)	-	for S. S. S.
13	B.A English	-	for S. S. S.
14	B.A Natya	for P. S. S.	-

  
 NSS CO-ORDINATOR  
 C. Banu Renuka  
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<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>28.06.18</b>





**DR.MGR JANAKI COLLEGE OF ARTS AND SCIENCE  
FOR WOMEN**  
**NATIONAL SERVICE SCHEME**

**NSS STALL INAUGURATION**

**DATE: 29.06.2018**




Dr. Kumar Rajendran  
Chairman

Dr. R. Manimekalai  
Principal






Dr. Latha Rajendran  
Correspondent

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence"		<b>NATIONAL SERVICE SCHEME</b>	
<b>Document ID:</b>	<b>MJC/NSS/2018-2019/03</b>	<b>Document Name:</b>	<b>List of Participants</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>28.06.18</b>


<b>S.No</b>	<b>VOLUNTEER NAME</b>	<b>UNIT</b>
1	Abirami.P	I
2	Agasthiya.A	I
3	Amitavaahini.P	I
4	Anupriya.P	I
5	Aparna.U	I
6	Bushera.F	I
7	Dhivya.N	I
8	Divisha.T	I
9	Divya.G	I
10	Gayathri.B	II
11	Gayathri.K	II
12	Keerthana.S	II
13	Kouslaya.R	II
14	Kolastrica.L	II
15	Kavitha.N	II
16	KushbooSirvi.G	II



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence" 		<b>NATIONAL SERVICE SCHEME</b> 	
<b>Document ID:</b>	<b>MJC/NSS/2018-2019/03</b>	<b>Document Name:</b>	<b>Report</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>28.06.2018</b>

Event : NSS Stall inauguration  
 Organiser : National Service Scheme, MJC  
 Name of the Activity : Stall Inauguration  
 Date : 29.06.2018  
 Time : 10.30 a.m  
 Venue : College Campus  
 Mode : Offline  
 Beneficiaries : All Students  
 Number of Volunteers : 16  
 Summary :

NSS stall was inaugurated at the premises of DR. M.G.R Janaki College of arts and science for women on June 29<sup>th</sup> 2018. Our Principal Dr. Manimekalai and Dr. Shanthi Lakshmi, Dean Academics inaugurated the NSS stall. The NSS volunteers actively took part in the inaugural function. Our NSS program officers gave us many ideas and tips to maintain and develop the NSS stall. Our students voluntarily came forward and took charge of the NSS stall. NSS volunteers were assigned duties to maintain the stall. This in turn would help all the volunteers to take part in developing and maintaining it. From the NSS stall the students can avail stationery items like Pens, Pencils, colour papers, glues, tapes etc. Student's communities were benefited by this service. On July 15<sup>th</sup> NSS stationery Stall was put in our college Book Exhibition.

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence"		<b>NATIONAL SERVICE SCHEME</b>	
<b>Document ID:</b>	<b>MJC/NSS/2018-2019/03</b>	<b>Document Name:</b>	<b>Photos</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>28.06.2018</b>



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence"		 <b>NATIONAL SERVICE SCHEME</b>	
<b>Document ID:</b>	<b>MJC/NSS/2018-2019/04</b>	<b>Document Name:</b>	<b>Circular</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>16.07.2018</b>

### Guest lecture on Waste Management



The National Service Scheme Unit I and II of Dr. MGR Janaki College of Arts and Science for Women is organizing a "Guest lecture on Waste Management" on 17<sup>th</sup> July 2018 in our college campus.

S. No	Department	Signature	
		Shift I	Shift II
1	B. Sc Biochemistry	M. R. J.	-
2	B. Sc Microbiology	P. S. S.	Mahad
3	B. Sc Mathematics	J. L. I.	Q
4	B. Sc Psychology	for NSS	-
5	B. Sc Computer Science	for NSS	Shel
6	B. Sc Visual Communication	R. V. S. Indhumathi	for NSS
7	BCA	NSS	for NSS
8	BBA	for NSS	for NSS
9	B. Com (General)	for S. S. S.	for S. S. S.
10	B. Com (CS)	for S. S. S.	for S. S. S.
11	B. Com (A&F)	for S. S. S.	for S. S. S.
12	B. Com (BM)	for S. S. S.	for S. S. S.
13	B.A English	for S. S. S.	for S. S. S.
14	B.A Natya	for S. S. S.	for S. S. S.

NSS CO-ORDINATOR  
 C. C. Banu Rekha  
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<b>Document ID:</b>	<b>MJC/NSS/2018-2019/04</b>	<b>Document Name:</b>	<b>Invitation</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>16.07.2018</b>





**DR.MGR JANAKI COLLEGE OF ARTS AND SCIENCE  
FOR WOMEN  
NATIONAL SERVICE SCHEME  
ORGANISES**

**GUEST LECTURE ON WASTE  
MANAGEMENT**

**CHIEF GUEST: Mr. Appavu  
EXNORA**

**DATE: 17.07.2018    TIME: 2.00pm-  
4.00pm**

**VENUE: SEMINAR HALL 1**





Dr. Kumar Rajendran  
chairman

Dr. R. Manimekalai  
Principal



Dr. Latha Rajendran  
Correspondent

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence"		<b>NATIONAL SERVICE SCHEME</b> 	
<b>Document ID:</b>	<b>MJC/NSS/2018-2019/04</b>	<b>Document Name:</b>	Profile of Speakers
<b>Academic Year:</b>	2018-2019	<b>Date :</b>	16.07.2018

## EXNORA



Mr.Appavu is a committee member from EXNORA, the organization provides street cleaning services through about 17,000 streets, 40% of Chennai city and 75% of the suburbs, and some other parts of Tamil Nadu. The street cleaning service includes a collection of garbage at homes, sorting at pickup, composting organic waste, and generating income for the "street beautifiers" through the sale of recyclables. The chapters also work with the local corporations and municipalities to address civic problems including sewage leaks, water supply problems, and repairs to street lamps.

The organization's Environmental Training Institute conducts training programs for school teachers on environmental issues such as biodiversity, climate change, and solid, liquid and zero waste management. The teachers are taught how to turn a home into a green building and set up vertical gardens.

A. Solid waste management (SoWaM) at various levels

- At Source (So-SoWaM- Source Solid Waste Management),
- At street, colony, area or settlement (De-SoWaM- De-Centralized Solid Waste Management)
- At Village / Town (Ce-SoWaM- Centralized Solid Waste Management)





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<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>16.07.2018</b>

S.No	VOLUNTEER NAME	UNIT
1	Abirami.P	I
2	Agasthiya.A	I
3	Amitavaahini.P	I
4	Anupriya.P	I
5	Aparna.U	I
6	Bushera.F	I
7	Dhivya.N	I
8	Divisha.T	I
9	Divya.G	I
10	Gayathri.B	I
11	Gayathri.K	I
12	Keerthana.S	I
13	Kouslaya.R	I
14	Kolastri.L	I
15	Kavitha.N	I
16	KushbooSirvi.G	I
17	Lavanya.P	I
18	Monika.S	I
19	Mogambokai.M	I
20	Monika.S	I
21	Monika.N	I
22	Magizhava.V	I
23	Poornima.A.R	I
24	Pavithra.S	I
25	Pavithra.B	I
26	Revathy.N	I
27	Sandhiya.B	I
28	Sindhu.P	I
29	Sugavani.D	I
30	Yuvarani.R	I
31	Soundarya.E	I
32	Sofia.A	I



33	Swetha.B	I
34	Logeshwari.E	I
35	Mahalakshmi.M	I
36	Sri vaishnavi .S	I
37	Surabhi.M	I
38	Swetha.R	I
39	Subitha.A	I
40	Sowmiya.T	I
41	ThasneemBanu.M	I
42	Thanisha.T	I
43	Sunitha Kumari.S	I
44	Elayasuthani.E	I
45	Srini.A	I
46	DivyaPriya.N	I
47	Swetha.S	I
48	Shamitha.S	I
49	Haritha.V	I
50	Bhagya Lakshmi.A	I
51	Aishwarya.A	II
52	Aitchya.A	II
53	Amrutha.R	II
54	Sharly Evangeline.S	II
55	Midhuna.R	II
56	Yamini R E	II
57	Janani Priyanka	II
58	Keerthana.A	II
59	Tamil Mozhi.P	II
60	Jayalakshmi.V	II
61	Vinodhini.R	II
62	Shruthi.M.B	II
63	Kribha shankari.M.T	II
64	Snekha.M	II
65	Bhargavi.B	II
66	Janani.R	II
67	Anupriya	II
68	Aaliya afroze.S.H	II
69	Kasturi.R	II
70	Pooja.S	II
71	Ramya.A	II
72	Gayathri.G	II
73	Archana.R	II
74	Vaishnavi.S	II
75	Aishwarya.A	II
76	Kamali.L	II

77	Swetha.A	II
78	Monika.J	II
79	Mahalakshmi.S	II
80	Deepika.K	II
81	Sneha S.R	II
82	Kausalya.K	II
83	Janani.G.J	II
84	Pooja.P	II
85	Aishwarya TC	II
86	Devadharini C	II
87	Priya M	II
88	Tejaswini P	II
89	Nandhini.V	II
90	Preethi.H	II
91	Deeptha.R	II
92	Mononmani.K	II
93	Sharmila R	II
94	Pavithra.S	II
95	Baladivya.T	II

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<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>16.07.2018</b>

Good Morning to one and all present here, On behalf of the National Service Scheme. I, Ms. Bhuvaneshwari Programme officer, has immense pleasure in welcoming you all for the Guest lecture on Waste Management

#### Welcome Address



It is my privilege to introduce our resource person Mr.Appavu, Board member from EXNORA. He is here to brief about the green building concept, vertical garden and zero waste management. Now, I request Mr.Appavu to deliver the guest talk. The platform is over to you.

Thank you sir for an incredible session.

#### Vote of thanks

I deem it a great honour & privilege to propose the vote of thanks on this occasion. Let me first of all start by giving glory to the almighty God for making today's occasion, a resounding Success. I wholeheartedly thank our resource person Mr.Appavu, Board member from EXNORA Chennai. The session was very informative and we followed the suggestions and ideas suggested in our campus and at our home. Thank You Sir.

I would like to thank our correspondent Dr. Latha Rajendren, Chairman Dr. Kumar Rajendren. Principal Dr. R Manimekalai, Vice principal Dr. Lakshmi Balaji, Dean of academics Dr. Shanthi Lakshmi, Dean of Students Dr. Abitha Sababathy , Programme officers and faculties of our college who have Provided us with valuable support to conduct this session. Last but not the least, I thank our beloved Volunteers for making this yoga Session a grand success. Once again, I thank you all.

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<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>16.07.2018</b>

Event :Guest lecture on Waste management

Organiser : National Service Scheme, MJC

Name of the Activity :Guest lecture

Resource Person :Mr. Appavu- EXNORA

Date : 17.07.2018

Time :2.00 pm – 4.00 pm

Venue : Natya block

Mode : Offline




Beneficiaries : NSS Students

Number of Volunteer : 95



Summary :

A Guest Lecture on Waste Management was organized by Mr.Appavu from EXNORA organization on July 17<sup>th</sup> 2018 for NSS Volunteers in the Natya Block of Dr. MGR-Janaki College of Arts & Science for Women at 2 p.m.

Future basis ideas and waste management concepts were explained to the NSS Volunteers. Mr. Appavu explained what are Bio-Degradable and Non Biodegradable Wastes. He spoke about ways to reduce the wastes generated in our homes, factories, industries, refineries, power plants, hotels, hospitals and dispensaries. He also told us to reuse and recycle waste as much as possible. He instructed us to avoid using plastics and other materials that are harmful to the environment. He concluded by saying that if Wastes were not managed properly, that it would lead to pollution. This in turn would lead to environmental degradation and affect all living things on Earth. He also told us to purify ourselves by practicing Yoga and Meditation.The Lecture ended at 4 p.m. and the volunteers found the Lecture to be very informative and gained a lot of knowledge from it.

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<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>16.07.2018</b>

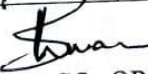


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<b>Document ID:</b>	<b>MJC/NSS/2018-2019/05</b>	<b>Document Name:</b>	<b>Circular</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>17.07.18</b>

### EYE CAMP

The National Service Scheme Unit I and II of Dr. MGR Janaki College of Arts and Science for Women is organizing an "Eye Camp" by EYEDOX Eye Hospital on 18<sup>th</sup> July 2018, at Seminar Hall II.



S. No	Department	Signature	
		Shift I	Shift II
1	B. Sc Biochemistry	M. 24	-
2	B. Sc Microbiology	P. Suman	Mahesh
3	B. Sc Mathematics	P. S. S.	-
4	B. Sc Psychology	M. S. S.	-
5	B. Sc Computer Science	S. S. S.	S. S. S.
6	B. Sc Visual Communication	R. V. S. S.	-
7	BCA	N. S. S.	-
8	BBA	S. S. S.	S. S. S.
9	B. Com (General)	S. S. S.	S. S. S.
10	B. Com (CS)	S. S. S.	S. S. S.
11	B. Com (A&F)	S. S. S.	S. S. S.
12	B. Com (BM)	-	S. S. S.
13	B.A English	S. S. S.	S. S. S.
14	B.A Natya	S. S. S.	-

  
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 [Bhuvaneshwari]  
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<b>Document ID:</b>	<b>MJC/NSS/2010-2019/05</b>	<b>Document Name:</b>	<b>Invitation</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>18.07.2018</b>





DR.MGR JANAKI COLLEGE OF ARTS AND SCIENCE  
FOR WOMEN

NATIONAL SERVICE SCHEME  
ORGANISES

EYE CAMP

DATE: 19.07.2018    TIME: 2.00pm

VENUE: SEMINAR HALL 2





Dr. Kumar Rajendran  
chairman

Dr. R. Manimekalai  
Principal






Dr. Latha Rajendran  
Correspondent

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence"		<b>NATIONAL SERVICE SCHEME</b> 	
<b>Document ID:</b>	<b>MJC/NSS/2018-2019/05</b>	<b>Document Name:</b>	<b>List of Participants</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>18.07.2018</b>

S.No	Volunteer Name	Unit
1	Haritha.V	I
2	Bhagya Lakshmi	I
3	Aiswarya.A	I
4	Aitchya.A	I
5	Amrutha.R	I
6	Sharly Evangeline	I
7	Midhuna.R	I
8	Yamini.R.E	I
9	Janani Priya	I
10	Keerthana.A	I
11	Tamil Mozhi	I
12	Jayalakshmi	I
13	Vinothini	I
14	Shruthi	I
15	Kirubha	I
16	Snekha	I
17	Bhargavi	I
18	Jaya Raghav	I
19	Dhanalakshmi	I
20	Jaya shobana	I
21	Janani	I
22	Anupriya	I
23	Aliya Afroze	I
24	Katuri.R	I
25	Pooja.S	I
26	Ramya.A	I
27	Gayathri.G	II
28	Archana.R	II
29	Vaishnavi.s	II
30	Aishwarya.A	II
31	Kamali.L	II
32	Swetha.A	II



33	Monika.J	II
34	Mahalakshmi.S	II
35	Deepika.K	II
36	Sneha.S.R	II
37	Kousalya.K	II
38	Janani.G.J	II
39	Pooja.P	II
40	Aishwarya.T	II
41	Deva dharini	II
42	Priya.M	II
43	Tejaswini	II
44	Nandhini.V	II
45	Preethi.H	II
46	Preetha.R	II
47	Mononmani	II
48	Sharmila.R	II
49	Pavithra.S	II
50	Bala divya	II

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>NATIONAL SERVICE SCHEME</b> 	
<b>Document ID:</b>	<b>MJC/NSS/2018-2019/05</b>	<b>Document Name:</b>	<b>Report</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>18.07.2018</b>

Event : Eye camp  
 Organiser : National Service Scheme, MJC  
 Name of the Activity : Eye Checkup  
 Resource Person : Doctors from EYEDOX eye hospital  
 Date : 19.07.2018  
 Time : 2.00 p.m – 5.00p.m  
 Venue : Seminar Hall II  
 Mode : Offline  
 Beneficiaries : All Students  
 Number of Volunteers : 50  
 Summary :

An Eye camp was organized by 4 doctors from EYEDOX Eye hospital on 19<sup>th</sup> July in Seminar Hall II for Shift II students from 2 p.m.



The Doctors first explained about the types of eye defects and then checked the eyesight of the students. The students were then asked to read the letters in the chart pasted on the opposite wall to ensure that they do not have any eye defects. If they were not able to read all the letters well, then they checked the student's eye power using optical instruments. They further guided the students by explaining ways to cure minor eye defects through Eye Exercises, a balanced diet and stress-free life steps to recover the defects. They also said that the students can come to the Eyedox Eye Hospital for a free consultation to get their spectacles. The Eye Camp ended at 5 p.m. and the students were able to use this opportunity to check their eyesight and get it corrected through the Hospital.

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<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>18.07.2018</b>









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<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>29.09.2018</b>



S.No	VOLUNTEER NAME	UNIT
1	Abirami.P	I
2	Agasthiya.A	I
3	Amitavaahini.P	I
4	Anupriya.P	I
5	Aparna.U	I
6	Bushera.F	I
7	Dhivya.N	I
8	Divisha.T	I
9	Divya.G	I
10	Gayathri.B	I
11	Snekha	II
12	Bhargavi	II
13	Jaya Raghav	II
14	Dhanalakshmi	II
15	Jaya shobana	II
16	Janani	II
17	Anupriya	II
18	Aliya Afrose	II
19	Katuri.R	II
20	Pooja.S	II

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <i>"Excellence Through Diligence"</i>		<b>NATIONAL SERVICE SCHEME</b> 	
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<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>29.09.2018</b>


Event : World Rivers day  
 Organiser : The Reciprocity Foundation  
 Name of the Activity : Adyar River Cleanup  
 Date :30.09.2018  
 Time :6.00 a.m – 9.00 a.m  
 Venue : Gandhi Nagar Cricket Ground, chennai  
 Beneficiaries : Students & society  
 Number of Volunteers : 20  
 Summary :

The Reciprocity Foundation organized adyar River Cleanup on September 30th 2018 from 6 a.m. at Gandhi Nagar Cricket Ground, Adyar. NSS volunteers from Dr. MGR JanakiCollege volunteered their service in this cleanup.

The Reciprocity Foundation seeks to create a ground swell movement of awareness and action to enable humanity to make the right choices in life for the Sustainability of our Planet and our People. They are happy to present START (Save The Adyar River Today). Chennai is lucky to be blessed with 3 rivers that flow through the city. In honor of World Rivers Day (30th Sept, 2018), they organize this Adyar River Cleanup to empathise with the cause of protecting and saving The Adyar, an iconic physical attribute to our city. A sunrise concert by Smt. Bombay Jayashri Ramnath was conducted from 6 a.m. to 7:30 a.m., followed by the cleaning up of Adyar River Bank. The Volunteers wore gloves and masks and collected any Non BioDegradable wastes in the river bank in Jute Bags to be disposed of later. The cleanup ended at 9 a.m. As human beings, we all must realize that it is our responsibility to keep our Mother Earth clean and preserve nature.

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<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>29.09.2018</b>

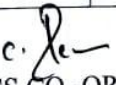


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<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>02.10.2018</b>

### Lecture on Communicable diseases



The National Service Scheme Unit I and II of Dr. MGR Janaki College of Arts and Science for Women is organizing a "Lecture on Communicable diseases" by the Department of Public Health and Preventive Medicine The Guest speakers are Dr. K.Gopala Rathinam, Directorate of Public Health and Preventive Medicine and Mr. Loganathan, Health Inspector DPH – IEC Team on 03<sup>rd</sup> October 2018 in our College premises at Seminar Hall.

S. No	Department	Signature	
		Shift I	Shift II
1	B. Sc Biochemistry	M. K.	
2	B. Sc Microbiology	P. S.	Nahad
3	B. Sc Mathematics	D. S.	
4	B. Sc Psychology	for M. S.	
5	B. Sc Computer Science	for M. S.	Jeeva
6	B. Sc Visual Communication	R. V. Indhumathi	
7	BCA	NSS	
8	BBA	for M. S.	for M. S.
9	B. Com (General)	for E. M.	for S. S. S. S. S.
10	B. Com (CS)		for S. S.
11	B. Com (A&F)	for M. S.	for K. S.
12	B. Com (BM)		for M. S.
13	B.A English		for M. S.
14	B.A Natya	for P. S.	

  
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<b>Document ID:</b>	<b>MJC/NSS/2018-2019/07</b>	<b>Document Name:</b>	<b>List of Participants</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>02.10.2018</b>

<b>S.No</b>	<b>VOLUNTEER NAME</b>	<b>UNIT</b>
1	Abirami.P	I
2	Agasthiya.A	I
3	Amitavaahini.P	I
4	Anupriya.P	I
5	Aparna.U	I
6	Bushera.F	I
7	Dhivya.N	I
8	Divisha.T	I
9	Divya.G	I
10	Gayathri.B	I
11	Gayathri.K	I
12	Keerthana.S	I
13	Kouslaya.R	I
14	Kolastri.L	I
15	Kavitha.N	I
16	KushbooSirvi.G	I
17	Lavanya.P	I
18	Monika.S	I
19	Mogambokai.M	I
20	Monika.S	I
21	Monika.N	I
22	Magizhava.V	I
23	Poornima.A.R	I
24	Pavithra.S	I
25	Pavithra.B	I
26	Revathy.N	I
27	Sandhiya.B	I
28	Sindhu.P	I
29	Sugavani.D	I
30	Yuvarani.R	II
31	Soundarya.E	II
32	Sofia.A	II

33	Swetha.B	II
34	Logeshwari.E	II
35	Mahalakshmi.M	II
36	Sri vaishnavi .S	II
37	Surabhi.M	II
38	Swetha.R	II
39	Subitha.A	II
40	Sowmiya.T	II
41	ThasneemBanu.M	II
42	Thanisha.T	II
43	Sunitha Kumari.S	II
44	Elayasuthani.E	II
45	Srini.A	II
46	DivyaPriya.N	II
47	Swetha.S	II
48	Shamitha.S	II
49	Haritha.V	II
50	Bhagya Lakshmi.A	II
51	Aishwarya.A	II
52	Aitchya.A	II
53	Amrutha.R	II
54	Sharly Evangeline.S	II
55	Midhuna.R	II
56	Yamini R E	II
57	Janani Priyanka	II
58	Keerthana.A	II
59	Tamil Mozhi.P	II
60	Jayalakshmi.V	II
61	Vinodhini.R	II
62	Shruthi.M.B	II
63	Kribha shankari.M.T	II
64	Snekha.M	II
65	Bhargavi.B	II
66	Janani.R	II
67	Anupriya	II
68	Aaliya afroze.S.H	II
69	Kasturi.R	II
70	Pooja.S	II
71	Ramya.A	II
72	Gayathri.G	II
73	Archana.R	II
74	Vaishnavi.S	II
75	Aishwarya.A	II
76	Kamali.L	II
77	Swetha.A	II





78	Monika.J	II
79	Mahalakshmi.S	II
80	Deepika.K	II
81	Sneha S.R	II
82	Kausalya.K	II
83	Janani.G.J	II
84	Pooja.P	II
85	Aishwarya TC	II
86	Devadharini C	II
87	Priya M	II
88	Tejaswini P	II
89	Nandhini.V	II
90	Preethi.H	II
91	Deeptha.R	II
92	Mononmani.K	II
93	Sharmila R	II
94	Pavithra.S	II
95	Baladivya.T	II

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence" 		<b>NATIONAL SERVICE SCHEME</b> 	
<b>Document ID:</b>	<b>MJC/NSS/2018-2019/07</b>	<b>Document Name:</b>	<b>Report</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>02.10.2018</b>

Organiser : The Public Health and Preventive Medicine Organization  
Name of the Activity : Guest lecture  
Resource Person : Dr. K.Gopala Rathinam, Directorate of Public Health and Preventive Medicine and Loga Nathan.G Health Inspector DPH – IEC Team, chennai.  
Date : 03.10.2018  
Time : 1.30 p.m. to 3.00 p.m  
Venue : Seminar Hall  
Mode : Offline  
Beneficiaries : NSS Students  
Number of Volunteers : 95  
Summary :

The Public Health and Preventive Medicine Organization organized a lecture on Communicable Diseases on October 3rd 2018 at Seminar Hall for NSS volunteers from 1:30 p.m. Dr. K.Gopala Rathinam, Directorate of Public Health and Preventive Medicine and G. Loga Nathan, Health Inspector DPH – IEC Team presented a PowerPoint Presentation on Communicable Diseases such as Dengue, malaria, Filariasis, etc. They also showed us some videos of how these diseases are spread and how they can be prevented. They gave a lecture on the symptoms of these diseases, how they can be identified and how they can be treated. It was a very informative and interactive program. We then went around our college Campus and found the place which could be the breeding grounds of mosquitoes and disposed of the stagnant water present. The program ended at 3 p.m. We must understand the need to prevent the spread of communicable diseases and take efforts to do so, as Prevention is always better than Cure.



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence"		<b>NATIONAL SERVICE SCHEME</b> 	
<b>Document ID:</b>	<b>MJC/NSS/2018-2019/07</b>	<b>Document Name:</b>	<b>Photos</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>02.10.2018</b>



**Campus Cleaning on 3.10.18**






 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small>		 <b>NATIONAL SERVICE SCHEME</b>	
<b>Document ID:</b>	<b>MJC/NSS/2018-2019/08</b>	<b>Document Name:</b>	<b>Circular</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>09.10.18</b>

### MGR Centenary Year Celebration



The National Service Scheme Unit I and II of Dr. MGR Janaki College of Arts and Science for Women is organizing "MGR Centenary Year Celebration" on 10.10.2018 in our College Campus.

S. No	Department	Signature	
		Shift I	Shift II
1	B. Sc Biochemistry	M. H	-
2	B. Sc Microbiology	P. Suman	Mahesh
3	B. Sc Mathematics	P. S. S	P
4	B. Sc Psychology	For NSS	-
5	B. Sc Computer Science	For NSS	Shree
6	B. Sc Visual Communication	R. V. Indhumathi	-
7	BCA	NSS	-
8	BBA	For NSS	For NSS
9	B. Com (General)	For S. M. S	For S. M. S
10	B. Com (CS)	-	For NSS
11	B. Com (A&F)	For NSS	For NSS
12	B. Com (BM)	-	For NSS
13	B.A English	For NSS	For NSS
14	B.A Natya	For P. R. U	-

  
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 [Bhuvaneshwari]  
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<b>Document ID:</b>	<b>MJC/NSS/2018-2019/08</b>	<b>Document Name:</b>	<b>Invitation</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>09.10.18</b>





**DR.MGR JANAKI COLLEGE OF ARTS AND SCIENCE  
FOR WOMEN**

**NATIONAL SERVICE SCHEME  
ORGANISES**

**MGR CENTENARY YEAR CELEBRATION  
COMPETITION: RANGOLI  
ENGLISH & TAMIL ORATORICAL  
DRAWING  
VENUE: AUDITORIUM**

**DATE: 10.10.2018    TIME: 10.30am**





Dr.Kumar  
Rajendran

Dr.R.Manimekalai  
Principal

Dr. Latha Rajendran  
Correspondent







 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence"		<b>NATIONAL SERVICE SCHEME</b> 	
<b>Document ID:</b>	<b>MJC/NSS/2018-2019/08</b>	<b>Document Name:</b>	<b>List of Participants</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>09.10.2018</b>

S.No	VOLUNTEER NAME	UNIT
1	Abirami.P	I
2	Agasthiya.A	I
3	Amitavaahini.P	I
4	Anupriya.P	I
5	Aparna.U	I
6	Bushera.F	I
7	Dhivya.N	I
8	Divisha.T	I
9	Divya.G	I
10	Gayathri.B	I
11	Gayathri.K	I
12	Keerthana.S	I
13	Kouslaya.R	I
14	Kolastrica.L	I
15	Kavitha.N	I
16	KushbooSirvi.G	I
17	Lavanya.P	I
18	Monika.S	I
19	Mogambokai.M	I
20	Monika.S	I
21	Monika.N	I
22	Magizhava.V	I
23	Poornima.A.R	I
24	Pavithra.S	I
25	Pavithra.B	I
26	Revathy.N	I
27	Sandhiya.B	II
28	Sindhu.P	II
29	Sugavani.D	II
30	Yuvarani.R	II
31	Soundarya.E	II
32	Sofia.A	II
33	Swetha.B	II

34	Logeshwari.E	II
35	Mahalakshmi.M	II
36	Sri vaishnavi .S	II
37	Surabhi.M	II
38	Swetha.R	II
39	Subitha.A	II
40	Sowmiya.T	II
41	ThasneemBanu.M	II
42	Thanisha.T	II
43	Sunitha Kumari.S	II
44	Elayasuthani.E	II
45	Srini.A	II
46	DivyaPriya.N	II
47	Swetha.S	II
48	Shamitha.S	II
49	Haritha.V	II
50	Bhagya Lakshmi.A	II

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence"		<b>NATIONAL SERVICE SCHEME</b> 	
<b>Document ID:</b>	<b>MJC/NSS/2018-2019/08</b>	<b>Document Name:</b>	<b>Report</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>09.10.2018</b>

Event : MGR Centenary Year Celebration

Organiser : National Service Scheme, MJC

Name of the Activity : Competitions

Date : 10.10.2018

Time : 10.30 a.m to 1.30 p.m

Venue : Auditorium




Mode : Offline

Beneficiaries : NSS Students



Number of Volunteers : 50

Summary :

Dr. M.G.Ramachandran's 100<sup>th</sup> year celebration was held on October 10<sup>th</sup> 2018 at the auditorium. Competitions like rangoli, English oratorical, Tamil oratorical, drawing were conducted at primary, middle school, high school and college level. Many schools and colleges actively took part in the competitions. Nearly NSS volunteers took part in volunteering the event to make it successful. Prizes were individually given to the winners for various competitions.

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <i>"Excellence Through Diligence"</i> 		<b>NATIONAL SERVICE SCHEME</b> 	
<b>Document ID:</b>	<b>MJC/NSS/2018-2019/08</b>	<b>Document Name:</b>	<b>Photos</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>09.10.2018</b>



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence"		<b>NATIONAL SERVICE SCHEME</b> 	
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<b>Academic Year:</b>	2018-2019	<b>Date :</b>	12.10.18

### Breast Cancer awareness Program



The National Service Scheme Unit I and II of Dr. MGR Janaki College of Arts and Science for Women is organizing "**Breast Cancer awareness Program**" on 13<sup>th</sup> October 2018. The Rally started from Olcott Memorial School, Adyar, Chennai.

S. No	Department	Signature	
		Shift I	Shift II
1	B. Sc Biochemistry	M. P. S.	
2	B. Sc Microbiology	Sum	Mahad
3	B. Sc Mathematics	J. L. P.	@
4	B. Sc Psychology	for NSS	
5	B. Sc Computer Science	for NSS	Sheshu
6	B. Sc Visual Communication	R. V. Indhumathi	
7	BCA	NSS	
8	BBA	for NSS	for NSS
9	B. Com (General)	for E. N. S.	for S. S. S.
10	B. Com (CS)		for S. S. S.
11	B. Com (A&F)	for K. P.	
12	B. Com (BM)		for K. P.
13	B.A English		
14	B.A Natya	for P. S.	

  
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 [ Bhuraneswari ]  
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<b>Document ID:</b>	<b>MJC/NSS/2018-2019/09</b>	<b>Document Name:</b>	<b>List of Participants</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>12.10.2018</b>

S.No	VOLUNTEER NAME	UNIT
1	Abirami.P	I
2	Agasthiya.A	I
3	Amitavaahini.P	I
4	Anupriya.P	I
5	Aparna.U	I
6	Bushera.F	I
7	Dhivya.N	I
8	Divisha.T	I
9	Divya.G	I
10	Gayathri.B	I
11	Gayathri.K	I
12	Keerthana.S	I
13	Kouslaya.R	I
14	Kolastrica.L	I
15	Kavitha.N	I
17	Bhargavi	I
18	Jaya Raghava	I
19	Dhanalakshmi	I
20	Jaya shobana	I
21	Janani	I
22	Anupriya	I
23	Aliya Afrose	I
24	Katuri.R	I
25	Pooja.S	I
26	Ramya.A	I
27	Gayathri.G	I
28	Archana.R	I
29	Vaishnavi.s	I
30	Aishwarya.A	I
31	KushbooSirvi.G	I
32	Lavanya.P	I
33	Bala divya	I
34	Pavithra	I



35	Sharmila	I
----	----------	---

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <i>"Excellence Through Diligence"</i> 		<b>NATIONAL SERVICE SCHEME</b> 	
<b>Document ID:</b>	<b>MJC/NSS/2018-2019/09</b>	<b>Document Name:</b>	<b>Report</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>12.10.2018</b>

Name of the Activity : Breast cancer awareness program

Date : 13.10.2018

Time : 7.00 a.m. – 11.00 a.m.

Venue : Olcott Memorial School

Mode : Offline



Beneficiaries : NSS Students

Number of Volunteers:35



Summary :

Can Stop - Cancer Support Therapy organized a Breast Cancer Awareness Program on October 13th 2018 at Olcott Memorial School from 7 a.m. and NSS Volunteers from Dr. MGR-Janaki College participated in this Program. All the Volunteers from various Colleges, Schools and Public assembled at Olcott Memorial School dressed in shades of pink and then got placards with slogans about Breast Cancer Awareness. They started on a rally around the school for 4 Kilometers while displaying the slogans to the public. Other activities such as Blood Donation, Flash Mobs, and Zumba Dance were also organized. Stalls were also setup to sell shirts, caps, keychains, etc. about Breast Cancer Awareness. Refreshments were then provided to all the Volunteers.

The program ended at 11 a.m. We must all understand the need to keep ourselves healthy and go to regular checkups to ensure our physical well being.

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence"		<b>NATIONAL SERVICE SCHEME</b> 	
<b>Document ID:</b>	<b>MJC/NSS/2018-2019/09</b>	<b>Document Name:</b>	<b>Photos</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>12.10.2018</b>

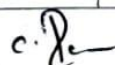


 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence"		 <b>NATIONAL SERVICE SCHEME</b>	
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<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>05.08.2018</b>

### INAUGURATION OF SPECIAL CAMP



The National Service Scheme Unit I and II of Dr. MGR Janaki College of Arts and Science for Women is Inaugurating a "Special Camp" at our College Premises, by Saidai Samiyappan Duraisamy. He is an Indian politician and 48th Mayor of the Corporation of Chennai. Special Camp at Maganyam and Azhagur of Kancheepuram District from 11.08.2018 to 16.08.2018

S. No	Department	Signature	
		Shift I	Shift II
1	B. Sc Biochemistry	M. 24	-
2	B. Sc Microbiology	P. Suman	Mahad
3	B. Sc Mathematics	P. S. S.	Q
4	B. Sc Psychology	for M. S. S.	-
5	B. Sc Computer Science	S. S. S.	S. S. S.
6	B. Sc Visual Communication	R. V. Indhumathi	-
7	BCA	N. S. S.	A
8	BBA	A. S. S.	for S. S. S.
9	B. Com (General)	for S. S. S.	for S. S. S.
10	B. Com (CS)	A. S. S.	for S. S. S.
11	B. Com (A&F)	K. S. S.	for K. S. S.
12	B. Com (BM)	-	P. S. S.
13	B.A English	H	S. S. S.
14	B.A Natya	for P. S. S.	-

  
 NSS CO-ORDINATOR  
 [C. Banu Rekha]  
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<b>Document ID:</b>	<b>MJC/NSS/2018-2019/10</b>	<b>Document Name:</b>	<b>Invitation</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>05.08.2018</b>

**Dr. MGR- JANAKI COLLEGE OF ARTS AND SCIENCE FOR WOMEN**



**CORDIALLY INVITES YOU**

**INAUGURATION OF SPECIAL CAMP**



**06.08.2018**

**TIME : 11:30 AM**

**VENUE : AUDITORIUM**

**Dr. Kumar Rajendran**

**Chairman**

**Dr. R.Manimekalai**

**Principal**




**Dr Latha Rajendran**

**Correspondant**

## *Programme Schedule for Special Camp*

<b>11/08/2018 Saturday</b>	<b>Morning</b>	<b>:</b>	<b>Travel to campsite</b>
	<b>Afternoon</b>	<b>:</b>	<b>Meeting the village members</b>
	<b>Evening</b>	<b>:</b>	<b>Cleaning activities (Temple, school etc.,)</b>
<b>12/08/2018 Sunday</b>	<b>Morning</b>	<b>:</b>	<b>Vermicompost, Mushroom cultivation training -Villagers</b>
	<b>Afternoon</b>	<b>:</b>	<b>Life skills Training session by Bhumi for NSS Volunteers</b>
	<b>Evening</b>	<b>:</b>	<b>Rally by the student- awareness campaign (child labour, women empowerment etc.,)</b>
<b>13/08/2018 Monday</b>	<b>Morning</b>	<b>:</b>	<b>Visit to school (Teaching learning process)</b>
	<b>Afternoon</b>	<b>:</b>	<b>Blood grouping to the students</b>
	<b>Evening</b>	<b>:</b>	<b>Craft class, extracurricular activities.</b>
<b>14/08/2018 Tuesday</b>	<b>Morning</b>	<b>:</b>	<b>Waste management training programme</b>
	<b>Afternoon</b>	<b>:</b>	<b>Basic training – villagers. Cancer awareness Programme</b>
	<b>Evening</b>	<b>:</b>	<b>Briefing of Government schemes - students Competitions (cooking &amp; Rangoli etc.,)</b>
<b>15/08/2018 Wednesday</b>	<b>Morning</b>	<b>:</b>	<b>Eye camp/ General checkup/Dental camp</b>
	<b>Afternoon</b>	<b>:</b>	<b>First aid training &amp; Fire safety- Training sessions</b>
	<b>Evening</b>	<b>:</b>	<b>Street play, Skit - Awareness programme (students) on Swachh Bharat</b>
<b>16/08/2018</b>	<b>Morning</b>	<b>:</b>	<b>Yoga session / self defense (sports games for school Thursday students).</b>
	<b>Afternoon</b>	<b>:</b>	<b>Hygiene Awareness / Road safety awareness programme</b>
	<b>Evening</b>	<b>:</b>	<b>Mime (students) - digital india, child labour.</b>
<b>17/08/2018 Friday</b>	<b>Morning</b>	<b>:</b>	<b>Tree Plantation</b>
	<b>Afternoon</b>	<b>:</b>	<b>Valedictory function</b>





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<b>Document ID:</b>	<b>MJC/NSS/2018-2019/10</b>	<b>Document Name:</b>	<b>Profile of Speakers</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>05.08.18</b>

### **Saidai Samiyappan Duraisamy**

He is the first All India Anna Dravida Munnetra Kazhagam (AIADMK) candidate to become the Mayor of Chennai from 25 October 2011 to 24 October 2016. He is also the founder and chairman of Manidhaneyam IAS academy, a free coaching academy for the aspirants of the Civil Services Examination, in Tamil Nadu.



Duraisamy was elected to the Tamil Nadu Legislative Assembly in 1984 from Saidapet. He stayed away from politics after the demise of M. G. Ramachandran. He contested the 2011 assembly elections as a candidate for the AIADMK from the Kolathur constituency, which he lost. He contested the mayoral election of Chennai corporation, and became the first AIADMK mayor of the city, in October 2011, winning the election by a margin of over 5.19 lakh votes. He took the oath of office on 25 October.

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence"		<b>NATIONAL SERVICE SCHEME</b> 	
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<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>05.08.18</b>

S.NO	VOLUNTEER NAME	UNIT
1	Abinaya.S	I
2	Abirami.P	I
3	Abirami .S	I
4	Aishwarya.V	I
5	Agasthiya.A	I
6	Amitavaahini.P	I
7	Anupriya.P	I
8	Aparna.U	I
9	Bhushera.F	I
10	Dhivya.N	I
11	Divisha.T	I
12	Divya.G	I
13	Gayathri.B	I
14	Gayatri.K	I
15	Keerthana.S	I
16	Kousalya R	I
17	Kolastrika L	I
18	Kavitha N	I
19	KshbooSirvi	I
20	Lavanya .P	I
21	Lakshmi.M	I
22	Malathi.K	I
23	Mahalakshmi.M	I
24	Monika.S	I
25	Mariya Saranya.M	I
26	Manjula.A	I
27	Moogambigai M	I
28	Monica.E	I
29	Monika S	I
30	Monika N	I
31	Magizha v	I
32	Muthu Lakshmi.S	I
33	Poornima A R	I
34	Pavithra S	I
35	Pooja.S	I

36	Priyanka.S	I
37	Ramya.G	I
38	Shifa Fathima.S	I
39	Siva ranjani.T	I
40	Surekha.T	I
41	Sowmiya.S	I
42	Selvarani.A	I
43	Sandhiya.B	I
44	SriVaishnavi.S	I
45	Surabhi.M	I
46	Sindhu.P	I
47	Sugavani.D	I
48	Suganthi.S	I
49	Swetha.M	I
50	Varsha.R	I
51	Haritha V	II
52	Aishwarya.A	II
53	Bhagia Lakshmi A	II
54	Aishwarya A	II
55	Aitchya A	II
56	Amrutha R	II
57	Sharly Evangeline	II
58	Midhuna R	II
59	Yamini R E	II
60	Janani Priyanka K	II
61	Keerthana A	II
62	Tamilmozhi P	II
63	Jaya Lakshmi V	II
64	Vinodhini R	II
65	Shruthi M B	II
66	Kirubha Shankari M T	II
67	Snekha M	II
68	Bhargavi C	II
69	Jaya Raghava J P	II
70	Dhanalakshmi S	II
71	Jaya shobana S V	II
72	Janani R	II
73	Anupriya N P	II
74	Pooja .S	II
75	Aaliya Afrose S H	II
76	Aishwarya.T.C	II
77	Archana.R	II
78	Deepika.R	II
79	Deeptha.K	II
80	Gayathri.G	II

81	Kousalya.K	II
82	Kamali.L	II
83	Ramya.A	II
84	Monika.J	II
85	Sharmila.R	II
86	Manonmani.K	II
87	Nandhini.V	II
88	Swetha.A	II
89	Sneha.S.R	II
90	Devadharani.C	II
91	Madhubala.J	II
92	Kamaleeshwari.R	II
93	Preethi.H	II
94	Pooja.P	II
95	Mahalakshmi.S	II
96	Janani.G.J	II
97	Vaishnavi.S	II
98	Kasturi R	II
99	Bala Divya.T	II
100	Tejaswini.P	II

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<b>Document ID:</b>	<b>MJC/NSS/2018-2019/10</b>	<b>Document Name:</b>	<b>MC</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>05.08.2018</b>

Good morning to one and all present here, On behalf of National Service Scheme. I, C.Banu Rekha, Programme officer, has immense pleasure in welcoming you all for the Inauguration session.

#### Welcome Address




It is my privilege to introduce our Resource person Saidai Samiyappan Duraisamy to inaugurate the 7 days camp at Maganyam, Kancheepuram, Tamil nadu. Sir kindly share your experience about the experience about the social issues face by the girl students.

Thank you sir for the inspiring session.

#### Vote of thanks

I deem it a great honour & privilege to propose the vote of thanks on this memorable occasion. Let me first of all start by giving glory to the almighty God for making today's occasion, a resounding Success. I wholeheartedly thank our resource person Saidai Samiyappan Duraisamy. Thank You

This vote of thanks would be largely incomplete without expressing my gratitude, I would like to thank our correspondent Dr. Latha Rajendren, Chairman Dr. Kumar Rajendren. Principal Dr. R Manimekalai, Vice principal Dr. Lakshmi Balaji, Dean of academics Dr. Shanthi Lakshmi, Dean of Students Dr. Abitha Sababathy , Programme officers and faculties of our college who have Provided us with valuable support to conduct this session. Last but not the least, I thank our beloved Volunteers for making this yoga Session as a grand success. Once again, I thank you all.

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence" 		<b>NATIONAL SERVICE SCHEME</b> 	
<b>Document ID:</b>	<b>MJC/NSS/2018-2019/10</b>	<b>Document Name:</b>	<b>Report</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>05.08.2018</b>

Event : Special camp  
 Organiser : National Service Scheme, MJC  
 Name of the Activity :Special camp  
 Resource Person : Different field  
 Date : 11.08.2018 – 16.08.2018  
 Venue : Maganyam, Kancheepuram  
 Mode : Offline  
 Beneficiaries : Village People & School students  
 Number of Volunteers : 100

#### Summary

NSS Unit of Dr. MGR-Janaki College of Arts and Science for Women have conducted a special camp at Maganyam and Azhagur of Kancheepuram District from 11.08.2018 to 16.08.2018. The Day-to-Day activities carried out in detail during the special camp and photos of the same are represented in this report. The support extended by the Kancheepuram district administration is highly remarkable. The timely guidance and cooperation extended by Dr.G.Bhaskaran, NSS Coordinator and University of Madras gave a wide scope to conduct the activities successfully.

1PO-.Ms.C.BANU REKHA(UNIT-II)



## 2.PO- Mrs. G.BHUVANESWARI (UNIT-I)

:

**DAY : 1** The NSS camp started with a briefing session at the College. At around 9:00 a.m., 100 volunteers (both Unit-1 and Unit-2) of Dr. MGR-Janaki College started from the campus to the camp site in Kancheepuram and reached the place around 12 noon.

### **At the campsite:**

- The day began with a prayer song.
- The chief guests, Village Development Officers Mr.Srinivasan and Mrs.Vasumathi and other dignitaries were welcomed by Ms. C.Banu Rekha,(NSS programme officer), Dr. MGR-Janaki College, Chennai.
- The inaugural speech was delivered by Mr.Srinivasan, VDO, Maganyam, Kancheepuram District.
- Mrs.Vasumathi, VO, gave a brief introduction about the village Maganyam to the students, covering their literacy rate, their socio-economic conditions.
- The volunteers went on a rally on 'PLASTIC FREE INDIA' and created awareness to the villagers. They explained about the ill - effects of plastics and the need for recycling, through posters and enacted skit on the theme
- Later in the evening volunteers cleaned the temple and the lake in Maganyam. They dispose all waste papers, plastics, and weeds. The volunteers had a group discussion and planned about the execution of the camp.

### **DAY :2**

- The volunteers had an exercise and a yoga session after which Morning Prayer was conducted.
- "SRI SANDEEPANI GURUKULA TRUST" provided homely food to the students of the camp. Students relished the healthy and hygienic food.
- The volunteers were divided into 5 groups which were headed by a group leader.
- They made a dry run on skits about social issues like drug abuse, digital India, open defecation, women empowerment and child labour.
- Then volunteers carried out cleaning activity at the government school campus at Maganyam, removed dust heaps and attempted to create awareness on cleanliness and hygiene.

### **DAY: 3**

- Exercise, yoga and Morning Prayer were conducted by the volunteers.
- Later, the volunteers divided themselves into 6 groups. The first 3 groups were involved in conducting drawing competitions, games like Lemon & spoon, filling the bottles, relay to the students of Government school.
- The other groups prepared posters on "Drug Abuse".
- In the afternoon session volunteers organized a rally and street play focused on the harmfulness of drugs. Local people showed interest and awareness about this issue disseminated in the community.

- We conducted cultural activities for our volunteers in the evening.
- Our volunteers shared their thoughts on the activities conducted and gave suggestions to improvise them for the following days.

#### **DAY: 4**

- Our volunteers gave awareness on “Causes of cancer” to the secondary school students. Charts were displayed on the classrooms.
- The afternoon session began with a seminar by Dr. R.D Yamuna, Health Officer about cervical cancer and breast cancer.
- Eye camp and general health checkup was also conducted for the welfare of the village people by Dr. R.Punniyamoorathi, Health officer
- The volunteers had an interactive session with the village people where they learnt more moral values.
- Our Volunteers organized a rally on the topic Women Empowerment.

#### **DAY: 5**

- Our NSS students attended the Independence Day celebration in the government school at Maganyam.
- They also conducted various competitions for the kinder garden, primary students and also for women.
- In the afternoon, volunteers learned to make garland, paper craft and sweater weaving from the village people
- Our volunteers conducted a rally on the topic child labor.

#### **DAY:6**

- Our day began with prayer and yoga sessions.
- The valedictory function was presided over by Balaji Swamigal, Mr.Srinivasan (VDO), Dr.Latha Rajendran (Correspondent), Dr.Manimekalai(principal), Dr.Lakshmi Balaji (Vice principal), Dr..Shanthi Lakshmi(Deanofficers).
- Our volunteers gave a summary of events done during the period of stay in the village. They were elited about their team work and carried fond memories of the camp.
- We also distributed prizes to the winners in the competitions conducted on the independence day.
- Volunteers heart fully thanked the program officer and the management of the college for their support. Village authorities assured all sorts of cooperation to the college NSS unit in the future in order to work for the betterment of the village.
- The session concluded by vote of thanks proposed by NSS student-Varalakshmi.

## *Valedictory – 16.08.2018*

**Invocation : Prayer Song**

**Lighting of the Lamp**

**Welcome address : Dr. R.Manimekalai  
Principal  
Dr. MGR - Janaki College for Women**

**Felicitation of the Guest : Dr.Latha Rajendran  
Correspondent  
Dr. MGR - Janaki College for Women**

**Inaugural address : Mr.Srinivasan  
VDO  
Kancheepuram District**

**Guest Speaker : Mr. Balaji Swamigal  
Sri Sandeepani Gurukula  
Kancheepuram District**

**Discussion Session : Student Volunteers & Villagers**

**Oath Taking**

**: Ms. C. Banu Rekha**

**NSS - Programme officer**

**Dr. MGR- Janaki College for Women**

**Vote of thanks**

**: Mrs. G. Bhuvaneswari**

**NSS - Programme officer**

**Dr. MGR- Janaki College for Women**

## நாட்டுநலப்பணி திட்ட முகாம் தொடக்கம்



நாட்டு நலப்பணி திட்ட முகாமில் கலந்து கொண்ட தனியார் கலை அறிவியல் கல்லூரி மாணவிகள்.

ஸ்ரீபெரும்புதூர், ஆக. 12: மாகாண்யம் கிராமத்தில் தனியார் கலை அறிவியல் கல்லூரி மாணவிகள் கலந்து கொள்ளும் நாட்டு நலப்பணித்திட்ட முகாம் கடந்த சனிக்கிழமை தொடங்கியது.

சென்னை மதுரவாயல் பகுதியில் டாக்டர் எம்ஜிஆர் ஜானகி மகளிர் கலை மற்றும் அறிவியல் கல்லூரி செயல்பட்டு வருகிறது. இக் கல்லூரி மாணவிகள் கலந்து கொள்ளும் நாட்டு நலப்பணித் திட்ட முகாம், காஞ்சிபுரம் மாவட்டம், ஸ்ரீபெரும்புதூர் ஒன்றியம் மாகாண்யம் கிராமத்தில் ஏழு நாட்களுக்கு நடைபெற உள்ளது. இந்த முகாமின் தொடக்க நிகழ்ச்சி மாகாண்யம் அரசுப் பள்ளி வளாகத்தில் கடந்த சனிக்கிழமை நடைபெற்றது. கல்லூரியின் நாட்டு நலப்பணித் திட்ட ஒருங்கிணைப்பாளர் பானுரேகா தலைமையில் நடைபெற்ற இந்த நிகழ்ச்சியில் ஸ்ரீபெரும்புதூர் வட்டார வளர்ச்சி அலுவலர்கள் சீதா.சீனிவாசன், வசுமதி ஆகியோர் முகாமைத் தொடங்கிவைத்து உரையாற்றினர். இதில் தூய்மை இந்தியா திட்ட ஒருங்கிணைப்பாளர் யுவராஜ், கல்லூரி மாணவிகள் கலந்து கொண்டனர்.

முகாமில் கலந்து கொண்ட மாணவிகள், குழந்தைத் தொழிலாளர் முறையை ஒழிப்பது குறித்து பொதுமக்களிடையே விழிப்புணர்வு ஏற்படுத்த கிராமப்பகுதியில் பேரணி செல்ல உள்ளனர். மேலும், புற்றுநோய் குறித்தும், தனிநபர் இல்லக் கழிப்பறையின் பயன்பாடு குறித்தும் பொதுமக்களுக்கு விழிப்புணர்வை ஏற்படுத்த உள்ளனர். அதே போல் கிராமப்பகுதிகளில் மரக்கன்றுகள் நடவும், ரத்த தான முகாம், மருத்துவ முகாம் நடத்தவும் திட்டமிட்டுள்ளனர்.







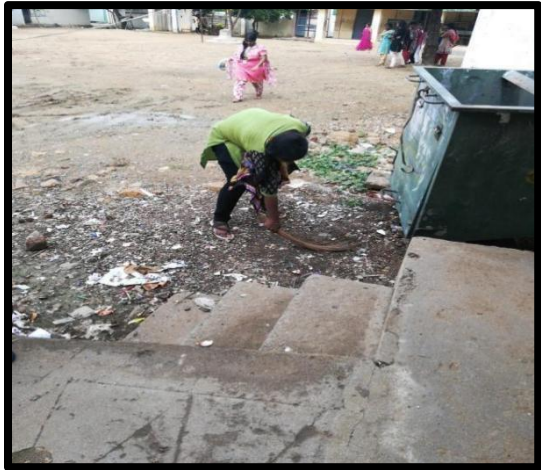


## DAY-2









**DAY-3**







DAY-4







DAY-5













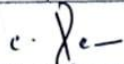


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<b>Academic Year:</b>	2018-2019	<b>Date :</b>	30.12.2018

### RD Camp for the NSS Volunteers

Government of India is conducting the **RD Camp for the NSS Volunteers** every year. This year our student **Ms.K.Sangeetha** of III B.Sc Biochemistry is attending the camp to be scheduled from 1<sup>st</sup> Jan 2019 to 31<sup>st</sup> Jan 2019.



S. No	Department	Signature	
		Shift I	Shift II
1	B. Sc Biochemistry	M. By	
2	B. Sc Microbiology	P. Sun	Maha
3	B. Sc Mathematics	D. S	
4	B. Sc Psychology	M. S	-
5	B. Sc Computer Science		
6	B. Sc Visual Communication	R.V. Indhu	
7	BCA	Naga	
8	BBA		for A. S
9	B. Com (General)	for E. M. S	for S. Divya
10	B. Com (CS)		for S. S
11	B. Com (A&F)		for S. S
12	B. Com (BM)		R. S
13	B.A English		
14	B.A Natya	for P. S	-

  
 NSS CO-ORDINATOR  
 C. Banu Rekha  
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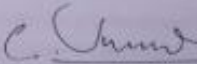
  
 PRINCIPAL



1. IQAC Cell
2. Principal's Office
3. All the Departments

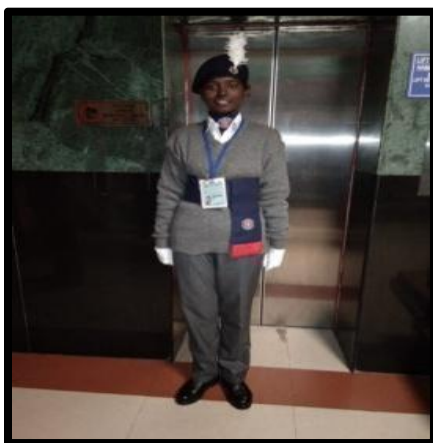


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<b>Document ID:</b>	<b>MJC/NSS/2018-2019/11</b>	<b>Document Name:</b>	<b>Prog Schedule</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>01.01.2019</b>

<b>NSS REPUBLIC DAYPARADE CAMP-2019</b> <b>Venue: International Youth Hostel, New Delhi</b> <b>Date: 1<sup>st</sup> to 31<sup>st</sup> January 2019</b> <b><u>Day Schedule</u></b>		
Sl.No.	Time	Activity
1	06-00	Prabhat Pheri
2	06-30 to 07-30	Roll Call, Yoga, PT, Thought of the Day & NSS Song
3	07-30 to 08-30	Breakfast
4	08-30 to 09-00	Time for boarding buses
5	09-00 to 12-30	Parade Practice
6	12-30 to 14-00	Lunch/Personal time
7	14-00 to 15-30	Academic Session
8	15-30 to 17-00	Parade Practice
9	17-00 to 17-30	Tea Break
10	17-30 to 18-30	Free time & Cultural Practice
11	18-30 to 20-30	Cultural Programme
12	21-00 to 21-30	Dinner
13	21-30 to 22-00	Contingent Leaders and Volunteers Meeting time
14	22-00	Lights Off

  
 Camp Director, RDC 2019

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence"		<b>NATIONAL SERVICE SCHEME</b> 	
<b>Document ID:</b>	<b>MJC/NSS/2018-2019/11</b>	<b>Document Name:</b>	<b>Photos</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>01.01.2019</b>



**K.SANGEETHA PRIYA**  
**III B.Sc BIOCHEMISTRY**  
**NSS VOLUNTEER**













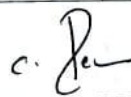


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<b>Document ID:</b>	<b>MJC/NSS/2018-2019/12</b>	<b>Document Name:</b>	<b>Circular</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>17.01.2019</b>

### National Integration Camp for NSS Volunteers

The Government of India is conducting the National intergration camp for the NSS volunteers every year .This year our student Ms.S.Prethisiya of II B.Sc Microbiology is attending the camp scheduled from 18<sup>th</sup> Jan 2019 to 24<sup>th</sup> Jan 2019.



S. No	Department	Signature	
		Shift I	Shift II
1	B. Sc Biochemistry	M. R. K.	-
2	B. Sc Microbiology	P. Sun	Mahesh
3	B. Sc Mathematics	D. J. K.	D.
4	B. Sc Psychology	for M. R. K.	-
5	B. Sc Computer Science	for M. R. K.	-
6	B. Sc Visual Communication	R. V. D. K.	-
7	BCA	for M. R. K.	-
8	BBA	for M. R. K.	for M. R. K.
9	B. Com (General)	for M. R. K.	for S. D. K.
10	B. Com (CS)	for M. R. K.	for M. R. K.
11	B. Com (A&F)	for M. R. K.	for M. R. K.
12	B. Com (BM)	for M. R. K.	for M. R. K.
13	B.A English	for M. R. K.	for M. R. K.
14	B.A Natya	for M. R. K.	-

  
 NSS CO-ORDINATOR  
 C.C. Banu Rekha  
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3. All the Departments





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<b>Document ID:</b>	<b>MJC/NSS/2018-2019/12</b>	<b>Document Name:</b>	<b>List of Participants</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>17.01.2019</b>

**“The best way to find yourself is to lose yourself in the service”** of other powerful words said by **Mahatma Gandhi**. As an example to this use NSS team from Tamilnadu went to Varanasi, Uttar Pradesh for participating in the 15 PBD and National Integration Camp from 18/01/2019 to 24/01/2019 held at Banaras Hindu University. Mr. V. Saravana Sundar **the NSS Program officer of Hindustan College Of Arts & Science, selected as Tamil Nadu contingent leader.**

The following students are selected for the above National camp

S.NO	NAME	INSTITUTE	COURSE	UNIVERITY
1.	THARUN KUMAR.P	THE NEW COLLEGE	III B.SC (Zoology)	UNIVERSITY OF MADRAS
2.	HARISH.T	HINDUSTAN COLLEGE OF ARTS & SCIENCE	III B.SC (Microbiology)	UNIVERSITY OF MADRAS
3	RAJ KUMAR .R.P.S	THIRUTHANGAL NADAR COLLEGE	III B.COM(CA)	UNIVERSITY OF MADRAS
4.	SAKTHIVEL.S	KANDASWAMI NAIDU COLLEGE	II B.COM	UNIVERSITY OF MADRAS
5.	JITHU.B	ANNAI THERESA COLLEGE OF ARTS & SCIENCE	II BCA	UNIVERSITY OF MADRAS
6.	RANJINI .P	VEL TECH RANGA SANKU ARTS & SCIENCE COLLEGE	III BBA	UNIVERSITY OF MADRAS
7.	DHARSHINI .G.K	SSS JAIN COLLEGE FOR WOMEN	III B.SC (Maths)	UNIVERSITY OF MADRAS
8.	PRETHESHYA.S	DR. MGR JANAKI COLLEGE FOR WOMEN	II B.SC (Microbiology)	UNIVERSITY OF MADRAS

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence"		<b>NATIONAL SERVICE SCHEME</b> 	
<b>Document ID:</b>	<b>MJC/NSS/2022-2023/12</b>	<b>Document Name:</b>	<b>Report</b>
<b>Academic Year:</b>	<b>2018—2019</b>	<b>Date :</b>	<b>18.01.2019</b>

Event : **National Integration Camp for NSS Volunteers**

Organiser : Govt of India

Name of the Activity : **National Integration Camp**

Resource Person : State Officer, NSS-TN

Date : 1Month (18.01.1019- 24.01.2019)

Venue : Varanasi,India

Mode : Offline

Beneficiaries : NSS Volunteer

Number of Volunteers : 01

Summary :

Our team started the Journey on 15/01/2019 at 7.00 am from Chennai Egmore to Pt.DDU junction team reached on 16<sup>th</sup> night 10.00pm.We took an auto from DDU to BHU.

#### **DAY: 1- 18/01/2019**

**Mr. CHINTAPALLI K SUDHAKAR** – Regional coordinator, NSS, Yanam region and the following students from Dr. B.R. AMBEDKAR POLYTECHNIC COLLEGE joined with our Chennai Region Team to represent Tamil Nadu.

<b>S.NO</b>	<b>NAME</b>
1	POLISSETTY SAIRAM
2	PEMMADA D.KAASI SAI SANTHOSHA ANUDEEP
3	PAPPU PURNA SRI VEERA VENKATA RAVALI
4	GALI SHARON

We started the camp with the NSS Song, trained by Rahul Sharma , the National Camp coordinator. Education / Motivational session at 2.30 pm was conducted by Dr.Sudhir kumar on the topic “Self confidence”. He briefed us on how to build self confidence, the ways to boost self confidence and about self-esteem. The session ended by 4.00 pm. In the evening all the states had a cultural performance from 5.30 pm to 7.30 pm. Our state Tamilnadu performed Bharatham , Silambam and Karakam.

#### **DAY: 2- 19/01/2019**

The day started with roll call at 7.30 am and continued by yoga, meditation ,exercise etc At 9.30 am “Shramdan” activities started and we were assigned for the dining team. The inauguration session was cheerful and enthusiastic by Prof . Rakesh Bhatnagar , V.C of B.H.U followed by the educational session by Prof. Chandrakala Tripath at 2.30 pm on the topic Women empowerment and time management and the session was ended by 4.00 pm. In the evening Dr.Ramesh Chandra , the chief guest for the culture started the event , where three of the states performed their cultural .

#### **DAY: 3 – 20/01/2019**

The day began with morning yoga , warm up, exercise and roll call. At 9.30 am “Shramdan” activities we were given cleaning work . our work is to clean outside the auditorium. At 2.30 pm we had a motivational session on personality development, setting goals, positive & negative thinking, career development and much more by Dr.Anshu srimali . Later in the evening four of the states performed the cultural from 6.00 pm to 4.30 am. The chief guest for the event was Honourable Secretary minister of youth affairs and sports Dr. Upama Chaudarey and Dr. Thaulang.

#### **DAY: 4- 21/01/2019**

At 8.00 am we left the B.H.U to attend the 15<sup>th</sup> Pravasi Bhartiya Divas ,Varanasi by bus .At 10.00 am we reached Youth Pravasi Bhartiya Divas , Varanasi ,Uttar Pradesh **“ROLE OF INDIAN DIASPORA IN BUILDING A NEW INDIA”**. Col.Rajya Vardhan Singh retired (Minister of state independent charge ) Ministry of youth affairs and sports , Government of India . Yogi adgati (Chief Minister of Uttar Pradesh ) Kanwajith Singh Bakshi (Member of parliament , Newzealand). They explained about the power of Youth, Smt. Sushma Swaraj (Minister of external affairs ) Government of India. Smt. Upama Chaudarey ( Secretary , Department of Youth affairs and sports , Government of India. Shri . Himash Gulat Member of parliament Norway.

#### **DAY:5 – 22/01/2019**

The day started with the roll call at 7.00 am and continued by Yoga and Exercise. At 9.00 am we went for a rally in Banaras Hindu University camp and went to Sriram temple which was inside

the camp side. Then we moved on for our cultural performance, so we had a practice session from 2.00 pm to 5.00 pm. Later at 6.00 pm the Cultural had been started, four states were selected to perform the cultural before the chief guest Mr. Sandip Singh State Minister, Higher education. We performed Silambam, Karakam, Puliyattam, Oyillatam, classical-dance, kolattam and received standing ovation from the audience.

#### **DAY : 6 – 23/01/2019**

At 8 am we started by bus to visit various places in Uttar Pradesh. We went to Sarnath Temple and Fort. We had a great time with everyone. In the evening the rest of the state performed the cultural. We saw many varieties and it was a treat for our eyes. Then the valedictory sessions happened and the national certificates and Memento for Contingent leader was provided to our NSS programme officer Mr. Saravana Sundar.

#### **DAY : 7 – 24/01/2019**

At 9.00am we had a meeting with Mr. Rahul Sharma and the remaining states which are left out for the performance their Cultural had performed. We all sang the NSS song and celebrated the final moments in the camp. At 10.00pm we left the Banaras Hindu University campus and arrived at Pt. DDU junction at 10.45pm and we started our journey to Chennai central at 11.25



# Dr. MGR-JANAKI

College of Arts and Science for Women  
"Excellence Through Diligence"




## NATIONAL SERVICE SCHEME



Document ID:	MJC/NSS/2018-2019/12	Document Name:	Free Report
Academic Year:	2018-2019	Date :	24.01.2019





 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence"		<b>NATIONAL SERVICE SCHEME</b>	
<b>Document ID:</b>	<b>MJC/NSS/2018-2019/12</b>	<b>Document Name:</b>	<b>Photos</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>18.01.2019</b>

## DAY 1



## DAY 2





**DAY- 3**

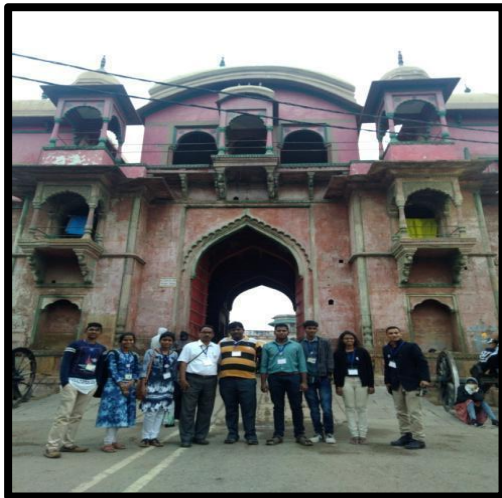


**DAY-4**





**DAY -5**





DAY -6












 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/01</b>	<b>Document Name:</b>	<b>Circular</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>11.07.2018</b>

The Rotaract Club of Dr. MGR Janaki College of Arts and Science for Women is organising the **"Orientation Programme"** on 11<sup>th</sup> July 2018 from 10.00 A.M. to 1.30 P.M. at Seminar Hall 1. Rtn. Bharath Kumar Venkatesan will preside over the function. All are Rotaract students are requested to participate.



  
 ROTARACT ADVISOR

  
 PRINCIPAL



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/01</b>	<b>Document Name:</b>	<b>Invitation</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>11.07.2018</b>







 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/01</b>	<b>Document Name:</b>	<b>Profile of Speakers</b>
<b>Academic Year:</b>	2018-2019	<b>Date:</b>	11.07.2018

Rtn. Bharath joined Rotary in 2016 an active Rotarian (Paul Harris Fellow) and been as secretary for the Club during the year 2020-21 and won Best secretary award, Youth Service Director for the year 2022-23. Have participated in WASH in Schools project, End Polio, PMF Committee

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/01</b>	<b>Document Name:</b>	<b>List of Students</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>17.07.2018</b>

S.NO	Name of the Volunteer	Class	Unit
1	JEEVITHA KV	II Year	I
2	N.DEEPIKA	II Year	I
3	BLESSY	II Year	I
4	E.RUPASRI	II Year	I
5	P.SANGEETHA BAI	II Year	I
6	SAKTHI.V	II Year	I
7	KEERTHIGA.M	II Year	I
8	BHARATHI.M	II Year	I
9	AARTHI G	II Year	I
10	PAVADHARANI AT	II Year	I
11	DHANALAKSHMI. P	II Year	I
12	TAMILSELVI. V	II Year	I
13	VAISHNAVI. M	II Year	I
14	PAVITHRA. P	II Year	I
15	ALNISHA. S	II Year	I
16	JEEVITHA T G	II Year	I
17	MONIKA E J	II Year	I
18	RETHIKA E	II Year	I

19	SWETHA V	II Year	I
20	JAMUNA S	II Year	I
21	YASHINI PRIYA R	II Year	I
22	KEERTHANA G	II Year	I
23	THANGADHARSHINI	II Year	2
24	REEMA	II Year	2
25	DHANYA	II Year	2
26	K.SUJATHA	II Year	2
27	AKSHAYA.B	II Year	2
28	AFRIN FATHIMA.S	II Year	2
29	ARCHANA.R	II Year	2
30	NISHANTHI.S	II Year	2

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence" 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/01</b>	<b>Document Name:</b>	<b>MC</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>11.07.2018</b>

### Welcome Address

It is privileged to introduce our resource person Rtn.Bharath. Now, I request Rtn.Bharath to deliver a brief speech.



Thank you sir for an incredible session.

### Vote of thanks

I deem it a great honour & privilege to propose the vote of thanks on this memorable occasion. Let me first of all start by giving glory to the almighty God for making today's occasion, a resounding Success. I wholeheartedly thank our resource person Rtn Bharath sir for his wonderful brief talk about rotaract .His ideas and thoughts are very useful for our future Rotarians.Thank you so much sir for coming and share your experience with us.

This vote of thanks would be largely incomplete without expressing my gratitude, I would like to thank our correspondent Dr. Latha Rajendren, Chairman Dr. Kumar Rajendren. Principal Dr. R Manimekalai, Vice principal Dr. Lakshmi Balaji, Dean of academics Dr. Shanthi Lakshmi, Dean of Students Dr. Abitha Sababathy , Programme officers and faculties of our college who have Provided us with valuable support to conduct this session. Last but not the least, I thank our beloved Volunteers for making this yoga Session as a grand success. Once again, I thank you all.





 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence" 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/01</b>	<b>Document Name:</b>	<b>Report</b>
<b>Academic Year:</b>	2018-2019	<b>Date:</b>	11.07.2018



Event : Orientation  
Organiser : Rotaract club  
Name of the Activity : Club Orientation  
Professional service Resource Person : Rtn.Bharath  
Date : 11.07.2018  
Time : 10.00 a.m to 1.30 p.m  
Venue : Seminar Hall 1  
Mode : Offline  
Beneficiaries : All Rotaracts  
Number of Volunteers : 30

Summary :

An orientation program was conducted to enlighten our students with the knowledge of Rotaract. We had speaker Rtn. Bharath Kumar Venkatesan.

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence" 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/01</b>	<b>Document Name:</b>	<b>Photos</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>11.07.2018</b>



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/02</b>	<b>Document Name:</b>	<b>Circular</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>17.07.2018</b>

The Rotaract Club of Dr. MGR Janaki College of Arts and Science for Women is organising the **"Installation Ceremony"** on 19<sup>th</sup> July 2018 from 10.00 A.M. to 1.30 P.M. at MGR Arangam. Rtn. Suresh will preside over the function. All are Rotaract students are requested to participate.



  
 ROTARACT ADVISOR

  
 PRINCIPAL



COPY TO:

S. No	Department	Signature	
		Shift 1	Shift 2
1	B. Sc Biochemistry	M. Raj	-
2	B. Sc Microbiology		S. Prath
3	B. Sc Mathematics	V. Lavany	-
4	B. Sc Psychology	FOR: Prathum	-
5	B. Sc Computer Science	Dr. Arav	Dr. Arav
6	B. Sc Visual Communication	R. V. Indumathi	-
7	BCA	for P. Arav	Dr. Arav
8	BBA		
9	B. Com (General)	E. N. Arav	G. Arav
10	B. Com (CS)	for S. Arav	Praveen
11	B. Com (A&F)	for S. Arav	D. Arav
12	B. Com (BM)	-	Praveen
13	B.A English	H	Arav
14	B.A Natya	Arav	-
15	B.A Tamil	Arav	Arav



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/02</b>	<b>Document Name:</b>	<b>Invitation</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>19.07.2018</b>





 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/02</b>	<b>Document Name:</b>	<b>Profile of Speakers</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>19.07.2018</b>

Rt. Suresh was born in 1979 and MBA Grad and an Entrepreneur having his own property development company based in Chennai, his total work & biz experience with over 23 years with various industries which includes Property Development, NBFC, Media and IT Education , been in Marketing & Sales domain and been part of the management team with Chennai based property developer. Worked for major brands like GE Money, Tata AIG, Times Group & BBCL(Chennai Based Developer) .Since 2016 he is on his own and have floated a Real Estate Development Company URBANDO (A New Age Property Developer) developed various residential projects in Chennai. Currently Urbando is developing over 2 Lakh Sq.ft of Residential Properties across Chennai location(s) . Was a Scout Member during schooling days attended many Camps, Trekking programs also participated in various service programs .Been an Under Officer in NCC Army wing during college days and passed 'C' Certificate exam and his ambition was to join armed forces.

Rtn. Bharath joined Rotary in 2016 an active Rotarian(Paul Harris Fellow) and been as secretary for the Club during the year 2020-21 and won Best secretary award , Youth Service Director for the year 2022-23. Have participated in WASH in Schools project , End Polio , PMF Committee

Rtn. Priya C.M his spouse an MBA Grad, currently working with Japanese based Brand & Product Strategy Company called Dentsu Aegis Network, as Associate Vice President. Daughter Tarunika, age 17 years doing her IB Diploma 12th Grade at Chinmaya International Residential School,



Coimbatore. Tarunika is a vivid dancer she learned her hip-pop style at Swingers and she is a Shuttle & Foot Ball Player too

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
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<b>Academic Year:</b>	2018-2019	<b>Date:</b>	19.07.2018

S.NO	Name of the Volunteer	Class	Unit	UNIT
1	RAMYA A	II Year	I	
2	DEEPIKA ROY M	II Year	I	
3	BLESSY G	II Year	I	
4	RUPAVARSHINI R	II Year	I	
5	P.SANGEETHA	II Year	I	
6	SAKTHISRI L	II Year	I	
7	KEERTHI P	II Year	I	
8	BHARATHI.M	II Year	I	
9	ROHINI T	II Year	I	
10	PAVANI J	II Year	I	
11	DHANALAKSHMI. P	II Year	I	
12	TAMIL R	II Year	I	
13	VAISHALI H	II Year	I	
14	PAVITHRA. R	II Year	I	
15	ANISHA. S	II Year	I	
16	MONISHA H K	II Year	I	
17	MONIKA S	II Year	I	



18	RITHIKA S	II Year	I
19	SWETHA D	II Year	I
20	YAMUNA S	II Year	I

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/02</b>	<b>Document Name:</b>	<b>MC</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>19.07.2018</b>

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This vote of thanks would be largely incomplete without expressing my gratitude, I would like to thank our correspondent Dr. Latha Rajendren, Chairman Dr. Kumar Rajendren. Principal Dr. R Manimekalai, Vice principal Dr. Lakshmi Balaji, Dean of academics Dr. Shanthi Lakshmi, Dean of Students Dr. Abitha Sababathy , Programme officers and faculties of our college who have Provided us with valuable support to conduct this session. Last but not the least, I thank our beloved Volunteers for making this yoga Session as a grand success. Once again, I thank you all.

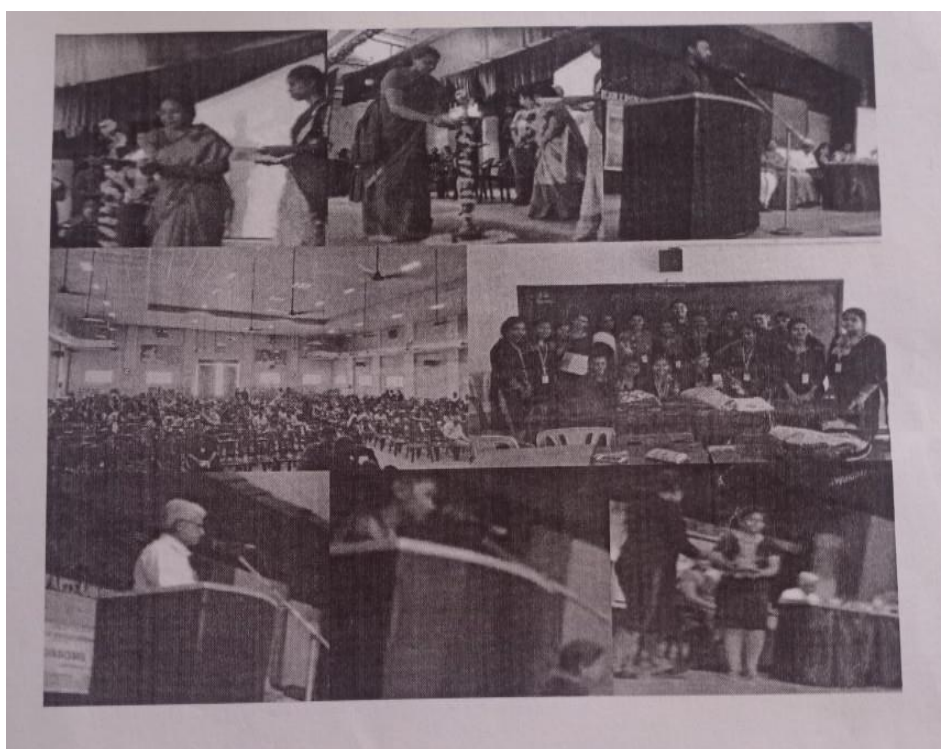
 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/02</b>	<b>Document Name:</b>	<b>Report</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>19.07.2018</b>

Event : Installation  
 Organiser : Rotaract club  
 Name of the Activity : Installation Ceremony  
 Professional service Resource Person : Rtn.Suresh  
 Date : 19.07.2018  
 Time : 10.00 a.m to 1.30 p.m  
 Venue : Auditorium  
 Mode : Offline  
 Beneficiaries : All Rotaracts  
 Number of Volunteers : 20



Summary :

The installation of the club and the new set of board officials took place. Rtn Suresh was the guest of honour. We also had our correspondent and vice principal to kick start the new beginning.

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <i>"Excellence Through Diligence"</i> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/02</b>	<b>Document Name:</b>	<b>Photos</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>19.07.2018</b>





 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/03</b>	<b>Document Name:</b>	<b>Circular</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>06.07.2018</b>



The Rotaract Club of Dr. MGR Janaki College of Arts and Science for Women is organising the **"Event- Post Office"** on 06<sup>th</sup> July 2018 from 02.00 P.M. to 4.00 P.M. at Adyar Signal. Rotaract Advisor Ms. Lakshmi Priya, Assistant Professor Department of Microbiology and Ms. Kalpana, Assistant Professor Department of Tamil will accompany the students. All are Rotaract students are requested to participate.

  
 ROTARACT ADVISOR

  
 PRINCIPAL

COPY TO:

S. No	Department	Signature	
		Shift1	Shift2
1	B. Sc Biochemistry	M. Raj	—
2	B. Sc Microbiology	—	S. Puth
3	B. Sc Mathematics	V. Laxmy	—
4	B. Sc Psychology	For: Prathum	—
5	B. Sc Computer Science	Dr. Arav	Dr. Arav
6	B. Sc Visual Communication	R. V. Indumathi	—
7	BCA	for: P. Arav	Dr. Arav
8	BBA	—	—
9	B. Com (General)	E. Muthu	G. Arav
10	B. Com (CS)	for: S. Arav	Pranav
11	B. Com (A&F)	for: Arav	D. Arav
12	B. Com (BM)	—	Pranav
13	B.A English	H	Arav
14	B.A Natya	Arav	—
15	B.A Tamil	Arav	Arav

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/03</b>	<b>Document Name:</b>	<b>Invitation</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>06.07.2018</b>



ROTARACT CLUB OF DR. JANAKI COLLEGE OF ARTS AND SCIENCE For WOMEN  
 SPONSORED BY ROTARY CLUB OF MADRAS COROMANDEL  
 RID 3232

*Post  
Office*

*2..00 pm-4..00pm*

Adyar signal



JULY | 06 | FRI

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/03</b>	<b>Document Name:</b>	<b>List of Students</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>06.07.2018</b>

S.NO	Name of the Volunteer	Class	Unit
1	MONICA R	II Year	I
2	YAMINI K	II Year	I
3	SANDHYA S	II Year	I
4	DURGA SRI S	II Year	I
5	HEMA S	II Year	I
6	NITHYA K	II Year	I
7	PRIYA D	II Year	I
8	ANGEL M	II Year	I
9	KIRTHIKA D	II Year	I
10	GAYATHRI L	II Year	I
11	DANYA B	II Year	I
12	SHIVANI S	II Year	I
13	KRISHA S	II Year	I
14	VISHNU PRIYA N	II Year	I
15	AYSHA S	II Year	I
16	DIVYA I	II Year	I
17	HARINI S	II Year	I
18	RAMYA D	II Year	I





19	DEEPTHI S	II Year	I
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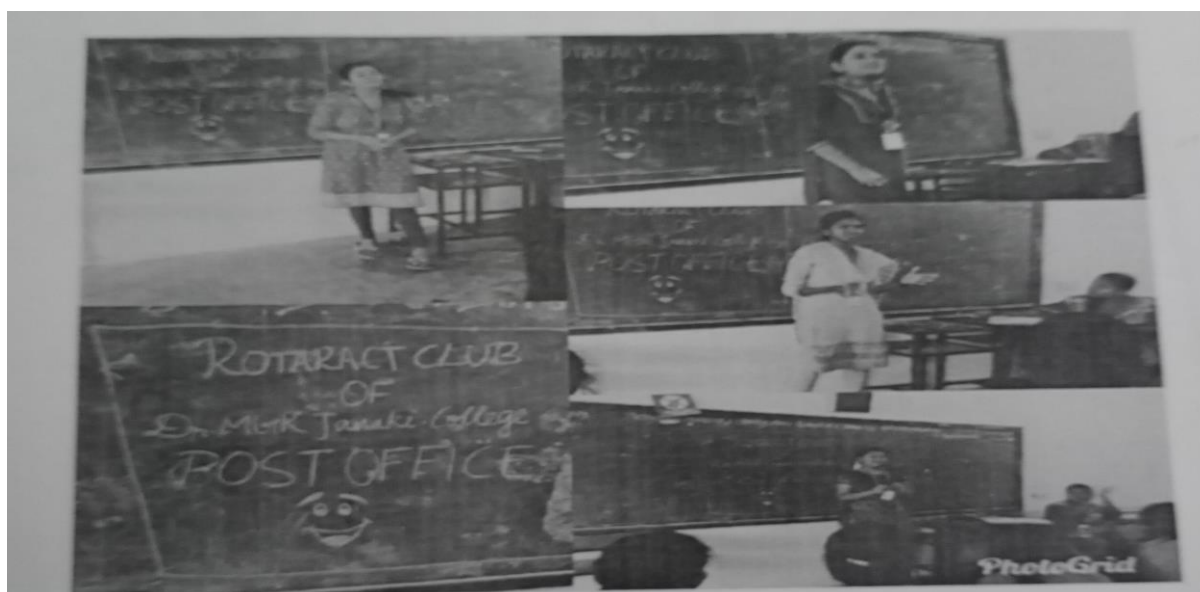
 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/03</b>	<b>Document Name:</b>	<b>Report</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>06.07.2018</b>



Event : Club Service  
 Organiser : Rotaract club  
 Name of the Activity : Post Office  
 Date : 06.07.2018  
 Time : 02.00 p.m to 4.00 p.m  
 Venue : Adyar Signal  
 Mode : Offline  
 Beneficiaries : All Board Officials  
 Number of Volunteers : 10

Summary :

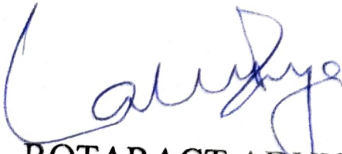
A project done to know the board official members well and interact on general topics. They gain the knowledge about general topics.

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/03</b>	<b>Document Name:</b>	<b>Photos</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>06.07.2018</b>



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/04</b>	<b>Document Name:</b>	<b>Circular</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>08.08.2018</b>

The Rotaract Club of Dr. MGR Janaki College of Arts and Science for Women is organising the **"Warm Hearts"** on 08<sup>th</sup> August 2018 from 04.00 P.M. to 05.00 P.M. at Kapaleeswar Temple. Rotaract Advisor Ms. Lakshmi Priya, Assistant Professor Department of Microbiology and Ms. Kalpana, Assistant Professor Department of Tamil will accompany the students. All are Rotaract students are requested to participate.



  
 ROTARACT ADVISOR

  
 PRINCIPAL

COPY TO:



S. No	Department	Signature	
		Shift 1	Shift 2
1	B. Sc Biochemistry	M. Raj	-
2	B. Sc Microbiology		S. Prath
3	B. Sc Mathematics	V. Lavanya	-
4	B. Sc Psychology	For: Prathum	-
5	B. Sc Computer Science	Dr. Prath	Dr. Prath
6	B. Sc Visual Communication	R.V. Indumathi	-
7	BCA	for: P. Prath	Dr. Prath
8	BBA		
9	B. Com (General)	E. Prath	G. Prath
10	B. Com (CS)	for: Prath	Prath
11	B. Com (A&F)	for: Prath	D. Prath
12	B. Com (BM)	-	Prath
13	B.A English	H	Prath
14	B.A Natya	Prath	-
15	B.A Tamil	Prath	Prath





 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/04</b>	<b>Document Name:</b>	<b>Invitation</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>08.08.2018</b>

ROTARACT CLUB OF DR. JANAKI COLLEGE OF ARTS AND SCIENCE For WOMEN  
 SPONSORED BY ROTARY CLUB OF MADRAS COROMANDEL  
 RID 3232





 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/04</b>	<b>Document Name:</b>	<b>List of Students</b>
<b>Academic Year:</b>	2018-2019	<b>Date:</b>	08.08.2018

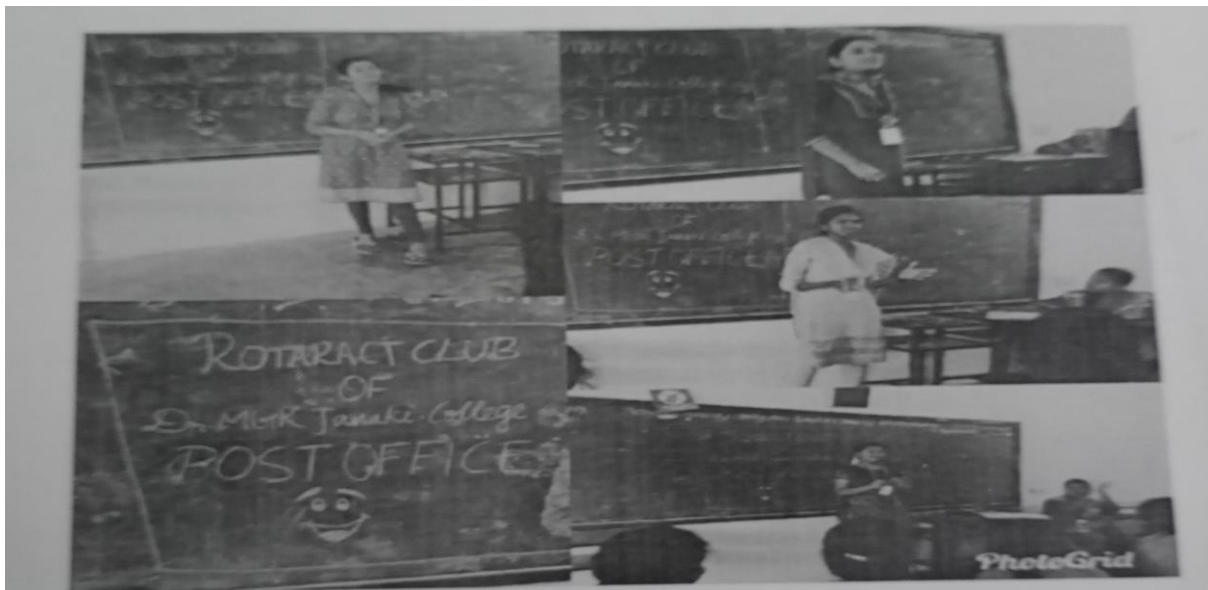
S.NO	Name of the Volunteer	Class	Unit
1	KANMANI G	II Year	I
2	PRICILA I	II Year	I
3	DIVYA P	II Year	I
4	NANDHINI K	II Year	I
5	JENIFER R	II Year	I
6	CHARU M	II Year	I
7	ISHWARIYA S	II Year	I
8	PRIYANKA M	II Year	I
9	JAYA D	II Year	I
10	RACEENA S	II Year	I



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/04</b>	<b>Document Name:</b>	<b>Report</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>08.08.2018</b>

Event : Club Service  
 Organiser : Rotaract club  
 Name of the Activity : Warm Hearts  
 Date : 08.08.2018  
 Time : 04.00 p.m to 05.00 p.m  
 Venue : Kapaleeswar Temple  
 Mode : Offline  
 Beneficiaries : Road Side people  
 Number of Volunteers : 10  
 Summary :


A project done to serve the poor outside people of the temple with food

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence" 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/04</b>	<b>Document Name:</b>	<b>Photos</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>08.08.2018</b>



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/05</b>	<b>Document Name:</b>	<b>Circular</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>09.09.2018</b>

The Rotaract Club of Dr. MGR Janaki College of Arts and Science for Women is organising the **"Gadgets and Gizmos"** on 09<sup>th</sup> September 2018 from 04.00 P.M. to 05.00 P.M. at Government School Palavakkam. All are Rotaract students are requested to participate.



  
 ROTARACT ADVISOR

  
 PRINCIPAL



COPY TO:


S. No	Department	Signature	
		Shift1	Shift2
1	B. Sc Biochemistry	M. Jay	-
2	B. Sc Microbiology		S. P. H
3	B. Sc Mathematics	V. Lavanya	-
4	B. Sc Psychology	for: Prathima	-
5	B. Sc Computer Science	Dr. Arav	Dr. Arav
6	B. Sc Visual Communication	R. V. Indumathi	-
7	BCA	for, P. Arav	Dr. Arav
8	BBA		
9	B. Com (General)	S. Nishu	G. Arav
10	B. Com (CS)	for S. Arav	R. Arav
11	B. Com (A&F)	for S. Arav	D. Arav
12	B. Com (BM)	-	R. Arav
13	B.A English	H	Arav
14	B.A Natya	Arav	-
15	B.A Tamil	Arav	Arav

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/05</b>	<b>Document Name:</b>	<b>Invitation</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>09.09.2018</b>

ROTARACT CLUB OF DR. JANAKI COLLEGE OF ARTS AND SCIENCE For WOMEN

SPONSORED BY ROTARY CLUB OF MADRAS COROMANDEL



RID 3232





# Gadgets & Gizmos

9th july -2018  
4.00pm-5.00pm

At-Government school palavakam

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/05</b>	<b>Document Name:</b>	<b>List of Students</b>
<b>Academic Year:</b>	2018-2019	<b>Date:</b>	09.09.2018



S.NO	Name of the Volunteer	Class	Unit
1	SAI S	II Year	I
2	GIRIJA M	II Year	I
3	KAYAL J	II Year	I
4	SUNDARI M	II Year	I
5	RADHA K	II Year	I
6	SANGEETA S	II Year	I
7	ANANDHI A	II Year	I
8	SOWMIYA S	II Year	I
9	GUNAPRIYA K	II Year	I
10	KAVYA S	II Year	I
11	POORINI J	II Year	I
12	SHREYA N	II Year	I
13	NAFIZA S	II Year	I
14	DINKY P	II Year	I
15	ALIMA S	II Year	I

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/05</b>	<b>Document Name:</b>	<b>Report</b>
<b>Academic Year:</b>	2018-2019	<b>Date:</b>	09.09.2018

Event : Gadgets and Gizmos  
 Organiser : Rotaract club  
 Name of the Activity : Awareness Programme  
 Date : 09.09.2018  
 Time : 04.00 p.m to 05.00 p.m  
 Venue : Government School Palavakkam  
 Mode : Offline  
 Beneficiaries : School Students  
 Number of Volunteers : 15



Summary :

To create awareness among the students regarding the harmful effects of gadgets and to teach basics in computer

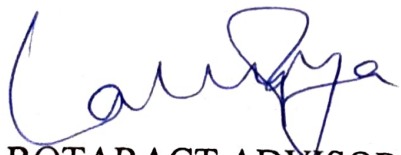
 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/05</b>	<b>Document Name:</b>	<b>Photos</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>09.09.2018</b>





 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	MJC/RAC/2018-2019/06	<b>Document Name:</b>	<b>Circular</b>
<b>Academic Year:</b>	2018-2019	<b>Date:</b>	26.08.2018



The Rotaract Club of Dr. MGR Janaki College of Arts and Science for Women is organising the “**Magudam**” on 26<sup>th</sup> August 2018 from 08.00 A.M. onwards at Chettinad Vidhyashram. All are Rotaract students are requested to participate.

  
 ROTARACT ADVISOR

  
 PRINCIPAL

COPY TO:

S. No	Department	Signature	
		Shift1	Shift2
1	B. Sc Biochemistry	M. Jay	—
2	B. Sc Microbiology		S. Pruthi
3	B. Sc Mathematics	V. Lavanya	—
4	B. Sc Psychology	For: Prathima	—
5	B. Sc Computer Science	Dr. Jay	Dr. Jay
6	B. Sc Visual Communication	R. V. Indumathi	—
7	BCA	for: P. Jay	Dr. Jay
8	BBA		
9	B. Com (General)	E. N. Jay	G. Jay
10	B. Com (CS)	for: S. Jay	Praveen Jay
11	B. Com (A&F)	for: Jay	D. Jay
12	B. Com (BM)	—	Praveen Jay
13	B.A English	H	Jay
14	B.A Natya	for: Jay	—
15	B.A Tamil	G. Jay	G. Jay

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/06</b>	<b>Document Name:</b>	<b>Invitation</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>26.08.2018</b>

**ROTARACT CLUB OF DR. JANAKI COLLEGE OF  
ARTS AND SCIENCE FOR WOMEN**



**SPONSORED BY ROTARY CLUB OF MADRAS  
COROMANDEL**

**RID 3232**



**MAGUDAM**



**26th-AUGUST-2018**  
**4.00pm-6.00pm**  
**Chettinadu vidyashram**

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/06</b>	<b>Document Name:</b>	<b>List of Students</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>26.08.2018</b>



S.NO	Name of the Volunteer	Class	Unit
1	ANISHA P	II Year	I
2	MADHUMITHA D	II Year	I
3	AYSHA N	II Year	I
4	HARINI S	II Year	I
5	KANISHMA F	II Year	I
6	SHIVANI S	II Year	I
7	SOUNDRAYA R	II Year	I
8	AFIYA A	II Year	I
9	ARIMA K	II Year	I
10	SAMANTHA D	II Year	I
11	PRIYANKA D	II Year	I
12	JASMINE D	II Year	I
13	GOWRI K	II Year	I
14	MALAR J	II Year	I
15	MOWTHIYA V	II Year	I
16	RAMYA S	II Year	I
17	PANIMALAR K	II Year	I

18	SRINITHA S	II Year	I
19	YAMUNA J	II Year	I
20	SHREE R	II Year	I
21	EZHILARASI G	II Year	I
22	SEMBARATHI G	II Year	I
23	MONA SHREE G	II Year	2
24	AMMU M	II Year	2
25	NITHYA K	II Year	2
26	DAYANA S	II Year	2
27	UMA R	II Year	2
28	MEENA S	II Year	2
29	MONISHA D	II Year	2
30	NIVETHA J	II Year	2





 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/06</b>	<b>Document Name:</b>	<b>Report</b>
<b>Academic Year:</b>	2018-2019	<b>Date:</b>	26.08.2018

Event : Magudam  
 Organiser : Rotaract club  
 Name of the Activity : District event  
 Date : 26.08.2018  
 Time : 08.00 A.M to 06.00 P.M.  
 Venue : Chettinad Vidhyashram  
 Mode : Offline  
 Beneficiaries : Board Officials  
 Number of Volunteers : 30  
 Summary :Magudam is a district assembly where all the Rotaractors were given briefing about rotaract and duties of each official. All the board members actively took part.

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence" 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/06</b>	<b>Document Name:</b>	<b>Photos</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>26.08.2018</b>



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	MJC/RAC/2018-2019/07	<b>Document Name:</b>	<b>Circular</b>
<b>Academic Year:</b>	2018-2019	<b>Date:</b>	26.12.2018



The Rotaract Club of Dr. MGR Janaki College of Arts and Science for Women is organising the **"Birthday Celebration"** on 30<sup>th</sup> December 2018 from 03.00 P.M. to 5.00 P.M. at Besant Nagar Beach. All are Rotaract students are requested to participate.

  
 ROTARACT ADVISOR

  
 PRINCIPAL

COPY TO:

S. No	Department	Signature	
		Shift 1	Shift 2
1	B. Sc Biochemistry	M. Raj	-
2	B. Sc Microbiology		S. Pruthi
3	B. Sc Mathematics	V. Laxmi	-
4	B. Sc Psychology	For: Prathima	-
5	B. Sc Computer Science	Dr. Arav	Dr. Arav
6	B. Sc Visual Communication	R.V. Indumathi	-
7	BCA	for P. Arav	Dr. Arav
8	BBA		
9	B. Com (General)	E. N. S. K.	G. Arav
10	B. Com (CS)	for S. Arav	Prathima
11	B. Com (A&F)	for S. Arav	D. Arav.
12	B. Com (BM)	-	Prathima
13	B.A English	H	Arav
14	B.A Natya	Arav	-
15	B.A Tamil	Arav	Arav.

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/07</b>	<b>Document Name:</b>	<b>Invitation</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>30.12.2018</b>

ROTARACT CLUB OF DR. JANAKI COLLEGE OF ARTS AND SCIENCE For WOMEN

SPONSORED BY ROTARY CLUB OF MADRAS COROMANDEL

RID 3232

# BIRTHDAY CELEBRATION

Birthday Party

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Saturday —03:00pm-.05.00pm

## 30 DEC, 2018



Besant Nagar Beach

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 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/07</b>	<b>Document Name:</b>	<b>List of Students</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>30.12.2018</b>



S.NO	Name of the Participants	Class	Unit
1	JEEVITHA KV	II Year	I
2	N.DEEPIKA	II Year	I
3	BLESSY	II Year	I
4	E.RUPASRI	II Year	I
5	P.SANGEETHA BAI	II Year	I
6	SAKTHI.V	II Year	I
7	KEERTHIGA.M	II Year	I
8	BHARATHI.M	II Year	I
9	AARTHI G	II Year	I
10	PAVADHARANI AT	II Year	I
11	DHANALAKSHMI. P	II Year	I
12	TAMILSELVI. V	II Year	I
13	VAISHNAVI. M	II Year	I
14	PAVITHRA. P	II Year	I
15	ALNISHA. S	II Year	I

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/07</b>	<b>Document Name:</b>	<b>Report</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>30.12.2018</b>

Event : Birthday Celebrations  
 Organiser : Rotaract club  
 Name of the Activity : Celebration event  
 Date : 30.12.2018  
 Time : 03.00 P.M. to 5.00 P.M  
 Venue : Besant Nagar Beach  
 Mode : Offline  
 Beneficiaries : Board Officials  
 Number of Volunteers : 30  
 Summary : On behalf of Rotaract club member birthday Rotaract board officials celebrated together.

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/07</b>	<b>Document Name:</b>	<b>Photos</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>30.12.2018</b>



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	MJC/RAC/2018-2019/08	<b>Document Name:</b>	<b>Circular</b>
<b>Academic Year:</b>	2018-2019	<b>Date:</b>	10.08.2018

The Rotaract Club of Dr. MGR Janaki College of Arts and Science for Women is organising the **"Friendship Day"** on 12th August 2018 from 01.00 P.M. to 03.00 P.M. at Monfort Sirahuhall. All are Rotaract students are requested to participate.



  
 ROTARACT ADVISOR

  
 PRINCIPAL

COPY TO:

S. No	Department	Signature	
		Shift 1	Shift 2
1	B. Sc Biochemistry	M. Raj	-
2	B. Sc Microbiology		S. Prath
3	B. Sc Mathematics	V. Laxmy	-
4	B. Sc Psychology	for: Prathm	-
5	B. Sc Computer Science	Dr. Arav	Dr. Arav
6	B. Sc Visual Communication	R. V. Indumathi	-
7	BCA	for: P. Arav	Dr. Arav
8	BBA		
9	B. Com (General)	E. Muthu	G. Arav
10	B. Com (CS)	for: S. Arav	Reneelof
11	B. Com (A&F)	for: Arav	D. Arav.
12	B. Com (BM)	-	R. Arav
13	B.A English	H	Arav
14	B.A Natya	for: Arav	-
15	B.A Tamil	Arav	Arav



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence" 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/08</b>	<b>Document Name:</b>	<b>Invitation</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>12.08.2018</b>

ROTARACT CLUB OF DR. JANAKI COLLEGE OF ARTS AND SCIENCE For WOMEN  
SPONSORED BY ROTARY CLUB OF MADRAS  
COROMANDEL  
RID-3232



# FRIENDSHIP DAY

12th-August 2018

1.00pm-3.00pm



Monfort siragugal



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/08</b>	<b>Document Name:</b>	<b>List of Students</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>12.08.2018</b>

1	JEEVITHA KV	II Year	I
2	N.DEEPIKA	II Year	I
3	BLESSY	II Year	I
4	E.RUPASRI	II Year	I
5	P.SANGEETHA BAI	II Year	I
6	SAKTHI.V	II Year	I
7	KEERTHIGA.M	II Year	I
8	BHARATHI.M	II Year	I
9	AARTHI G	II Year	I
10	PAVADHARANI AT	II Year	I
11	DHANALAKSHMI. P	II Year	I
12	TAMILSELVI. V	II Year	I
13	VAISHNAVI. M	II Year	I
14	PAVITHRA. P	II Year	I
15	ALNISHA. S	II Year	I
16	JEEVITHA T G	II Year	I
17	MONIKA E J	II Year	I
18	RETHIKA E	II Year	I
19	SWETHA V	II Year	I



20	JAMUNA S	II Year	I
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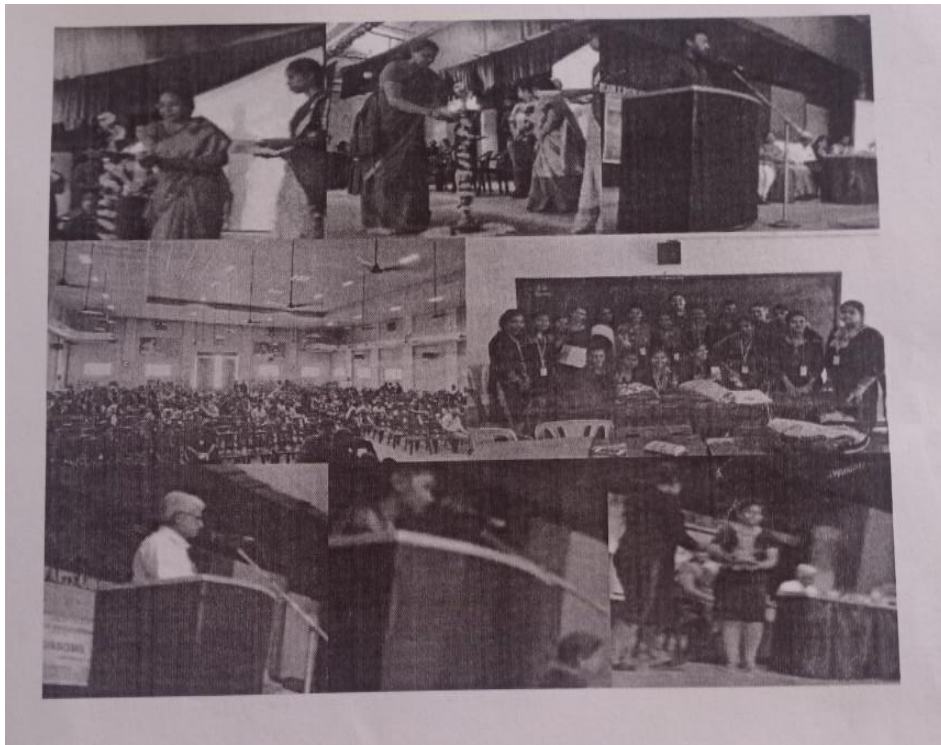
 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/08</b>	<b>Document Name:</b>	<b>Report</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>12.08.2018</b>

Event : Friendship Day  
 Organiser : Rotaract club  
 Name of the Activity : Celebration event  
 Date : 12.08.2018  
 Time : 01.00 P.M. to 03.00 P.M  
 Venue : Monfort Sirahuhall  
 Mode : Offline  
 Beneficiaries : College Students  
 Number of Volunteers : 20



Summary :

On account of friendship day we brought friendship bands for our friends had pot luck lunch and the Evening shift girls went to park to have some fun together.

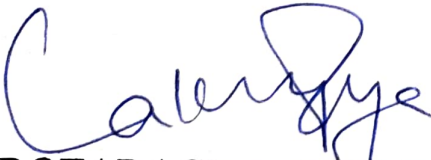
 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <i>"Excellence Through Diligence"</i> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/08</b>	<b>Document Name:</b>	<b>Photo</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>12.08.2018</b>





 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/09</b>	<b>Document Name:</b>	<b>Circular</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>07.08.2018</b>



The Rotaract Club of Dr. MGR Janaki College of Arts and Science for Women is organising the **"SAY NO TO PLASTICS"** on 09<sup>th</sup> August 2018 from 03.00 P.M. to 05.00 P.M. at Avvai Home Besant Nagar. All the Rotaract students are requested to participate.

  
 ROTARACT ADVISOR

  
 PRINCIPAL

COPY TO:

S. No	Department	Signature	
		Shift 1	Shift 2
1	B. Sc Biochemistry	M. Raj	E. P. H.
2	B. Sc Microbiology	V. Leung	-
3	B. Sc Mathematics	for: Prathm	-
4	B. Sc Psychology	Dr. Raj	Dr. Raj
5	B. Sc Computer Science	R. V. Indumathi	-
6	B. Sc Visual Communication	for: P. Q.	Dr. Raj
7	BCA		
8	BBA		
9	B. Com (General)	E. M. H.	G. S.
10	B. Com (CS)	for: S. D.	Praveen
11	B. Com (A&F)	for: H.	D. Quipa.
12	B. Com (BM)	-	Praveen
13	B.A English	H.	for
14	B.A Natya	for: Raj	-
15	B.A Tamil	for: Sel.	for: Sel.

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/09</b>	<b>Document Name:</b>	<b>Invitation</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>09.08.2018</b>

**Rotaract Club of Dr.MGR Janaki College of Arts and Sciences for Women**

**Sponsored by Rotary Club of Madras Coromandel**

**RID 3232**

**Group 6**





**09th August 2018**



**03pm - 05.pm**

**Avai Home, Besant Nagar**

***Say no to  
plastic***


 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/09</b>	<b>Document Name:</b>	<b>List of Students</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>09.08.2018</b>

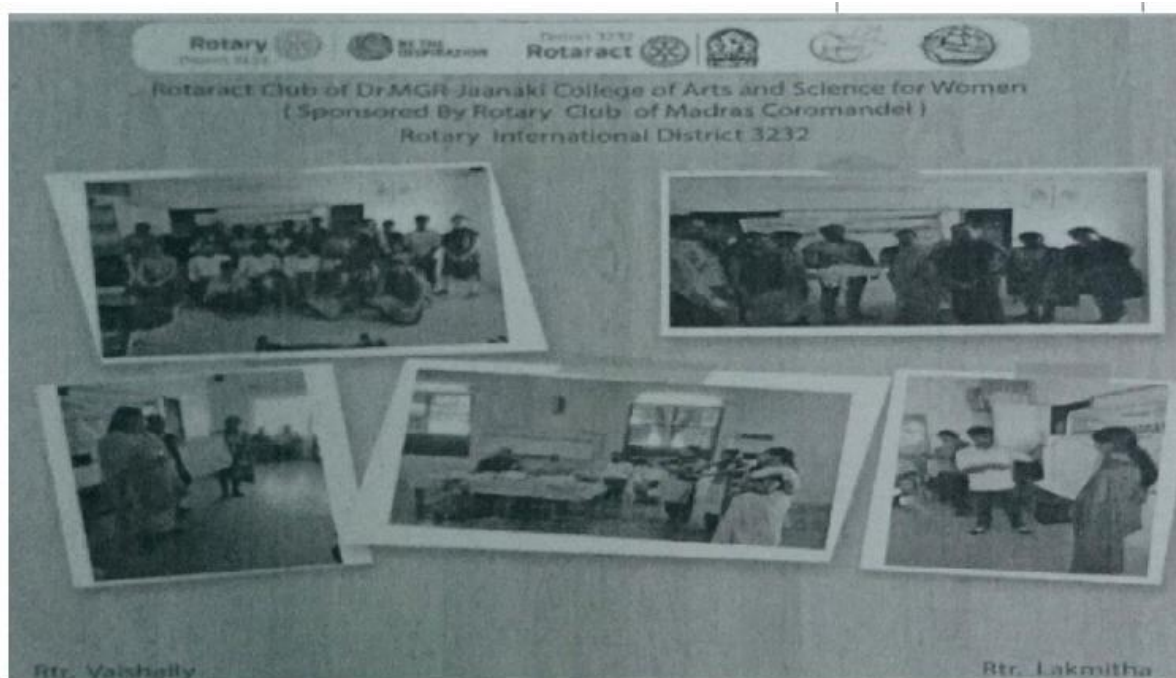
S.NO	Name of the Volunteer	Class	Unit
1	SAI S	II Year	I
2	GIRIJA M	II Year	I
3	KAYAL J	II Year	I
4	SUNDARI M	II Year	I
5	RADHA K	II Year	I
6	SANGEETA S	II Year	I
7	ANANDHI A	II Year	I
8	SOWMIYA S	II Year	I
9	GUNAPRIYA K	II Year	I
10	KAVYA S	II Year	I
11	POORINI J	II Year	I
12	SHREYA N	II Year	I
13	NAFIZA S	II Year	I
14	DINKY P	II Year	I
15	ALIMA S	II Year	I



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/09</b>	<b>Document Name:</b>	<b>Report</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>09.08.2018</b>

Event : Say No Plastic  
 Organiser : Rotaract club  
 Name of the Activity : Community Service  
 Date : 09.08.2018  
 Time : 03.00 p.m to 05.00 p.m  
 Venue : Avvai Home Besant Nagar  
 Mode : Offline  
 Beneficiaries : School Students  
 Number of Volunteers : 15  
 Summary : To create awareness among the students regarding the harmful effects of Plastic.

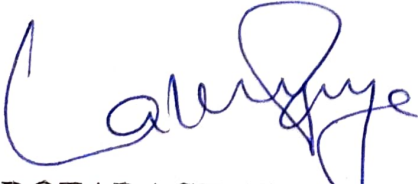


 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence"		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/09</b>	<b>Document Name:</b>	<b>Photos</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>09.08.2018</b>



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/10</b>	<b>Document Name:</b>	<b>Circular</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>14.08.2018</b>



The Rotaract Club of Dr. MGR Janaki College of Arts and Science for Women is organising the **"HISTORICAL DAY"** on 16<sup>th</sup> August 2018 from 04.00 P.M. to 05.00 P.M. at Luzz Church Mylapore. All the Rotaract students are requested to participate.

  
 ROTARACT ADVISOR

  
 PRINCIPAL

COPY TO:

S. No	Department	Signature	
		Shift1	Shift2
1	B. Sc Biochemistry	M. Raj	-
2	B. Sc Microbiology		S. P. H
3	B. Sc Mathematics	V. Laxmy	-
4	B. Sc Psychology	for: Prathima	-
5	B. Sc Computer Science	R. V. Indunata	-
6	B. Sc Visual Communication	for: P. @	-
7	BCA		
8	BBA		
9	B. Com (General)	E. M. H	G. H
10	B. Com (CS)	for: S. H	R. H
11	B. Com (A&F)	for: S. H	D. H
12	B. Com (BM)		R. H
13	B.A English	H	R. H
14	B.A Natya	for: S. H	-
15	B.A Tamil	G. H	G. H

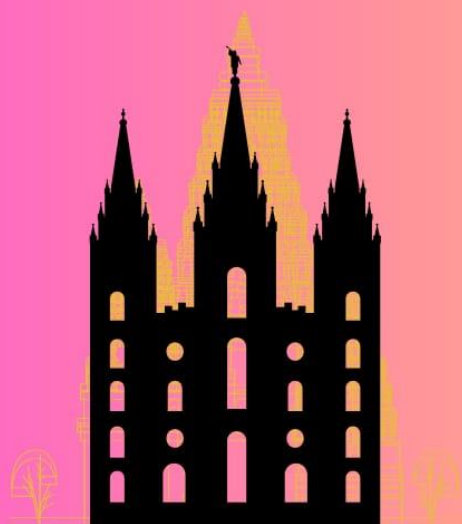
 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/10</b>	<b>Document Name:</b>	<b>Invitation</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>16.08.2018</b>

**Rotaract Club of Dr.MGR Janaki College of Arts and Sciences for Women**

**Sponsored by Rotary Club of Madras Coromandel**

**RID 3232**

**Group 6**





**16th August 2018**

**04.00pm - 05.00pm**



**Lux church, Mylapore**

**HISTORICAL DAY**



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/10</b>	<b>Document Name:</b>	<b>List of Students</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>16.08.2018</b>

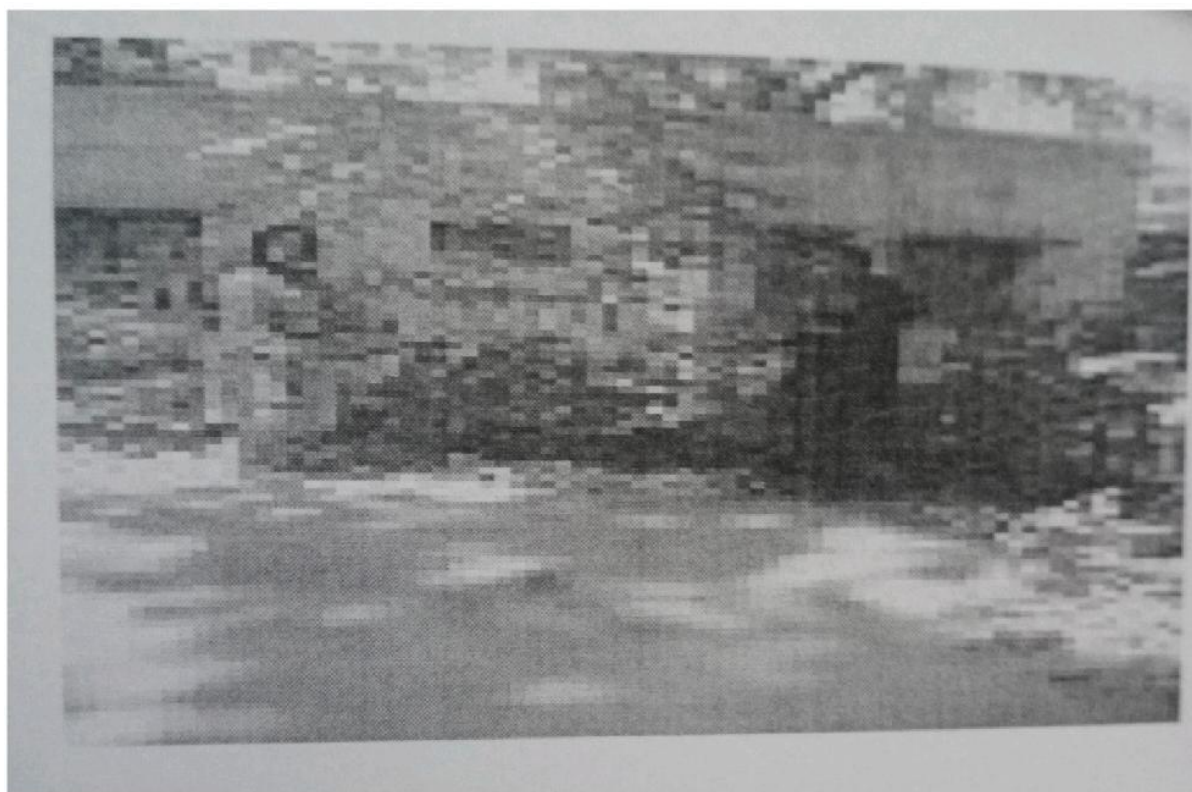
S.NO	Name of the Volunteer	Class	Unit
1	SAI S	II Year	I
2	GIRIJA M	II Year	I
3	KAYAL J	II Year	I
4	SUNDARI M	II Year	I
5	RADHA K	II Year	I
6	SANGEETA S	II Year	I
7	ANANDHI A	II Year	I
8	SOWMIYA S	II Year	I
9	GUNAPRIYA K	II Year	I
10	KAVYA S	II Year	I
11	POORINI J	II Year	I
12	SHREYA N	II Year	I
13	NAFIZA S	II Year	I
14	DINKY P	II Year	I
15	ALIMA S	II Year	I





 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/10</b>	<b>Document Name:</b>	<b>Report</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>16.08.2018</b>

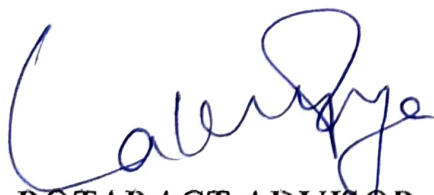
Event : Historical day  
 Organiser : Rotaract club  
 Name of the Activity : Community Service  
 Date : 16.08.2018  
 Time : 04.00 p.m to 05.00 p.m  
 Venue : Luzz Church, Mylapore  
 Mode : Offline  
 Beneficiaries : School Students  
 Number of Volunteers : 15  
 Summary : To create awareness among the students  
 regarding Historical places

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/10</b>	<b>Document Name:</b>	<b>Photos</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>09.08.2018</b>



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Difference"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	MJC/RAC/2018-2019/11	<b>Document Name:</b>	<b>Circular</b>
<b>Academic Year:</b>	2018-2019	<b>Date:</b>	03.08.2018



The Rotaract Club of Dr. MGR Janaki College of Arts and Science for Women is organising the **"BREASTFEEDING AWARENESS"** on 8<sup>th</sup> August 2018 from 01.00 P.M. to 03.00 P.M. at Besant Nagar Beach. All the Rotaract students are requested to participate.

  
 ROTARACT ADVISOR

  
 PRINCIPAL

COPY TO:

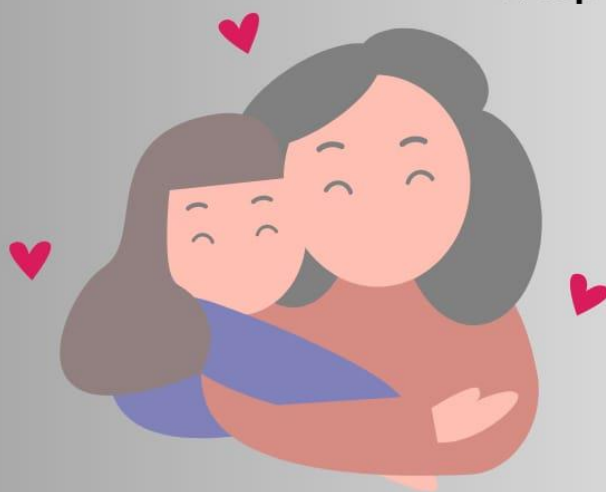
S. No	Department	Signature	
		Shift I	Shift 2
1	B. Sc Biochemistry	M. Raj	—
2	B. Sc Microbiology		S. Pruthi
3	B. Sc Mathematics	V. Lavanya	—
4	B. Sc Psychology	For: Prathima	—
5	B. Sc Computer Science	Dr. Arav	Dr. Arav
6	B. Sc Visual Communication	R. V. Indumathi	—
7	BCA	for: P. Arav	Dr. Arav
8	BBA		
9	B. Com (General)	E. Nishu	G. Arav
10	B. Com (CS)	for: S. Arav	Praveen
11	B. Com (A&F)	for: Arav	D. Arav
12	B. Com (BM)	—	Arav
13	B.A English	H	Arav
14	B.A Natya	Arav	—
15	B.A Tamil	Arav	Arav

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/11</b>	<b>Document Name:</b>	<b>Invitation</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>8.08.2018</b>

**Rotaract Club of Dr.MGR Janaki College of Arts and Sciences for Women**  
**Sponsored by Rotary Club of Madras Coromandel**

**RID 3232**

**Group 6**





**08th August 2018**

**07.30am - 10.30am**



**Besant Nagar Beach**

**BreastFeeding  
Awareness**





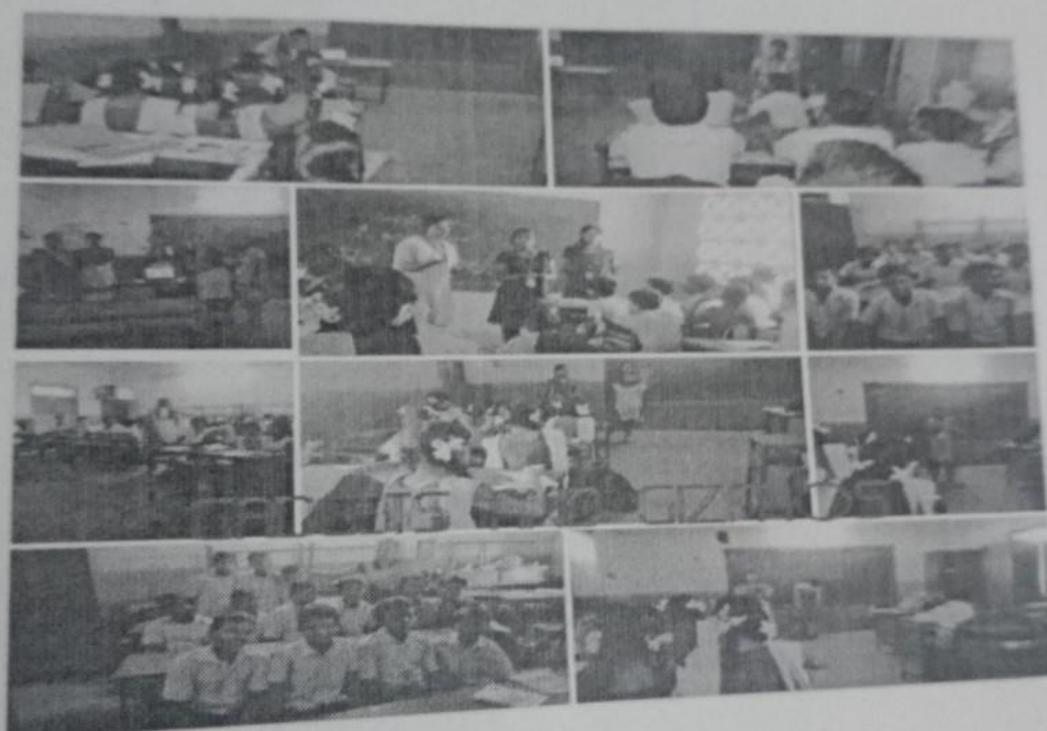
 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/11</b>	<b>Document Name:</b>	<b>List of Students</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>8.08.2018</b>



S.NO	Name of the Volunteer	Class	Unit
1	SAI S	II Year	I
2	GIRIJA M	II Year	I
3	KAYAL J	II Year	I
4	SUNDARI M	II Year	I
5	RADHA K	II Year	I
6	SANGEETA S	II Year	I
7	ANANDHI A	II Year	I
8	SOWMIYA S	II Year	I
9	GUNAPRIYA K	II Year	I
10	KAVYA S	II Year	I
11	POORINI J	II Year	I
12	SHREYA N	II Year	I
13	NAFIZA S	II Year	I
14	DINKY P	II Year	I
15	ALIMA S	II Year	I

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/11</b>	<b>Document Name:</b>	<b>Report</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>08.08.2018</b>


Event : Breastfeeding Awareness  
 Organiser : Rotaract club  
 Name of the Activity : Community Service  
 Date : 8.08.2018  
 Time : 07:30 am to 10.30 a.m  
 Venue : Besant Nagar Beach  
 Mode : Offline  
 Beneficiaries : School Students  
 Number of Volunteers : 15  
 Summary :To create awareness about Breastfeeding

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/11</b>	<b>Document Name:</b>	<b>Photos</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>08.08.2018</b>



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/12</b>	<b>Document Name:</b>	<b>Circular</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>03.12.2018</b>

The Rotaract Club of Dr. MGR Janaki College of Arts and Science for Women is organising the **"BREASTFEEDING AWARENESS 2"** on 6<sup>th</sup> December 2018 from 01.00 P.M. to 03.00 P.M. at Besant Nagar Beach. All the Rotaract students are requested to participate.



  
 ROTARACT ADVISOR

  
 PRINCIPAL

COPY TO:

S. No	Department	Signature	
		Shift I	Shift 2
1	B. Sc Biochemistry	M. Raj	—
2	B. Sc Microbiology		S. Prath
3	B. Sc Mathematics	V. Lavanya	—
4	B. Sc Psychology	For: Prathima	—
5	B. Sc Computer Science	Dr. Arav	Dr. Arav
6	B. Sc Visual Communication	R. V. Indumathi	—
7	BCA	for: P. Arav	Dr. Arav
8	BBA		
9	B. Com (General)	E. Nishu	G. Arav
10	B. Com (CS)	for: S. Arav	Reneelof
11	B. Com (A&F)	for: S. Arav	D. Arav
12	B. Com (BM)	—	R. Arav
13	B.A English	H	Arav
14	B.A Natya	Arav	—
15	B.A Tamil	Arav	Arav



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence" 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/12</b>	<b>Document Name:</b>	<b>Invitation</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>6.12.2018</b>

**Rotaract Club of Dr.MGR Janaki College of Arts and Sciences for Women**

**Sponsored by Rotary Club of Madras Coromandel**

**RID 3232**

**Group 6**





**06th December 2018**



**01.00pm - 03.00pm**

**Besant Nagar Beach**



**Breastfeeding  
Awareness 2**

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/12</b>	<b>Document Name:</b>	<b>List of Students</b>
<b>Academic Year:</b>	2018-2019	<b>Date:</b>	6.12.2018



S.NO	Name of the Volunteer	Class	Unit
1	SAI S	II Year	I
2	GIRIJA M	II Year	I
3	KAYAL J	II Year	I
4	SUNDARI M	II Year	I
5	RADHA K	II Year	I
6	SANGEETA S	II Year	I
7	ANANDHI A	II Year	I
8	SOWMIYA S	II Year	I
9	GUNAPRIYA K	II Year	I
10	KAVYA S	II Year	I
11	POORINI J	II Year	I
12	SHREYA N	II Year	I
13	NAFIZA S	II Year	I
14	DINKY P	II Year	I
15	ALIMA S	II Year	I

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/12</b>	<b>Document Name:</b>	<b>Report</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>6.12.2018</b>

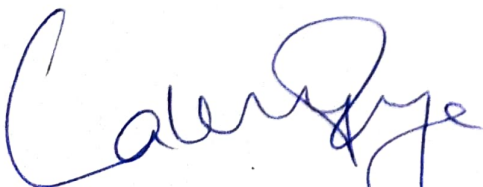
Event : Breastfeeding Awareness 2  
 Organiser : Rotaract club  
 Name of the Activity : Community Service  
 Date : 6.12.2018  
 Time : 01.00 p.m to 03.00 p.m  
 Venue : Besant Nagar Beach  
 Mode : Offline  
 Beneficiaries : School Students  
 Number of Volunteers : 15  
 Summary :To create awareness about Breastfeeding

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/12</b>	<b>Document Name:</b>	<b>Photos</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>06.12.2018</b>



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small>		 <b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/13</b>	<b>Document Name:</b>	<b>Circular</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>30.08.2018</b>

The Rotaract Club of Dr. MGR Janaki College of Arts and Science for Women is organising the **"BLAST"** on 2<sup>nd</sup> September 2018 from 04.00 P.M. to 06.00 P.M. at Santhome Higher Secondary School. All the Rotaract students are requested to participate.



  
 ROTARACT ADVISOR

  
 PRINCIPAL

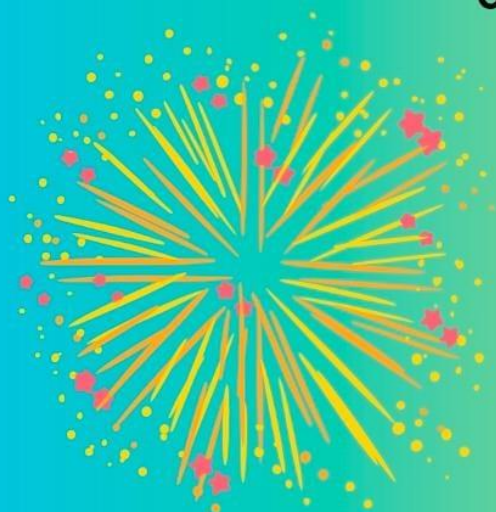


COPY TO:

S. No	Department	Signature	
		Shift1	Shift2
1	B. Sc Biochemistry	M. Raj	-
2	B. Sc Microbiology		S. P. H
3	B. Sc Mathematics	V. Laxmy	-
4	B. Sc Psychology	for: Prathima	-
5	B. Sc Computer Science	R. V. Indumathi	-
6	B. Sc Visual Communication	for: P. R.	-
7	BCA		
8	BBA		
9	B. Com (General)	E. M. H	G. R
10	B. Com (CS)	for: S. R.	R. M. H
11	B. Com (A&F)	for: S. R.	D. R. H
12	B. Com (BM)		R. M. H
13	B.A English		
14	B.A Natya		
15	B.A Tamil		

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/13</b>	<b>Document Name:</b>	<b>Invitation</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>2.09.2018</b>

**Rotaract Club of Dr.MGR Janaki College of Arts and Sciences for Women**  
**Sponsored by Rotary Club of Madras Coromandel**  
**RID 3232**  
**Group 6**





**02nd September 2018**

**04.00pm - 06.00pm**



**Santhome higher  
secondary school**

**Blast**





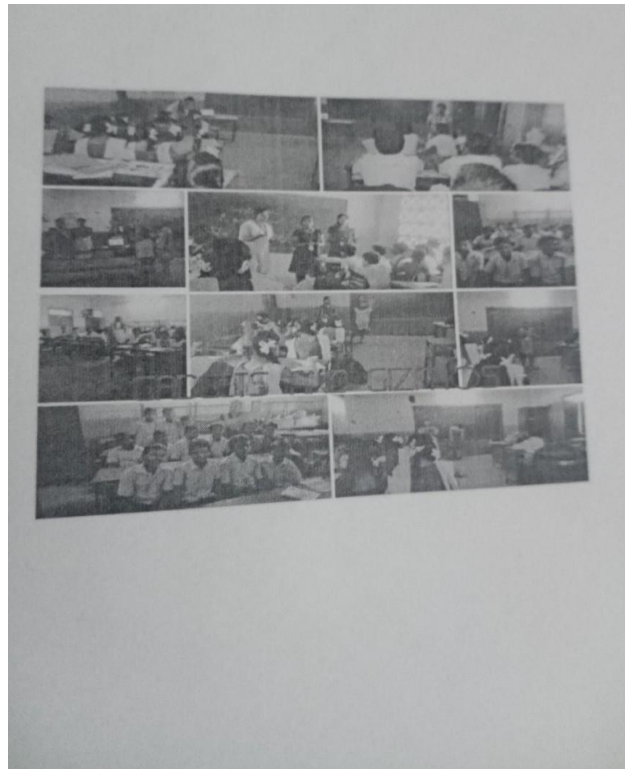
 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/13</b>	<b>Document Name:</b>	<b>List of Students</b>
<b>Academic Year:</b>	2018-2019	<b>Date:</b>	2.09.2018

S.NO	Name of the Volunteer	Class	Unit
1	SAI S	II Year	I
2	GIRIJA M	II Year	I
3	KAYAL J	II Year	I
4	SUNDARI M	II Year	I
5	RADHA K	II Year	I
6	SANGEETA S	II Year	I
7	ANANDHI A	II Year	I
8	SOWMIYA S	II Year	I
9	GUNAPRIYA K	II Year	I
10	KAVYA S	II Year	I
11	POORINI J	II Year	I
12	SHREYA N	II Year	I
13	NAFIZA S	II Year	I
14	DINKY P	II Year	I
15	ALIMA S	II Year	I



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT CLUB</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/13</b>	<b>Document Name:</b>	<b>Report</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>2.09.2018</b>

Event : Blast  
 Organiser : Rotaract club  
 Name of the Activity : Club Service  
 Date : 2.09.2018  
 Time : 04.00 p.m to 06.00 p.m  
 Venue : Santhome Higher Secondary School  
 Mode : Offline  
 Beneficiaries : School Students  
 Number of Volunteers : 15  
 Summary :To Engage Rotaractors By Conducting  
 Competitions

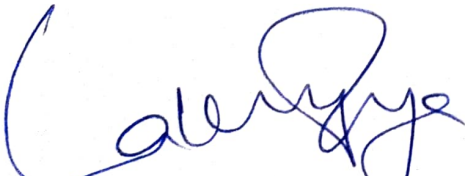
 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/13</b>	<b>Document Name:</b>	<b>Photos</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>02.09.2018</b>





 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/14</b>	<b>Document Name:</b>	<b>Circular</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>18.08.2018</b>



The Rotaract Club of Dr. MGR Janaki College of Arts and Science for Women is organising the **"CHITHIRAM PHASE 1"** on 19<sup>th</sup> August 2018 from 12.30 P.M. to 03.00 P.M. at Montfort Siragugal School. All the Rotaract students are requested to participate.

  
 ROTARACT ADVISOR

  
 PRINCIPAL

COPY TO:



S. No	Department	Signature	
		Shift1	Shift2
1	B. Sc Biochemistry	M. B.	-
2	B. Sc Microbiology		Mahad
3	B. Sc Mathematics	I. Lavany	-
4	B. Sc Psychology	for: Prathima	-
5	B. Sc Computer Science	Dr. Jay	Dr. Jay
6	B. Sc Visual Communication	R. V. Indunathi	-
7	BCA	for: P. Q.	Dr. Jay
8	BBA		
9	B. Com (General)	S. N. K.	GA
10	B. Com (CS)	for: S. D.	Renuka
11	B. Com (A&F)	W. H.	P. Q. R.
12	B. Com (BM)	-	R. M. M.
13	B.A English	for: S. J.	R.
14	B.A Natya	Karjane	-
15	B.A Tamil	G. S.	G. S.

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/14</b>	<b>Document Name:</b>	<b>Invitation</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>19.08.2018</b>



**Rotaract Club of Dr.MGR Janaki College of Arts and Sciences for Women**  
**Sponsored by Rotary Club of Madras Coromandel**  
**RID 3232**  
**Group 6**

# **CHITHIRAM** **PHASE 1**

**19 August 2018**  
**12.30pm - 03.00pm**  
**Montfort sirahugal School**



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/14</b>	<b>Document Name:</b>	<b>List of Students</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>19.08.2018</b>

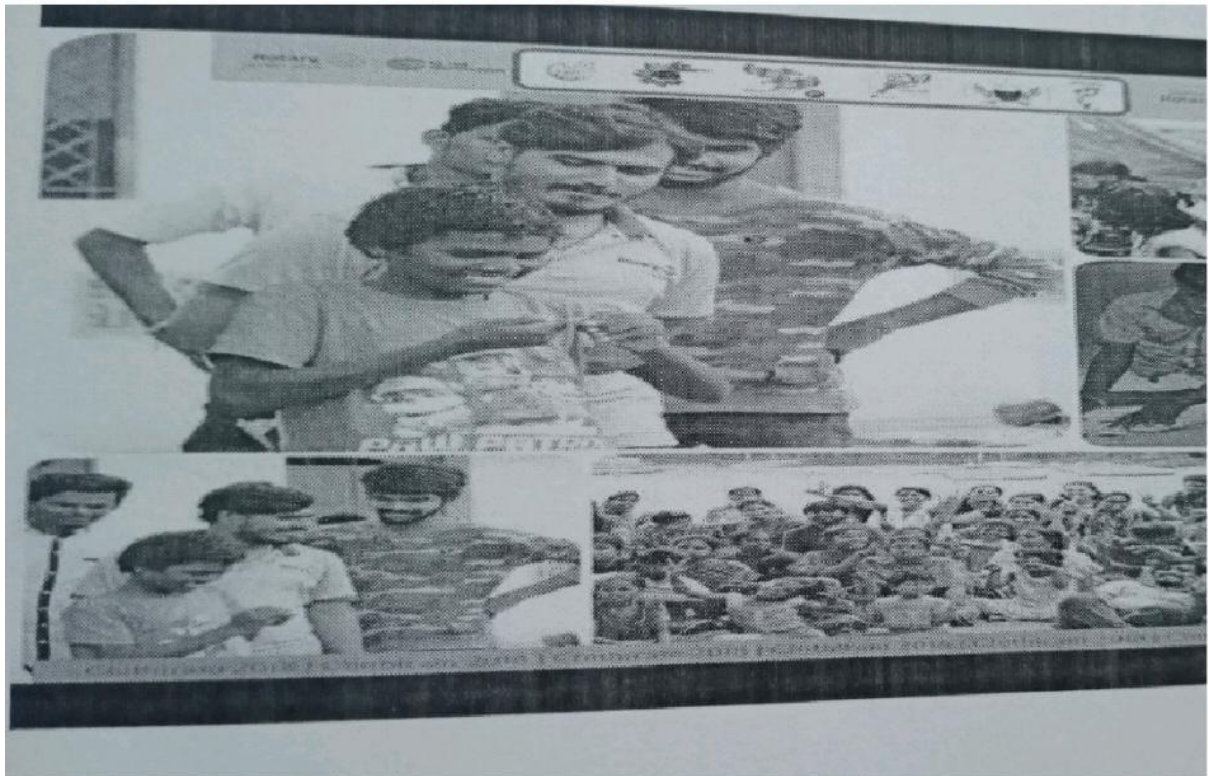
S.NO	Name of the Volunteer	Class	Unit
1	SAI S	II Year	I
2	GIRIJA M	II Year	I
3	KAYAL J	II Year	I
4	SUNDARI M	II Year	I
5	RADHA K	II Year	I
6	SANGEETA S	II Year	I
7	ANANDHI A	II Year	I
8	SOWMIYA S	II Year	I
9	GUNAPRIYA K	II Year	I
10	KAVYA S	II Year	I
11	POORINI J	II Year	I
12	SHREYA N	II Year	I
13	NAFIZA S	II Year	I
14	DINKY P	II Year	I
15	ALIMA S	II Year	I



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/14</b>	<b>Document Name:</b>	<b>Report</b>
<b>Academic Year:</b>	2018-2019	<b>Date:</b>	19.08.2018

Event : Chithiram Phase 1  
 Organiser : Rotaract club  
 Name of the Activity : Club Service  
 Date : 19.08.2018  
 Time : 12.30 p.m to 03.00 p.m  
 Venue : Montfort Siragugal School  
 Mode : Offline  
 Beneficiaries : School Students  
 Number of Volunteers : 15  
 Summary : To Engage Rotaractors By Conducting  
 Competitions

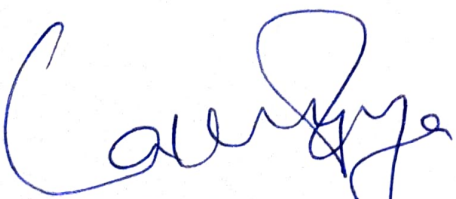


 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <i>"Excellence Through Diligence"</i> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/14</b>	<b>Document Name:</b>	<b>Photos</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>19.08.2018</b>



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	MJC/RAC/2018-2019/15	<b>Document Name:</b>	<b>Circular</b>
<b>Academic Year:</b>	2018-2019	<b>Date:</b>	18.08.2018



The Rotaract Club of Dr. MGR Janaki College of Arts and Science for Women is organising the "**CHITHIRAM PHASE 2**" on 20<sup>th</sup> August 2018 from 12.30 P.M. to 03.00 P.M. at Montfort Siragugal School. All the Rotaract students are requested to participate.

  
 ROTARACT ADVISOR

  
 PRINCIPAL

COPY TO:

S. No	Department	Signature	
		Shift1	Shift2
1	B. Sc Biochemistry	M. Jay	-
2	B. Sc Microbiology		S. P. H
3	B. Sc Mathematics	V. Laxmy	-
4	B. Sc Psychology	for: Prathima	-
5	B. Sc Computer Science	Dr. Arun	Dr. Arun
6	B. Sc Visual Communication	R. V. Indumathi	-
7	BCA	for, P. Arun	Dr. Arun
8	BBA		
9	B. Com (General)	S. N. H	G. Arun
10	B. Com (CS)	for S. N. H	R. Arun
11	B. Com (A&F)	for S. N. H	D. Arun
12	B. Com (BM)	-	R. Arun
13	B.A English	H	Ar
14	B.A Natya	Ar	-
15	B.A Tamil	Ar	Ar

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/15</b>	<b>Document Name:</b>	<b>Invitation</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>20.08.2018</b>

**Rotaract Club of Dr.MGR Janaki College of Arts and Sciences for Women**

**Sponsored by Rotary Club of Madras Coromandel**

**RID 3232**



**Group 6**

# **CHITHIRAM PHASE 2**

**20 August 2018**



**12.30pm - 03.00pm**

**Montfort sirahugal School**



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/15</b>	<b>Document Name:</b>	<b>List of Students</b>
<b>Academic Year:</b>	2018-2019	<b>Date:</b>	20.08.2018

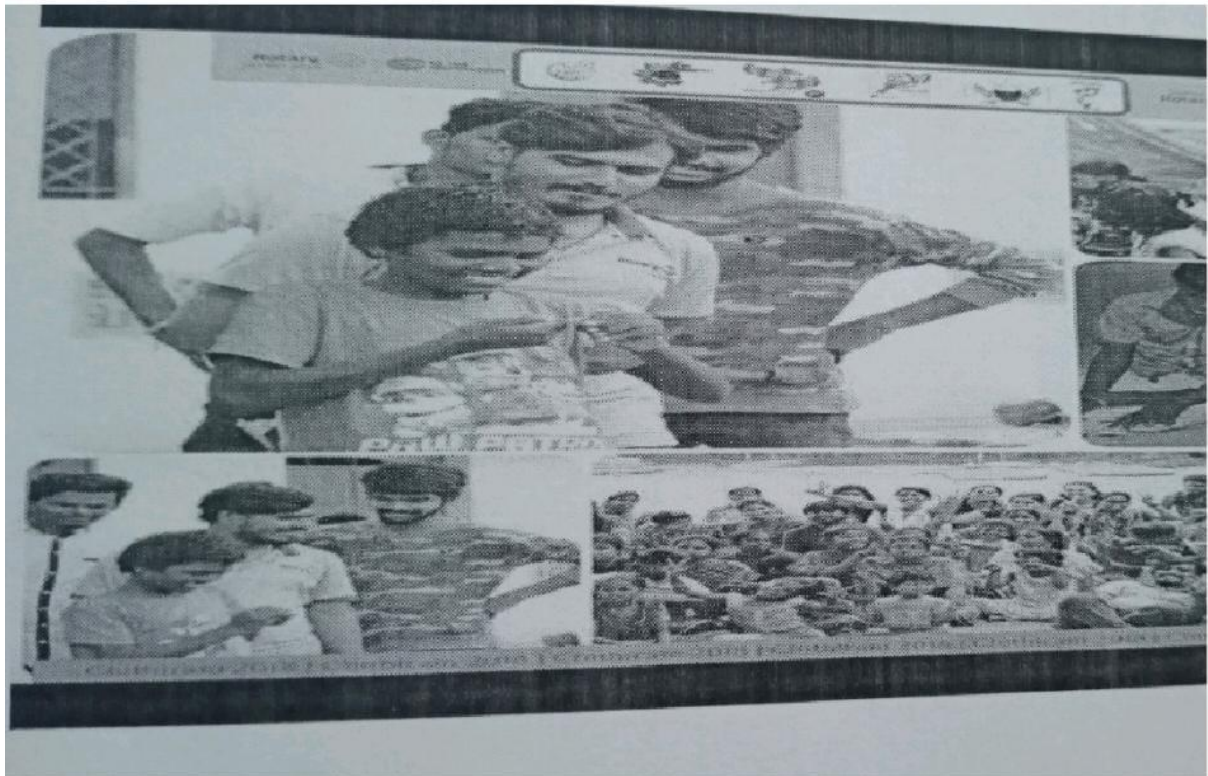
S.NO	Name of the Volunteer	Class	Unit
1	SAI S	II Year	I
2	GIRIJA M	II Year	I
3	KAYAL J	II Year	I
4	SUNDARI M	II Year	I
5	RADHA K	II Year	I
6	SANGEETA S	II Year	I
7	ANANDHI A	II Year	I
8	SOWMIYA S	II Year	I
9	GUNAPRIYA K	II Year	I
10	KAVYA S	II Year	I
11	POORINI J	II Year	I
12	SHREYA N	II Year	I
13	NAFIZA S	II Year	I
14	DINKY P	II Year	I
15	ALIMA S	II Year	I



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/15</b>	<b>Document Name:</b>	<b>Report</b>
<b>Academic Year:</b>	2018-2019	<b>Date:</b>	20.08.2018

Event : Chithiram Phase 2  
 Organiser : Rotaract club  
 Name of the Activity : Club Service  
 Date : 20.08.2018  
 Time : 12.30 p.m to 03.00 p.m  
 Venue : Montfort Siragugal School  
 Mode : Offline  
 Beneficiaries : School Students  
 Number of Volunteers : 15  
 Summary : To Engage Rotaractors By Conducting  
 Competitions

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <i>"Excellence Through Diligence"</i> 		<b>ROTARACT</b>	
<b>Document ID:</b>	<b>MJC/RAC/2018-2019/15</b>	<b>Document Name:</b>	<b>Photos</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date:</b>	<b>20.08.2018</b>





# Dr. MGR-JANAKI

College of Arts and Science for Women

"Excellence Through Diligence"



**YOUTH RED CROSS**

Document ID:	MJC/YRC/2018-2019/01	Document Name:	Circular
Academic Year:	2018-2019	Date :	24.06.2018

Dr. MGR-JANAKI		+ YOUTH RED CROSS	
College of Arts and Science for Women			
Document ID:	MJC/YRC/2018-2019/01	Document Name:	Circular
Academic Year:	2018-19	Date :	21.06.2018

**Yoga Day in collaboration with CIA Youth Wing**

The Youth Red Cross of Dr. MGR Janaki College of Arts and Science for women organises **Yoga Day** in collaboration with CIA Youth Wing on 22<sup>nd</sup> June 2018. Ms. Senthamarai from CIA Youth Wing will address the gathering. All YRC leaders are requested to participate.




S.No	Departments	Signature	
		Shift 1	Shift 2
1	B. Sc Biochemistry	<i>[Signature]</i>	-
2	B. Sc Microbiology	<i>[Signature]</i>	-
3	B. Sc Mathematics	<i>[Signature]</i>	<i>[Signature]</i>
4	B. Sc Psychology	<i>[Signature]</i>	<i>[Signature]</i>
5	B. Sc Computer Science	<i>[Signature]</i>	-
6	B. Sc Visual Communication	<i>[Signature]</i>	<i>[Signature]</i>
7	BCA	<i>[Signature]</i>	-
8	BBA	<i>[Signature]</i>	<i>[Signature]</i>
9	B. Com (General)	<i>[Signature]</i>	<i>[Signature]</i>
10	B. Com (CS)	<i>[Signature]</i>	<i>[Signature]</i>
11	B. Com (A&F)	<i>[Signature]</i>	<i>[Signature]</i>
12	B. Com (BM)	<i>[Signature]</i>	<i>[Signature]</i>
13	B.A English	<i>[Signature]</i>	<i>[Signature]</i>
14	B.A Natya	<i>[Signature]</i>	<i>[Signature]</i>
15	B.A Tamil	<i>[Signature]</i>	-




*[Signature]*  
YRC Program Officer

*[Signature]*  
PRINCIPAL

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3. All the Departments

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<b>Document ID:</b>	<b>MJC/YRC/2018-2019/01</b>	<b>Document Name:</b>	<b>Invitation</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>24.06.2018</b>

DR MGR JANAKI ARTS AND SCIENCE  
COLLEGE FOR WOMEN

YOUTH RED CROSS ORGANISES

YOGA DAY IN COLLABORATION WITH  
CIA YOUTH WING




DATE: 22.06.2018                      TIME: 9: am - 1pm

VENUE:  
AUDITORIUM

DR. Kumar Rajendran  
Chairman




Dr. Latha Rajendran  
Correspondent

Dr. R. Manimegalai  
Principal

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		 <b>YOUTH RED CROSS</b>	
<b>Document ID:</b>	MJC/YRC/2018-2019/01	<b>Document Name:</b>	<b>List of Participants</b>
<b>Academic Year:</b>	2018-2019	<b>Date :</b>	24.06.2018

All students and Staffs participated in Yoga day celebration



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<b>Document ID:</b>	<b>MJC/YRC/2018-2019/01</b>	<b>Document Name:</b>	<b>MC</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>24.06.2018</b>

Good Morning to one and all present here, On behalf of Youth Red Cross. I, Ms. Nithyakalyani, has immense pleasure in welcoming you all for the Guest lecture on Waste Management

#### Welcome Address




It is my privilege to introduce our resource person Ms. Senthamari, Board member from CIA Youth Wing, She is here to brief about the Importance of Yoga and different type of aasanas. Now, I request Ms. Senthamari to deliver the guest talk. The platform is over to you.

Thank you ma'am for an incredible session.

#### Vote of thanks




I deem it a great honour & privilege to propose the vote of thanks on this occasion. Let me first of all start by giving glory to the almighty God for making today's occasion, a resounding Success. I wholeheartedly thank our resource person Ms. Senthamari, Board member from CIA Youth Wing, Chennai. Thank You maam

I would like to thank our correspondent Dr. Latha Rajendren, Chairman Dr. Kumar Rajendren. Principal Dr. R Manimekalai, Vice principal Dr. Lakshmi Balaji, Dean of academics Dr. Shanthi Lakshmi, Dean of Students Dr. Abitha Sababathy , Programme officers and faculties of our college who have Provided us with valuable support to conduct this session. Last but not the least, I thank our beloved Volunteers for making this yoga Session as a grand success. Once again, I thank you all.

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<b>Document ID:</b>	<b>MJC/YRC/2018-2019/01</b>	<b>Document Name:</b>	<b>Report</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>24.06.2018</b>

Event : Yoga Day  
 Organiser : Youth Red Cross, YRC  
 Name of the Activity : Yoga  
 Date : 22.06.2018  
 Time : 9.00 a.m to 1 p.m  
 Venue : Auditorium  
 Mode : Offline  
 Beneficiaries : YRC members and staffs  
 Number of Volunteers : YRC members and staffs  
 Summary :

The students in the College were divided into different batches and they were taught Yoga and Pranayama by the Yoga Trainers who had come to the College. They also showed us some videos about how to do Yoga properly and did a PowerPoint Presentation about Yoga and it's benefits. They were also shown a video about how to perform Yoga and Breathing Exercise. It was a great opportunity for the College Staff and students to learn more about Yoga, and Breathing Exercises and to learn to perform them properly.

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<b>Document ID:</b>	<b>MJC/YRC/2018-2019/01</b>	<b>Document Name:</b>	<b>Photographs</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>24.06.2018</b>





# Dr. MGR-JANAKI

College of Arts and Science for Women  
"Excellence Through Diligence"



**YOUTH RED CROSS**

<b>Document ID:</b>	<b>MJC/YRC/2018-2019/02</b>	<b>Document Name:</b>	<b>Circular</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>30.06.2018</b>

Dr. MGR-JANAKI		YOUTH RED CROSS	
College of Arts and Science for Women			
Document ID:	MJC/YRC/2018-2019/02	Document Name:	Circular
Academic Year:	2018-19	Date :	23.06.2018

**Rally on Drug Addiction**

The Youth Red Cross of Dr. MGR Janaki College of Arts and Science for women organises **Rally on Drug Addiction** in collaboration with Indian Red cross Society and Narcotics Intelligence Bureau on 26<sup>th</sup> June 2018.




S.No	Departments	Signature	
		Shift 1	Shift 2
1	B. Sc Biochemistry		
2	B. Sc Microbiology		
3	B. Sc Mathematics		
4	B. Sc Psychology		
5	B. Sc Computer Science		
6	B. Sc Visual Communication		
7	BCA		
8	BBA		
9	B. Com (General)		
10	B. Com (CS)		
11	B. Com (A&F)		
12	B. Com (BM)		
13	B.A English		
14	B.A Natya		
15	B.A Tamil		

*[Signature]*  
YRC Program Officer

*[Signature]*  
PRINCIPAL

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<b>Document ID:</b>	<b>MJC/YRC/2018-2019/02</b>	<b>Document Name:</b>	<b>Invitation</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>30.06.2018</b>





DR MGR JANAKI ARTS AND SCIENCE  
COLLEGE FOR WOMEN

YOUTH RED CROSS ORGANISES

RALLY ON DRUG ADDICTION IN  
COLLABORATION WITH INIDIAN RED  
CROSS SOCIETY

DATE: 26.06.2018                      TIME: 10: am - 12.30pm




VENUE: OMR ROAD

DR. Kumar Rajendran  
Chairman




Dr. Latha Rajendran  
Correspondent

Dr. R. Manimegalai  
Principal



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		 <b>YOUTH RED CROSS</b>	
<b>Document ID:</b>	<b>MJC/YRC/2018-2019/01</b>	<b>Document Name:</b>	<b>List of Participants</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>30.06.2018</b>

S. NO.	VOLUNTEER NAME	UNIT
1	AALIYA AFROSE S H	I
2	AISHWARYA S	I
3	ANUPRIYA N P	I
4	ANUSHYA P	I
5	CHRISTEENA S	I
6	DEEKSHA R	I
7	DEEPIKA R	I
8	DEVA DHARSHINI V	I
9	DHIVYARANI K	I
10	DURGA DEVI S	I
11	GAYATHRI P	II
12	ISHWARYADEVI T	II
13	JANANI R	II
14	KASTHURI R	II
15	LAVANYA C	II
16	LILLY JENIFER M	II
17	MEHAVARSHINEE CHANDRASEKAR	II
18	MOHANA PRIYA Y	II
19	AALIYA AFROSE S H	II
20	AISHWARYA S	II

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence" 		 <b>YOUTH RED CROSS</b>	
<b>Document ID:</b>	<b>MJC/YRC/2018-2019/02</b>	<b>Document Name:</b>	<b>Report</b>
<b>Academic Year:</b>	2018-2019	<b>Date :</b>	30.06.2018

Event : Rally on drug Addiction

Organiser : Youth Red Cross, YRC

Name of the Activity : Rally

Date : 26.06.2018

Time : 10 am to 12.30 pm

Venue : OMR Road




Mode : Offline

Beneficiaries : YRC members

Number of Volunteers : 20

Summary :

A drug addiction rally was organized by Indian Red Cross Society and Narcotics Intelligence Bureau in OMR on June 26, 2018, the International Day against Drug Abuse and Illicit Trafficking we organised, more than 20 YRC Volunteers from Dr. MGR-Janaki College of Arts & Science for Women participated in the rally. Many students from various Colleges and Schools were also a part of it. Drug addiction is a complex neurological disease that requires integrated treatment of mind, body, and spirit. It is considered as a brain disease. Addiction is chronic, it is progressive and if left untreated, it can be fatal. The rally started at 10 a.m. and the students had posters about the ill effects of Drug Addiction in both English and Tamil. The students also gave the pamphlets to the public to create awareness on about Drug Addiction. The rally ended by 12:30 p.m. at Thorapakkam.

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<b>Document ID:</b>	<b>MJC/YRC/2018-2019/02</b>	<b>Document Name:</b>	<b>Photographs</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>30.06.2018</b>





# Dr. MGR-JANAKI

College of Arts and Science for Women  
"Excellence Through Diligence"



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Document ID:	MJC/YRC/2018-2019/03	Document Name:	Circular
Academic Year:	2018-2019	Date :	30.06.2018

		<b>+ YOUTH RED CROSS</b>	
Document ID:	MJC/YRC/2018-2019/03	Document Name:	Circular
Academic Year:	2018-19	Date :	05.08.2018

**Geneva Convention Day**

The Youth Red Cross of Dr. MGR Janaki College of Arts and Science for women celebrated **69<sup>th</sup> Geneva Convention Day Competitions** in collaboration with IRCS from August 6<sup>th</sup> to 11<sup>th</sup> 2018.




S.No	Departments	Signature	
		Shift 1	Shift 2
1	B. Sc Biochemistry	<i>[Signature]</i>	-
2	B. Sc Microbiology	<i>[Signature]</i>	<i>[Signature]</i>
3	B. Sc Mathematics	<i>[Signature]</i>	<i>[Signature]</i>
4	B. Sc Psychology	<i>[Signature]</i>	<i>[Signature]</i>
5	B. Sc Computer Science	<i>[Signature]</i>	<i>[Signature]</i>
6	B. Sc Visual Communication	<i>[Signature]</i>	<i>[Signature]</i>
7	BCA	<i>[Signature]</i>	<i>[Signature]</i>
8	BBA	<i>[Signature]</i>	<i>[Signature]</i>
9	B. Com (General)	<i>[Signature]</i>	<i>[Signature]</i>
10	B. Com (CS)	<i>[Signature]</i>	<i>[Signature]</i>
11	B. Com (A&F)	<i>[Signature]</i>	<i>[Signature]</i>
12	B. Com (RM)	<i>[Signature]</i>	<i>[Signature]</i>
13	B.A English	<i>[Signature]</i>	<i>[Signature]</i>
14	B.A Natya	<i>[Signature]</i>	<i>[Signature]</i>
15	B.A Tamil	<i>[Signature]</i>	<i>[Signature]</i>

*[Signature]*  
YRC Program Officer

*[Signature]*  
PRINCIPAL

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3. All the departments

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <i>"Excellence Through Diligence"</i> 		 <b>YOUTH RED CROSS</b>	
<b>Document ID:</b>	<b>MJC/YRC/2018-2019/03</b>	<b>Document Name:</b>	<b>Invitation</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>30.06.2018</b>





DR MGR JANAKI ARTS AND SCIENCE  
COLLEGE FOR WOMEN

YOUTH RED CROSS ORGANISES

GENEVA CONVENTION DAY IN  
COLLABORATION WITH IRCS

DATE: 06.06.2018                      TIME: 10: am - 12.30pm




VENUE: IRCS, CHENNAI

DR. Kumar Rajendran  
Chairman

Dr. Latha Rajendran  
Correspondent

Dr. R. Manimegalai  
Principal



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		 <b>YOUTH RED CROSS</b>	
<b>Document ID:</b>	<b>MJC/YRC/2018-2019/03</b>	<b>Document Name:</b>	<b>List of Participants</b>
<b>Academic Year:</b>	2018-2019	<b>Date :</b>	30.06.2018

<b>S. NO.</b>	<b>VOLUNTEER NAME</b>	<b>UNIT</b>
1	Roshni K R	I
2	Sharmila V	I
3	Sneha T	I
4	Swetha S	I
5	Thanaranjitha N	I
6	Thatchayini K	I
7	Victoria Annal A	I
8	Vincy Flora K P T	I
9	Gunjan Pandey	I
10	Vishnupriya V V	I
11	Bhagya Harilal	II
12	Hema M	II
13	Jaezah Sabreen B	II
14	Kavya K	II
15	Lacsana R	II




 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence" 		 <b>YOUTH RED CROSS</b>	
<b>Document ID:</b>	<b>MJC/YRC/2018-2019/03</b>	<b>Document Name:</b>	<b>Report</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>30.06.2018</b>

Event : 69<sup>th</sup> Geneva Convention competitions  
Organiser : Youth Red Cross, YRC  
Name of the Activity : Essay writing, Oratorical, Quiz, Visualizing & Painting, Variety  
Cultural programme  
Date : 22.09.2018  
Time : 10 am to 12.30 pm  
Venue : IRCS, Chennai  
Mode : Offline  
Beneficiaries : YRC members  
Number of Volunteers : 15  
Summary :

IRCS ( Indian Red Cross Society ) celebrated 69th Geneva Conventions in Tamil Nadu branch Egmore from Aug 6th to Aug 11th 2018. They conducted various competitions like Essay writing ( English & Tamil ), Oratorical ( English & Tamil ), Quiz, Visualizing & Painting, Variety Cultural programme .Our college students participated in various competitions and has won many prizes.

The winners are :

- A.Aarthi & T.Logalakshmi of B.Sc 1st year Bio-chemistry for Quiz
- R.Varsha of B.Sc 2nd year Microbiology for EssayWriting

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<b>Document ID:</b>	<b>MJC/YRC/2018-2019/03</b>	<b>Document Name:</b>	<b>Photos</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>30.06.2018</b>





# Dr. MGR-JANAKI

College of Arts and Science for Women

"Excellence Through Diligence"



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Document ID:	MJC/YRC/2018-2019/04	Document Name:	Circular
Academic Year:	2018-2019	Date :	30.06.2018

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Document ID:	MJC/YRC/2018-2019/04	Document Name:	Circular
Academic Year:	2018-19	Date :	09.08.2018

### CPR Training

The Youth Red Cross of Janaki College of Arts and Science for women organises CPR Training by Dr.Bala of VHS Multi-Speciality hospital on September 20<sup>th</sup> 2018




S.No	Departments	Signature	
		Shift 1	Shift 2
1	B. Sc Biochemistry		-
2	B. Sc Microbiology		
3	B. Sc Mathematics		
4	B. Sc Psychology		-
5	B. Sc Computer Science		
6	B. Sc Visual Communication		-
7	BCA		
8	BBA		
9	B. Com (General)		
10	B. Com (CS)		
11	B. Com (A&F)		
12	B. Com (BM)	-	
13	B.A English		
14	B.A Natya		-
15	B.A Tamil	-	-


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<b>Document ID:</b>	<b>MJC/YRC/2018-2019/04</b>	<b>Document Name:</b>	<b>Invitation</b>
<b>Academic Year:</b>	2018-2019	<b>Date :</b>	08.09.2018


DR MGR JANAKI ARTS AND SCIENCE  
COLLEGE FOR WOMEN

YOUTH RED CROSS ORGANISES

CPR TRAINING IN COLLABORATION  
WITH VHS MULTI- SPECIALITY

DATE: 06.06.2018      TIME: 10: am - 12.30pm

VENUE: DR. MGR JANAKI  
COLLEGE

DR. Kumar Rajendran  
Chairman

Dr. Latha Rajendran  
Correspondent




Dr. R. Manimegalai  
Principal



**Dr. MGR-JANAKI****College of Arts and Science for Women***"Excellence Through Diligence"***YOUTH RED CROSS**

<b>Document ID:</b>	<b>MJC/YRC/2018-2019/04</b>	<b>Document Name:</b>	<b>List of participants</b>
<b>Academic Year:</b>	2018-2019	<b>Date :</b>	08.09.2018

<b>S.No</b>	<b>Volunteer Name</b>	<b>Unit</b>
1	Nirmala B	I
2	Nisha G S	I
3	Nisha Subramanian	I
4	Nivedha M	I
5	Nivedha R	I
6	Padmavashini M	I
7	Pushpa Prasad	I
8	Roshini M	I
9	Preethi D	I
10	Rubavathi K	I
11	Rupavathi S	II
12	Sahana Rajeev	II
13	Sai Archana S	II
14	Sakthi Priya S	II
15	Samiha Parveen	II
16	Sangeetha M	II
17	Sathya M	II
18	Savitha P	II
19	Shalini V P	II
20	Nirmala D	II

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence" 		 <b>YOUTH RED CROSS</b>	
<b>Document ID:</b>	<b>MJC/YRC/2018-2019/04</b>	<b>Document Name:</b>	<b>MC</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>08.09.2018</b>

Good Morning to one and all present here, On behalf of Youth Red Cross. I, Ms. Nithyakalyani, Programme officer, has immense pleasure in welcoming you all for the CPR Training

#### Welcome Address




It is my privilege to introduce our resource person Dr.Balu, from VHS Multi-Speciality Hospital. He is here to brief about the CPR training. Now, I request Dr. Balu to deliver the training session. The platform is over to you.

Thank you sir for an incredible session.

#### Vote of thanks

I deem it a great honour & privilege to propose the vote of thanks on this occasion. Let me first of all start by giving glory to the almighty God for making today's occasion, a resounding Success. I wholeheartedly thank our resource person Dr.Balu, from VHS Multi-Speciality Hospital. The session was very informative. Thank You Sir.

I would like to thank our correspondent Dr. Latha Rajendren, Chairman Dr. Kumar Rajendren. Principal Dr. R Manimekalai, Vice principal Dr. Lakshmi Balaji, Dean of academics Dr. Shanthi Lakshmi, Dean of Students Dr. Abitha Sababathy , Programme officers and faculties of our college who have Provided us with valuable support to conduct this session. Last but not the least, I thank our beloved Volunteers for making this Session as a grand success. Once again, I thank you all.

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence" 		 <b>YOUTH RED CROSS</b>	
<b>Document ID:</b>	<b>MJC/YRC/2018-2019/04</b>	<b>Document Name:</b>	<b>Report</b>
<b>Academic Year:</b>	2018-2019	<b>Date :</b>	08.09.2018




Event : Guest Lecture  
Organiser : Youth Red Cross, MJC  
Name of the Activity : CPR Training  
Resource Person : Dr. Balu , VHS Multi Speciality Hospital  
Date : 06.06.2018  
Time : 10 am to 12.30 pm  
Venue : Seminar Hall 1  
Mode : Offline  
Beneficiaries : YRC Students  
Number of Volunteer : 50

Summary :




A guest lecture on CPR ( Cardio pulmonary resuscitation ) was given by DR. Balu of VHS Multi-specialty hospital in seminar hall -1 for 50 YRC volunteers of DR.MGR Janaki College of Arts and Science For Women on September 20, 2018 at 10.30 am .

**Cardiopulmonary resuscitation (CPR)** is an emergency procedure that combines chest compressions often with artificial ventilation in an effort to manually preserve intact brain function until further measures are taken to restore spontaneous blood circulation and breathing in a person who is in cardiac arrest. It is recommended in those who are unresponsive with no breathing or abnormal breathing .

He taught us about the use of CPR and gave a brief on how to do it . He made a demo how to do a CPR with the help of the volunteers there. We learnt many useful information about CPR and further this technique would help us to perform to those who are in the urge of emergency.




 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <i>"Excellence Through Diligence"</i> 		 <b>YOUTH RED CROSS</b>	
<b>Document ID:</b>	<b>MJC/YRC/2018-2019/04</b>	<b>Document Name:</b>	<b>Photographs</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>08.09.2018</b>



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		 <b>YOUTH RED CROSS</b>	
<b>Document ID:</b>	<b>MJC/YRC/2018-2019/05</b>	<b>Document Name:</b>	<b>List of Participants</b>
<b>Academic Year:</b>	2018-2019	<b>Date :</b>	20.08.2018



S.No	VOLUNTEER NAME	UNIT
1	Nirmala B	I
2	Nisha G S	I
3	Nisha Subramanian	I
4	Nivedha M	I
5	Nivedha R	I
6	Padmavashini M	I
7	Pushpa Prasad	I
8	Roshini M	I
9	Preethi D	I
10	Rubavathi K	I
11	Rupavathi S	II
12	Sahana Rajeev	II
13	Sai Archana S	II
14	Sakthi Priya S	II
15	Samiha Parveen	II
16	Sangeetha M	II
17	Sathya M	II
18	Savitha P	II
19	Shalini V P	II
20	Nirmala D	II



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence" 		 <b>YOUTH RED CROSS</b>	
<b>Document ID:</b>	<b>MJC/YRC/2018-2019/05</b>	<b>Document Name:</b>	<b>Report</b>
<b>Academic Year:</b>	2018-2019	<b>Date :</b>	20.08.2018

Event : Special Camp  
Organiser : National Scheme Service, MJC  
Name of the Activity : Special Camp  
Date : 11.08.2018 to 16.08.2018  
Venue : Mangayam Village  
Beneficiaries : NSS and YRC Students  
Number of Volunteers : 20  
Summary :

NSS Unit of Dr. MGR-Janaki College of Arts and Science for Women have conducted a special camp at Maganyam ad Azhagur of Kancheepuram District from 11.08.2018 to 16.08.2018. Along with the NSS, YRC also participated in the special camp. We, the YRC volunteers taught about the Environmental Awareness, Health and Hygeine to the students of primary and Adolescence to the students of secondary class .  
The valedictory function was presided over by Balaji swamigal, Mr.Srinivasan (VDO), Dr.Latha Rajendran (Correspondent), Dr.Manimekalai(principal), Dr.Lakshmi Balaji (Vice principal), Dr. Shanthi Lakshmi (Dean officers).  
The prizes was distributed to the winners in the competitions conducted on the independent day .

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence"		 <b>YOUTH RED CROSS</b>	
Document ID:	MJC/YRC/2018-2019/05	Document Name:	Photos
Academic Year:	2018-2019	Date :	20.08.2018





# Dr. MGR-JANAKI

College of Arts and Science for Women

"Excellence Through Diligence"



**YOUTH RED CROSS**

Document ID:	MJC/YRC/2018-2019/06	Document Name:	Invitation
Academic Year:	2018-2019	Date :	25.09.18

<b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence"		<b>YOUTH RED CROSS</b>	
Document ID:	MJC/YRC/2018-2019/06	Document Name:	Circular
Academic Year:	2018-19	Date :	21.09.2018

**National Nutrition Day**

The Youth Red Cross of Dr. MGR Janaki College of Arts and Science for women organises  
**Healthy Eating Competition** on September 22<sup>nd</sup> 2018.

S.No	Departments	Signature	
		Shift 1	Shift 2
1	B. Sc Biochemistry	<i>[Signature]</i>	-
2	B. Sc Microbiology	<i>[Signature]</i>	<i>[Signature]</i>
3	B. Sc Mathematics	<i>[Signature]</i>	<i>[Signature]</i>
4	B. Sc Psychology	<i>[Signature]</i>	-
5	B. Sc Computer Science	<i>[Signature]</i>	<i>[Signature]</i>
6	B. Sc Visual Communication	<i>[Signature]</i>	-
7	BCA	<i>[Signature]</i>	<i>[Signature]</i>
8	BBA	<i>[Signature]</i>	<i>[Signature]</i>
9	B. Com (General)	<i>[Signature]</i>	<i>[Signature]</i>
10	B. Com (CS)	<i>[Signature]</i>	<i>[Signature]</i>
11	B. Com (A&F)	<i>[Signature]</i>	<i>[Signature]</i>
12	B. Com (BM)	-	<i>[Signature]</i>
13	B.A English	<i>[Signature]</i>	<i>[Signature]</i>
14	B.A Natya	<i>[Signature]</i>	-
15	B.A Tamil	-	-



**YRC Program Officer**

**PRINCIPAL**

**COPY TO**

1. IQAC Cell
2. Principal's office
3. All the departments



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <i>"Excellence Through Diligence"</i> 		 <b>YOUTH RED CROSS</b>	
<b>Document ID:</b>	<b>MJC/YRC/2018-2019/06</b>	<b>Document Name:</b>	<b>Invitation</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>25.09.18</b>



DR MGR JANAKI ARTS AND SCIENCE  
COLLEGE FOR WOMEN

## YOUTH RED CROSS ORGANISES NATIONAL NUTRITION DAY

DATE: 22.09.2018



TIME: 10: am - 12.30pm

VENUE: DR. MGR JANAKI  
COLLEGE

DR. Kumar Rajendran  
Chairman

Dr. Latha Rajendran  
Correspondent




Dr. R. Manimegalai  
Principal

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence"		 <b>YOUTH RED CROSS</b>	
<b>Document ID:</b>	<b>MJC/YRC/2018-2019/06</b>	<b>Document Name:</b>	<b>List of Participants</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>25.09.18</b>

S.No	VOLUNTEER NAME	UNIT
1	FAZILATH A	I
2	HINA TABASUM S	I
3	MERCY SHINEY	I
4	MOUNIKA B	I
5	SAMRITHA S	I
6	SHOBICA S	I
7	AFRIDHA SEERIN R	I
8	AMIRTHAVARSHINI	I
9	ANGELIN TJ	I
10	ARCHANA U	I
11	BHAVANI SHREE M	I
12	BRINDHA S	I
13	DEEPTI L	I
14	DIVYA V	I
15	ESTHER M	I
16	GIRIJA K	I
17	HEMALATHA M	I
18	JANANI G	II
19	JANANI SV	II
20	KANYA V	II
21	KAVIYA J	II
22	KEERTHANA P	II
23	MARIKKALA	II
24	MEENAKSHI S	II



25	MESIBHA ME	II
26	MOGANAPRIYA E	II
27	MONAL MOZHI AP	II
28	NIVETHA M	II
29	PRIYADARSHINI S	II
30	LATHA	II

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence" 		 <b>YOUTH RED CROSS</b>	
<b>Document ID:</b>	<b>MJC/YRC/2018-2019/06</b>	<b>Document Name:</b>	<b>List of Participants</b>
<b>Academic Year:</b>	2018-2019	<b>Date :</b>	25.09.18

Event : National Nutrition Day

Organiser : Youth Red Cross, MJC

Name of the Activity : Competition

Date : 22.09.2018

Time : 10 am to 1 pm

Venue : Seminar Hall

Mode : Offline

Beneficiaries : YRC Students

Number of Volunteers : 30

Summary :

On behalf of Nutrition Day , Nutritious day competition was organized by YRC ( Youth red cross) of DR.MGR Janaki College of Arts And Science For Women on September 25th , 2018 in seminar hall -1 at 12.30 pm. This competition was totally based on nutritious food.

Totally 14 departments of both shift -1 and shift -2 students of our college participated. The competition started at 12.30 p.m. and ended by 2 p.m.

The winners of the competition are –

- From Shift-1,




S.Bhavani & K.Anusha of BCA Department.

K.Nandini & N.Anantha Lakshmi of B.Com General.

- From Shift-2,

R.Thenmozhi & S.Mahalakshmi of BBM Department.

M.Sandhya & E.Swetha of B.Sc Computer Science.

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <i>"Excellence Through Diligence"</i> 		 <b>YOUTH RED CROSS</b>	
<b>Document ID:</b>	<b>MJC/YRC/2018-2019/07</b>	<b>Document Name:</b>	<b>Invitation</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>25.06.18</b>



DR MGR JANAKI ARTS AND SCIENCE  
COLLEGE FOR WOMEN

YOUTH RED CROSS ORGANISES  
ORIENTATION ON LEADERSHIP  
QUALITIES IN COLLABORATION WITH  
NSS

DATE: 14.06.2018




TIME: 10: am - 12.30pm

VENUE: AUDITORIUM




DR. Kumar Rajendran  
Chairman

Dr. Latha Rajendran  
Correspondent

Dr. R. Manimegalai  
Principal

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		 <b>YOUTH RED CROSS</b>	
<b>Document ID:</b>	<b>MJC/YRC/2018-2019/07</b>	<b>Document Name:</b>	<b>List of Participants</b>
<b>Academic Year:</b>	2018-2019	<b>Date :</b>	25.06.18

<b>S.No</b>	<b>VOLUNTEER NAME</b>	<b>UNIT</b>
1	AALIYA AFROSE S H	I
2	AISHWARYA S	I
3	ANUPRIYA N P	I
4	ANUSHYA P	I
5	CHRISTEENA S	I
6	DEEKSHA R	I
7	DEEPIKA R	I
8	DEVA DHARSHINI V	I
9	DHIVYARANI K	I
10	DURGA DEVI S	I




 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		 <b>YOUTH RED CROSS</b>	
<b>Document ID:</b>	<b>MJC/YRC/2018-2019/07</b>	<b>Document Name:</b>	<b>Profile of the speakers</b>
<b>Academic Year:</b>	2018-2019	<b>Date :</b>	25.06.18

## Ms Kiran

She is from Flow Trance Foundation is a Platform that offers Emotional Support, Mental Health Awareness, and Mindful Living. The World needs some big problems to be addressed "Today." One of them is our Mental & Emotional Wellbeing. We Envision a World where People Live m\Meaningfully & Mindfully. Our Mission is to give back to society by all means we can. Hence we are also creating "Creators"&"Problem Solvers." We are inspired by challenges and look at them with an approach "If something good could be done, it should be done." Trance Foundation is a platform where Leaders create tomorrow's Leaders. All working for People's wellbeing & a better tomorrow.

She is working for Centre for Training and Professional Development (CTPD) - the training wing of Asian College of Teachers (ACT), drive continuous learning through effective Learning and Development programs and prepare aspirants for leadership functions requiring a strategic understanding of varied training designs and delivery. We understand the needs of today's organizations and provide the expertise to fuel Learning and Development initiatives for individuals and organizations and set the ball rolling for you to reach your full potential. Our programs are especially beneficial for those looking to gain new training, skills and practices. When employees are engaged in learning and development, organizations benefit from the enhanced skill and knowledge of their employees.



 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence" 		 <b>YOUTH RED CROSS</b>	
<b>Document ID:</b>	<b>MJC/YRC/2018-2019/07</b>	<b>Document Name:</b>	<b>MC</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>25.06.18</b>

Good morning to one and all present here, On behalf of National Service Scheme. I, Ms. C. Banu Rekha, Program officer, has immense pleasure in welcoming you all to the workshop on "Personality development and Teamwork".

#### Welcome Address




It is my pleasure to introduce our guest Ms. Kiran she is from Flow Trance Foundation Now, I request Ms. Kiran takeover the training session. The platform is over to you ma'am.

Thank you ma'am for an incredible session.

#### Vote of thanks

I deem it a great honour & privilege to propose the vote of thanks on this memorable occasion. Let me first of all start by giving glory to the almighty God for making today's occasion, a resounding Success. I wholeheartedly thank our resource person **Ms. Kiran** Chennai. The session was useful for the leaders to build their leadership quality and team work I am sure that this session will make a path for the students to explore a new activity and the entire Session is more refreshing and relaxing. Thank You ma'am.

I would like to thank our correspondent Dr. Latha Rajendren, Chairman Dr. Kumar Rajendren. Principal Dr. R Manimekalai, Vice principal Dr. Lakshmi Balaji, Dean of academics Dr. Shanthi Lakshmi, Dean of Students Dr. Abitha Sababathy , Programme officers and faculties of our college who have Provided us with valuable support to conduct this session. Last but not the least, I thank our beloved Volunteers for making this Session as a grand success. Once again, I thank you all.

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence" 		 <b>YOUTH RED CROSS</b>	
<b>Document ID:</b>	<b>MJC/YRC/2018-2019/07</b>	<b>Document Name:</b>	<b>Report</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>25.06.18</b>

Event : Personality development and Teamwork

Organiser : National Service Scheme, MJC

Name of the Activity : Workshop

Resource Person : Ms. Kiran

Date : 14.06.2023

Time : 10.00 a.m to 1.30 p.m

Venue : Auditorium

Mode : Offline

Beneficiaries : NSS and YRC Leaders

Number of Volunteers : 10

Summary :

One day workshop on “Personality development and Team work” was organized for the NSS leaders on 9<sup>th</sup> June 2018. More than 30 students from various extension activities actively participated. The lecture enlightened the volunteers to enhance their skills and various activities where conducted to built the team work. The session was conducted by Ms Swetha Gunasekaran.

# **DR.M.G.R. JANAKI COLLEGE OF ARTS AND SCIENCE FOR WOMEN**



**RRC REPORT: 2018-2019**



**Dr. MGR-JANAKI COLLEGE  
OF ARTS & SCIENCE FOR WOMEN**

SATHYABAMA MGR MALIGAI  
11 & 13, Durgabai Deshmukh Road, Raja Annamalai Param, Chennai - 600 028  
Affiliated to the University of Madras



## **RED RIBBON CLUB**



The red ribbon is a symbol for drunk driving prevention, drug prevention, blood disorders such as HELLP syndrome and for the fight against HIV/AIDS. The Red Ribbon Foundation and Mothers Against Drunk Driving (MADD) are examples of organizations that utilize the red ribbon symbol. MADD is an organization founded in 1980 whose mission is to stop drunk driving, support the victims of this violent crime and prevent underage drinking. Red Ribbon International is an organization founded in 1993 whose main purpose is the education about prevention of the Human Immunodeficiency Virus or HIV, Acquired Immune Deficiency Syndrome Related Complex, ARC and AIDS.





**Dr. MGR-JANAKI COLLEGE  
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Affiliated to the University of Madras

 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women <small>"Excellence Through Diligence"</small> 		<b>RED RIBBON CLUB</b>	
<b>Document ID:</b>	<b>MJC/RRC/2018-2019/01</b>	<b>Document Name:</b>	<b>Circular</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>01.08.2018</b>

The Red Ribbon Club Unit I and II of Dr. MGR Janaki College of Arts and Science for Women is Celebrating the **"Installation and Inauguration"** on 6<sup>st</sup> August 2018 from 11.30 a.m to 1.30 p.m. at College Auditorium.

All are RRC students are requested to participate.

RRC CO -ORDINATOR

PRINCIPAL





**Dr. MGR-JANAKI COLLEGE  
OF ARTS & SCIENCE FOR WOMEN**



SATHYABAMA MGR MALIGAI  
11 & 13, Durgabai Deshmukh Road, Raja Annamalai Param, Chennai - 600 028  
Affiliated to the University of Madras

COPY TO

S. No	Department	Signature	
		Shift I	Shift II
1	B. Sc Biochemistry	M. Raj	-
2	B. Sc Microbiology	P. Suresh	M. Raj
3	B. Sc Mathematics	P. Suresh	M. Raj
4	B. Sc Psychology	M. Raj	-
5	B. Sc Computer Science	M. Raj	M. Raj
6	B. Sc Visual Communication	R. V. Indhira	-
7	BCA	M. Raj	M. Raj
8	BBA	M. Raj	For M. Raj
9	B. Com (General)	For S. Raj	For S. Raj
10	B. Com (CS)	M. Raj	For S. Raj
11	B. Com (A&F)	M. Raj	For S. Raj
12	B. Com (BM)	-	M. Raj
13	B.A English	M. Raj	M. Raj
14	B.A Natya	(For) M. Raj	-

S.NO	NAME	DEPARTMENT
1	ABIRAMI	BIOCHEMISTRY
2	GAYATHRI M	BIOCHEMISTRY
3	ANEESHA R	BIOCHEMISTRY
4	MITHRA J	BIOCHEMISTRY
5	PAVITHRA R	BIOCHEMISTRY
6	PRIYA M	BIOCHEMISTRY
7	MONIKA R	BIOCHEMISTRY
8	POORNIMA V	BIOCHEMISTRY
9	PRIYA M	BIOCHEMISTRY
10	ABARNA L	BIOCHEMISTRY
11	DEVAYANI S	MICROBIOLOGY
12	DIANA SELACE V	MICROBIOLOGY
13	HARIPRIYA S	MICROBIOLOGY
14	ISWARYA R	MICROBIOLOGY
15	KAVITHA H	MICROBIOLOGY
16	KOWSALYA N	MICROBIOLOGY
17	MADHUBALA D	MICROBIOLOGY
18	MADHUMITHA S	MICROBIOLOGY
19	MEERA G	MICROBIOLOGY
20	VARSHA A	MICROBIOLOGY
21	RAKSHA S	BCA
22	VAISHNAVI T	BCA
23	GOMATHI D	BCA
24	HAMSAVENI T	BCA
25	JENIFER K	BCA
26	VIJI S	BCA
26	UMA MAHESHWARI D	BCA
27	AMALA G	BCA
28	SUSMITHA B	BCA
29	POOJA D	BCA
30	JANANI K	BCA
31	MEENA B	BSC CS
32	MAHALAKSHMI M	BSC CS
33	VARSHA V	BSC CS
34	SUBADTHRA R	BCS CS
35	SANGEETHA R	BSC CS



**Dr. MGR-JANAKI COLLEGE  
OF ARTS & SCIENCE FOR WOMEN**



SATHYABAMA MGR MALIGAI  
11 & 13, Durgabai Deshmukh Road, Raja Annamalai Param, Chennai - 600 028

Affiliated to the University of Madras

70	LAKSHMI M	BBA
71	KOWSALYA K	BA ENG
72	HARINI M	BA ENG
73	DIYABARATHI P	BA ENG
74	AARTHI S	BA ENG
75	JAYALAKSHMI R	BA ENG
76	NIRMALA M	BA ENG
77	POOJA VARSHINI V	BA ENG
78	SHARMILA L	BA ENG
79	SHARUMATHI K	BA ENG
80	CHARUMATHI M	BA ENG
81	YASODHAI U	BA ENG
82	SANGAMITHRA J	BA ENG
83	ZARINA BEGAM M	BA ENG
84	MANJULA M	BA ENG
85	MALATHY R	BA ENG
86	DEEPIKA DEVI B	BA TAM
87	LOGEDHWARI T	BA TAM
88	NILOFER NISHA K	BA TAM
89	TAMARAI SELVI P	BA TAM
90	INDHUJA J	BA TAM
91	SRI DEVI N	BA TAM
92	MOWNIKA S	BA TAM
93	REETHA R	BA TAM
94	DEVI S	BA TAM
95	FARHANAZ PRAVEEN	BA TAM
96	RIANA BLOSUM Y	BA TAM
97	YAGEAL J	BA TAM
98	YAMUNA S	BA TAM
99	RITHIKA R	BA TAM
100	AKSHAYA V	BA TAM



**Dr. MGR-JANAKI COLLEGE  
OF ARTS & SCIENCE FOR WOMEN**

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Affiliated to the University of Madras



## **Installation and Inauguration**

On August 6<sup>th</sup> 2018, RRC of our college was installed and the students of both Shift -1 and shift -2 were assigned their posts for the year 2018 -2019. The Installation was taken place in our College Auditorium. An Oath was taken by all RRC leaders of both the shifts.







**Dr. MGR-JANAKI COLLEGE  
OF ARTS & SCIENCE FOR WOMEN**

SATHYABAMA MGR MALIGAI  
11 & 13, Durgabai Deshmukh Road, Raja Annamalai Param, Chennai - 600 028  
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 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence" 		<b>RED RIBBON CLUB</b>	
<b>Document ID:</b>	<b>MJC/RRC/2018-2019/02</b>	<b>Document Name:</b>	<b>Circular</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>10.06.2018</b>

The Red Ribbon Club Unit I and II of Dr. MGR Janaki College of Arts and Science for Women is Organizing the **“Orientation on Leadership Qualities”** on 14<sup>st</sup> June 2018 from 9.30 a.m to 5.00 p.m at Director K. Subrahmanyam Hall.

Ms. S.Kiran, will preside over the function. All are RRC students are requested to participate.



RRC CO -ORDINATOR



PRINCIPAL



**Dr. MGR-JANAKI COLLEGE  
OF ARTS & SCIENCE FOR WOMEN**



SATHYABAMA MGR MALIGAI  
11 & 13, Durgabai Deshmukh Road, Raja Annamalai Param, Chennai - 600 028

Affiliated to the University of Madras

COPY TO

S. No	Department	Signature	
		Shift I	Shift II
1	B. Sc Biochemistry	M. Jay	-
2	B. Sc Microbiology	P. Suresh	M. Netha
3	B. Sc Mathematics	P. Suresh	Q
4	B. Sc Psychology	For N. S. S.	-
5	B. Sc Computer Science	For N. S. S.	S. H.
6	B. Sc Visual Communication	R. V. Indhira	-
7	BCA	N. S.	For N. S. S.
8	BBA	For N. S. S.	For N. S. S.
9	B. Com (General)	For N. S. S.	For N. S. S.
10	B. Com (CS)	For N. S. S.	For N. S. S.
11	B. Com (A&F)	For N. S. S.	For N. S. S.
12	B. Com (BM)	-	R. M.
13	B.A English	For N. S. S.	For N. S. S.
14	B.A Natya	(For) N. S. S.	-



**Dr. MGR-JANAKI COLLEGE  
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SATHYABAMA MGR MALIGAI  
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S.NO	NAME	DEPARTMENT
1.	VAIDHESWARI P	BCOM AF
2.	SUREKA V	BCOM AF
3.	ROOBAVATHY T	BCOM AF
4.	TRISHA G	BCOM AF
5.	ANGELINA C	BCOM AF
6.	RESHMA P	BCOM AF
7.	ROOBINI L	BCOM AF
8.	SRIMATHI S	BCOM AF
9.	NISHA BANU A	BCOM AF
10.	NISHANTHINI S	BCOM AF
11.	ADHITHI N	BCS
12.	UMA S	BCS
13.	RIZWANA M	BCS
14.	JENY K	BCS
15.	JESSIKA M	BCS
16.	CHANDRIKA P	BCS
17.	JASMINE S	BCS
18.	ALBINA A	BCS
19.	ANITHA D	BCS
20.	MUBEENA FATHIMA M	BCS
21.	KOWSALYA K	BA ENG
22.	HARINI M	BA ENG
23.	DIYABARATHI P	BA ENG
24.	AARTHI S	BA ENG
25.	JAYALAKSHMI R	BA ENG
26.	NIRMALA M	BA ENG
27.	POOJA VARSHINI V	BA ENG
28.	SHARMILA L	BA ENG
29.	SHARUMATHI K	BA ENG
30.	CHARUMATHI M	BA ENG
31.	YASODHAI U	BA ENG
32.	SANGAMITHRA J	BA ENG



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33.	ZARINA BEGAM M	BA ENG
34.	MANJULA	BA ENG
35.	MALATHY R	BA ENG
36.	DEEPIKA DEVI B	BA TAM
37.	LOGEDHWARI T	BA TAM
38.	NILOFER NISHA K	BA TAM
39.	TAMARAI SELVI P	BA TAM
40.	INDHUJA J	BA TAM
41.	SRI DEVI N	BA TAM
42.	MOWNIKA S	BA TAM
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44.	DEVI S	BA TAM
45.	FARHANAZ PRAVEEN	BA TAM
46.	RIANA BLOSUM Y	BA TAM
47.	YAGEAL J	BA TAM
48.	YAMUNA S	BA TAM
49.	RITHIKA R	BA TAM
50.	AKSHAYA V	BA TAM
51.	LEENA ANCY A	PYSCHOLOGY
52.	SHALINI N U	PYSCHOLOGY
53.	SARANYA S	PYSCHOLOGY
54.	NISHANTH FATHIMA A	PYSCHOLOGY
55.	SELVI L	PYSCHOLOGY
56.	REVATHI D	PYSCHOLOGY
57.	NIVETHA P	PYSCHOLOGY
58.	NIRMALA M	PYSCHOLOGY
59.	NASREEN BANU M	PYSCHOLOGY
60.	ROJA SRI G	PYSCHOLOGY
61.	KARTHIGA D	BBA



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63.	SOORIYA M	BBA
64.	SHARMILA T	BBA
65.	PRIYADHASHINI D	BBA
66.	SREE VARSHINI H	BBA
67.	PRIYANKA K	BBA
68.	MYTHILI G	BBA
69.	JAYASHREE G	BBA
70.	LAKSHMI M	BBA
71.	ABIRAMI T	BIOCHEMISTRY
72.	GAYATHRI M	BIOCHEMISTRY
73.	ANEESHA R	BIOCHEMISTRY
74.	MITHRA J	BIOCHEMISTRY
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82.	DIANA SELACE V	MICROBIOLOGY
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85.	KAVITHA H	MICROBIOLOGY
86.	KOWSALYA N	MICROBIOLOGY
87.	MADHUBALA D	MICROBIOLOGY
88.	MADHUMITHA S	MICROBIOLOGY
89.	MEERA G	MICROBIOLOGY
90.	VARSHA A	MICROBIOLOGY





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91.	RAKSHA S	BCA
92.	VAISHNAVI T	BCA
93.	GOMATHI D	BCA
94.	HAMSAVENI T	BCA
95.	JENIFER K	BCA
96.	VIJI S	BCA
97.	UMA MAHESHWARI D	BCA
98.	AMALA G	BCA
99.	SUSMITHA B	BCA
100.	POOJA D	BCA



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## **Orientation on Leadership Qualities**

Orientation on leadership qualities was organised at DR.MGR Janaki College of Arts And Science For Women on June 14<sup>th</sup> at the college auditorium at 9 am.

Ms. S.Kiran was the speaker of the orientation who spoke about the important qualities like Leadership, Punctuality, Time Management etc.

She enlightened students on how to develop the qualities to become a perfect leader in the society and for life. She conducted many games and activities and also taught us the morals that to be followed in life .

The Orientation ended at 5 p.m and all the extension service leaders of both the shifts found it to be useful.





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 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence"		<b>RED RIBBON CLUB</b>	
<b>Document ID:</b>	<b>MJC/RRC/2018-2019/02</b>	<b>Document Name:</b>	<b>Circular</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>10.06.2018</b>

The Red Ribbon Club Unit I and II of Dr. MGR Janaki College of Arts and Science for Women is Organizing the “**Orientation on Leadership Qualities**” on 14<sup>st</sup> June 2018 from 9.30 a.m to 5.00 p.m at Director K. Subrahmanyam Hall.

Ms. S.Kiran, will preside over the function. All are RRC students are requested to participate.

RRC CO -ORDINATOR

PRINCIPAL



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S. No	Department	Signature	
		Shift I	Shift II
1	B. Sc Biochemistry	M. Jey	-
2	B. Sc Microbiology	P. Suresh	M. Netha
3	B. Sc Mathematics	P. Suresh	P.
4	B. Sc Psychology	For M. S. Suresh	-
5	B. Sc Computer Science	For M. S. Suresh	S. H.
6	B. Sc Visual Communication	R. V. Indhira	-
7	BCA	N. S.	S.
8	BBA	S.	For S. Suresh
9	B. Com (General)	For S. Suresh	For S. Suresh
10	B. Com (CS)	S.	For S. Suresh
11	B. Com (A&F)	S.	For S. Suresh
12	B. Com (BM)	-	R. Suresh
13	B.A English	S.	Suresh
14	B.A Natya	(For) S. Suresh	-





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1.	SANGEETHA R	BSC CS
2.	RAMYA T	BSC CS
3.	ROSHINI U	BSC CS
4.	PRIYA M	BSC CS
5.	PAVITHRA S	BSC CS
6.	PADMAVATHI A	BSC CS
7.	NANDHINI S	BCOM GENERAL
8.	MONISHA R	BCOM GENERAL
9.	MEERA G	BCOM GENERAL
10.	KOWSALYA T	BCOM GENERAL
11.	DHANA D	BCOM GENERAL
12.	AMUDHA D	BCOM GENERAL
13.	BHAVANI R	BCOM GENERAL
14.	RAGAVI T	BCOM GENERAL
15.	SUDHA K	BCOM GENERAL
16.	VAISHNAVI T	BCA
17.	GOMATHI D	BCA
18.	HAMSAVENI T	BCA
19.	JENIFER K	BCA
20.	VIJI S	BCA
21.	UMA MAHESHWARI D	BCA
22.	AMALA G	BCA
23.	SUSMITHA B	BCA
24.	POOJA D	BCA
25.	JANANI K	BCA
26.	MEENA B	BSC CS
27.	MAHALAKSHMI M	BSC CS
28.	VARSHA V	BSC CS
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31.	GAYATHRI M	BIOCHEMISTRY
32.	ANEESHA R	BIOCHEMISTRY



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34.	PAVITHRA R	BIOCHEMISTRY
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48.	MEERA G	MICROBIOLOGY
49.	KARTHIGA D	BBA
50.	VINODHINI S	BBA
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52.	SHARMILA T	BBA
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54.	SREE VARSHINI H	BBA
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69.	YASODHAI U	BA ENG
70.	SANGAMITHRA J	BA ENG
71.	ZARINA BEGAM M	BA ENG
72.	DEEPIKA DEVI B	BA TAM
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98.	UMA S	BCS
99.	RIZWANA M	BCS
100.	JENY K	BCS



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## **Orientation on How to Develop Leadership skills**

Orientation on Leadership Skills was organized at DR.MGR Janaki College of Arts And Science For Women on in Science Block from 9.30 a.m.

Mr.Barath was the speaker who spoke on the Importance of being a Leader both in society and in life. He emphasized about the leadership qualities in detail and also gave a brief idea about how to manage problems involving psychology and its effects.



The Session ended at 11.30 a.m. and was found to be useful for all the leaders of the Extension service .



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<b>Document ID:</b>	<b>MJC/RRC/2018-2019/03</b>	<b>Document Name:</b>	<b>Circular</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>16.06.2022</b>

The Red Ribbon Club Unit I and II of Dr. MGR Janaki College of Arts and Science for Women is  
Organizing the “**Deworming**”

RRC CO -ORDINATOR

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		Shift I	Shift II
1	B. Sc Biochemistry	M. P. S.	-
2	B. Sc Microbiology	P. S. S.	M. S. S.
3	B. Sc Mathematics	P. S. S.	S. S.
4	B. Sc Psychology	M. S. S.	-
5	B. Sc Computer Science	M. S. S.	S. S.
6	B. Sc Visual Communication	R. V. Indhira	-
7	BCA	M. S. S.	S. S.
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S.NO	NAME	DEPARTMENT
1.	MAHALAKSHMI M	BSC CS
2.	VARSHA V	BSC CS
3.	SUBADTHRA R	BCS CS
4.	MAHALAKSHMI M	BSC CS
5.	LEENA ANCY A	PYSCHOLOGY
6.	SHALINI N U	PYSCHOLOGY
7.	SARANYA S	PYSCHOLOGY
8.	NISHANTH FATHIMA A	PYSCHOLOGY
9.	SELVI L	PYSCHOLOGY
10.	REVATHI D	PYSCHOLOGY
11.	NIVETHA P	PYSCHOLOGY
12.	NIRMALA M	PYSCHOLOGY
13.	NASREEN BANU M	PYSCHOLOGY
14.	ROJA SRI G	PYSCHOLOGY
15.	KARTHIGA D	BBA
16.	VINODHINI S	BBA
17.	SOORIYA M	BBA
18.	SHARMILA T	BBA
19.	PRIYADHASHINI D	BBA
20.	SREE VARSHINI H	BBA
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98.	HAMSAVENI T	BCA
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100.	VIJI S	BCA



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# Deworming

## The power to kill parasites.

Parasitic worms in children can lead to malnutrition. To kill parasitic worms, children receive a deworming tablet, like **albendazole**, twice a year. Children expel worms through the nose, mouth, or via stools - often as early as the next day. Once children are free of parasitic worms, their bodies can better absorb vitamin A and other available nutrients. Deworming allows children to absorb the critical nutrients needed to be and stay healthy.

## Worms threaten 266 million children worldwide.

Getting dirty is part of childhood. But for children in developing countries, playing in the dirt can put them at risk of contracting parasitic worms.

## Deworming children helps to combat malnutrition

By stealing the nutrients a child ingests, worms increase the risk of malnutrition. Deworming children with albendazole allows them to better absorb nutrients, combating malnutrition and symptoms like illness and stunted development.

## Improving Absorption

Deworming children increases their ability to absorb vitamin A.







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<b>Document ID:</b>	<b>MJC/RRC/2018-2019/04</b>	<b>Document Name:</b>	<b>Circular</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>07.08.2018</b>

The Red Ribbon Club of Dr. MGR Janaki College of Arts and Science for Women is organizing a special camp at Maganyam and Azhagar of Kancheepuram District from 11.08.2018 to 16.08.2018.

Mr.Balaji Swamigal, Mr.Srinivasan (VDO), Dr.Latha Rajendran (Correspondent), Dr.Manimekalai(principal), Dr.Lakshmi Balaji (Vice principal), Dr. Shanthi Lakshmi (Dean of Students) of Dr. MGR Janaki College of Arts and Science will preside over the function. All are RRC students are requested to participate.

RRC CO -ORDINATOR

PRINCIPAL



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3	B. Sc Mathematics	P. S. S.	S. S.
4	B. Sc Psychology	P. S. S.	-
5	B. Sc Computer Science	P. S. S.	S. S.
6	B. Sc Visual Communication	R. V. S.	-
7	BCA	N. S. S.	S. S.
8	BBA	S. S.	For S. S.
9	B. Com (General)	For S. S.	For S. S.
10	B. Com (CS)	S. S.	For S. S.
11	B. Com (A&F)	S. S.	For S. S.
12	B. Com (BM)	-	S. S.
13	B.A English	S. S.	S. S.
14	B.A Natya	(For) S. S.	-



**Dr. MGR-JANAKI COLLEGE  
OF ARTS & SCIENCE FOR WOMEN**



SATHYABAMA MGR MALIGAI  
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S.NO	NAME	DEPARTMENT
1	ABIRAMI T	BIOCHEMISTRY
2	GAYATHRI M	BIOCHEMISTRY
3	ANEESHA R	BIOCHEMISTRY
4	MITHRA J	BIOCHEMISTRY
5	PAVITHRA R	BIOCHEMISTRY
6	PRIYA M	BIOCHEMISTRY
7	MONIKA R	BIOCHEMISTRY
8	POORNIMA V	BIOCHEMISTRY
9	PRIYA M	BIOCHEMISTRY
10	ABARNA L	BIOCHEMISTRY
11	DEVAYANI S	MICROBIOLOGY
12	DIANA SELACE V	MICROBIOLOGY
13	HARIPRIYA S	MICROBIOLOGY
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17	MADHUBALA D	MICROBIOLOGY
18	MADHUMITHA S	MICROBIOLOGY
19	MEERA G	MICROBIOLOGY
20	VARSHA A	MICROBIOLOGY
21	RAKSHA S	BCA
22	VAISHNAVI T	BCA
23	GOMATHI D	BCA
24	HAMSAVENI T	BCA
25	JENIFER K	BCA
26	VIJI S	BCA
26	UMA MAHESHWARI D	BCA
27	AMALA G	BCA
28	SUSMITHA B	BCA
29	POOJA D	BCA
30	JANANI K	BCA
31	MEENA B	BSC CS
32	MAHALAKSHMI M	BSC CS



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67	PRIYANKA K	BBA
68	MYTHILI G	BBA
69	JAYASHREE G	BBA
70	LAKSHMI M	BBA
71	KOWSALYA K	BA ENG
72	HARINI M	BA ENG
73	DIYABARATHI P	BA ENG
74	AARTHI S	BA ENG
75	JAYALAKSHMI R	BA ENG
76	NIRMALA M	BA ENG
77	POOJA VARSHINI V	BA ENG
78	SHARMILA L	BA ENG
79	SHARUMATHI K	BA ENG
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96	RIANA BLOSUM Y	BA TAM
97	YAGEAL J	BA TAM
98	YAMUNA S	BA TAM
99	RITHIKA R	BA TAM
100	AKSHAYA V	BA TAM



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# SpecialCamp

NSS Unit of Dr. MGR-Janaki College of Arts and Science for Women have conducted a special camp at Maganyam and Azhagar of Kancheepuram District from 11.08.2018 to 16.08.2018. Along with the NSS, RRC also participated in the special camp. We, the RRC volunteers taught about the Environmental Awareness, Health and Hygiene to the students of primary and Adolescence to the students of secondary class.

The valedictory function was presided over by Balaji swamigal, Mr.Srinivasan (VDO), Dr.Latha Rajendran (Correspondent), Dr.Manimekalai(principal), Dr.Lakshmi Balaji (Vice principal), Dr. Shanthi Lakshmi (Dean officers).

The prizes was distributed to the winners in the competitions conducted on the independence day .

Volunteers heart fully thanked the program officer and the management of the college for their support.

The session ended with the vote of thanks.







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 <b>Dr. MGR-JANAKI</b> College of Arts and Science for Women "Excellence Through Diligence"		 <b>RED RIBBON CLUB</b>	
<b>Document ID:</b>	<b>MJC/RRC/2018-2019/05</b>	<b>Document Name:</b>	<b>Circular</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>11.08.2018</b>

The National Service Scheme Unit I and II of Dr. MGR Janaki College of Arts and Science for Women is organizing the “**Cleanliness Environment**” on 16<sup>th</sup> August 2018 at KANCHEEPURAM GOVT SCHOOL .

All are RRC students are requested to participate.

RRC CO -ORDINATOR

PRINCIPAL



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2.	SUREKA V	BCOM AF
3.	ROOBAVATHY T	BCOM AF
4.	TRISHA G	BCOM AF
5.	ANGELINA C	BCOM AF
6.	RESHMA P	BCOM AF
7.	ROOBINI L	BCOM AF
8.	SRIMATHI S	BCOM AF
9.	NISHA BANU A	BCOM AF
10.	NISHANTHINI S	BCOM AF
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12.	UMA S	BCS
13.	RIZWANA M	BCS
14.	JENY K	BCS
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17.	JASMINE S	BCS
18.	ALBINA A	BCS
19.	ANITHA D	BCS
20.	MUBEENA FATHIMA M	BCS
21.	KOWSALYA K	BA ENG
22.	HARINI M	BA ENG
23.	DIYABARATHI P	BA ENG
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25.	JAYALAKSHMI R	BA ENG
26.	NIRMALA M	BA ENG
27.	POOJA VARSHINI V	BA ENG
28.	SHARMILA L	BA ENG
29.	SHARUMATHI K	BA ENG
30.	CHARUMATHI M	BA ENG
31.	YASODHAI U	BA ENG
32.	SANGAMITHRA J	BA ENG



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33.	ZARINA BEGAM M	BA ENG
62.	VINODHINI S	BBA
34.	MANIULA	BA ENG
35.	MALATHY R	BA ENG
36.	DEEPIKA DEVI B	BA TAM
37.	LOGEDHWARI T	BA TAM
38.	NILOFER NISHA K	BA TAM
39.	TAMARAI SELVI P	BA TAM
40.	INDHUJA J	BA TAM
41.	SRI DEVI N	BA TAM
42.	MOWNIKA S	BA TAM
43.	REETHA R	BA TAM
44.	DEVI S	BA TAM
45.	FARHANAZ PRAVEEN	BA TAM
46.	RIANA BLOSUM Y	BA TAM
47.	YAGEAL J	BA TAM
48.	YAMUNA S	BA TAM
49.	RITHIKA R	BA TAM
50.	AKSHAYA V	BA TAM
51.	LEENA ANCY A	PYSCHOLOGY
52.	SHALINI N U	PYSCHOLOGY
53.	SARANYA S	PYSCHOLOGY
54.	NISHANTH FATHIMA A	PYSCHOLOGY
55.	SELVI L	PYSCHOLOGY
56.	REVATHI D	PYSCHOLOGY
57.	NIVETHA P	PYSCHOLOGY
58.	NIRMALA M	PYSCHOLOGY
59.	NASREEN BANU M	PYSCHOLOGY
60.	ROJA SRI G	PYSCHOLOGY
61.	KARTHIGA D	BBA



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64.	SHARMILA T	BBA
65.	PRIYADHASHINI D	BBA
66.	SREE VARSHINI H	BBA
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87.	MADHUBALA D	MICROBIOLOGY
88.	MADHUMITHA S	MICROBIOLOGY
89.	MEERA G	MICROBIOLOGY
90.	VARSHA A	MICROBIOLOGY



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91.	RAKSHA S	BCA
92.	VAISHNAVI T	BCA
93.	GOMATHI D	BCA
94.	HAMSAVENI T	BCA
95.	JENIFER K	BCA
96.	VIJI S	BCA
97.	UMA MAHESHWARI D	BCA
98.	AMALA G	BCA
99.	SUSMITHA B	BCA
100.	POOJA D	BCA





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**KANCHEEPURAM GOVT SCHOOL**

**DATE – Aug 16/08/2018**

The RRC students went to KANCHEEPURAM GOVT SCHOOL on Aug 16/08/2018. To conduct an awareness session on “Cleanliness Environment”.



The students enacted a script based on cleanliness environment, how to keep the environment clean & neat.

The students also teach the students how to do craft works, ex: using a water bottle, how to create a gift box, etc...



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The RRC students conducted games to the children, based on their subjects to improve their subject knowledge, as well as to build up the boldness to come up and to explore their talent.






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<b>Document ID:</b>	<b>MJC/RRC/2018-2019/06</b>	<b>Document Name:</b>	<b>Circular</b>
<b>Academic Year:</b>	<b>2018-2019</b>	<b>Date :</b>	<b>15.09.2018</b>

The Red Ribbon Club of Dr. MGR Janaki College of Arts and Science for Women is Organizing the "CPR (Cardio Pulmonary Resuscitation)" on 20<sup>th</sup> September 2018 from 10.30 a.m to 12.30 p.m. at Seminar Hall-1.

DR. Balu of VHS Multi-specialty hospital will preside over the function. All the RRC students are requested to participate.

RRC CO -ORDINATOR

PRINCIPAL



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COPY TO

S. No	Department	Signature	
		Shift I	Shift II
1	B. Sc Biochemistry	M. Raj	-
2	B. Sc Microbiology	P. Suresh	M. Raj
3	B. Sc Mathematics	D. Raj	D. Raj
4	B. Sc Psychology	M. Raj	-
5	B. Sc Computer Science	M. Raj	S. Raj
6	B. Sc Visual Communication	R. V. Indhira	-
7	BCA	N. Raj	S. Raj
8	BBA	M. Raj	For M. Raj
9	B. Com (General)	For S. Raj	For S. Raj
10	B. Com (CS)	S. Raj	For S. Raj
11	B. Com (A&F)	S. Raj	For S. Raj
12	B. Com (BM)	-	R. Raj
13	B.A English	M. Raj	M. Raj
14	B.A Natya	(For) M. Raj	-





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S.NO	NAME	DEPARTMENT
1.	MAHALAKSHMI M	BSC CS
2.	VARSHA V	BSC CS
3.	SUBADTHRA R	BCS CS
4.	MAHALAKSHMI M	BSC CS
5.	LEENA ANCY A	PYSCHOLOGY
6.	SHALINI N U	PYSCHOLOGY
7.	SARANYA S	PYSCHOLOGY
8.	NISHANTH FATHIMA A	PYSCHOLOGY
9.	SELVI L	PYSCHOLOGY
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11.	NIVETHA P	PYSCHOLOGY
12.	NIRMALA M	PYSCHOLOGY
13.	NASREEN BANU M	PYSCHOLOGY
14.	ROJA SRI G	PYSCHOLOGY
15.	KARTHIGA D	BBA
16.	VINODHINI S	BBA
17.	SOORIYA M	BBA
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64.	NISHANTHINI S	BCOM AF
65.	ADHITHI N	BCS
66.	UMA S	BCS





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## **CPR (Cardio Pulmonary Resuscitation)**

A guest lecture on CPR (Cardio pulmonary resuscitation ) was given by DR. Balu of VHS Multi-specialty hospital in seminar hall -1 for 50 RRC volunteers of DR.MGR Janaki College of Arts and Science For Women on September 20, 2018 at 10.30 am .





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**Cardiopulmonary resuscitation (CPR)** is an emergency procedure that combines chest compressions often with artificial ventilation in an effort to manually preserve intact brain function until further measures are taken to restore spontaneous blood circulation and breathing in a person who is in cardiac arrest. It is recommended in those who are unresponsive with no breathing or abnormal breathing.

He taught us about the use of CPR and gave a brief on how to do it. He made a demo how to do a CPR with the help of the volunteers there. We learnt many useful information about CPR and further this technique would help us to perform to those who are in the urge of emergency.

The lecture ended at 12.30 pm and the volunteers found the lecture to be very informative and gained a lot of knowledge about it.